



## **ITEC Level 3 Diploma in Beauty and Massage Therapy**

### **QAN 603/0773/0**

### **Specification**

#### **Aims and Objectives**

The main aim of the ITEC Level 3 Diploma in Beauty and Massage Therapy is to enable Learners to gain the necessary practical skills and knowledge in order to provide Beauty and Massage Treatments to the general public and to gain employment in the Beauty Therapy Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4

#### **Content**

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 16 mandatory units with a total of 873 hours of Guided Learning (GL) to achieve the full qualification

The main skills the Learner will perform are:

- Care of the skin - to include cleansing, exfoliation, facial massage and the use of face masks
- Care of the eyebrows and eyelashes - to include shaping and lash and brow tinting
- Make-up application - to include the understanding of face shapes and full make-up application
- Manicure - to include care of the nails, hand massage and application of polish
- Pedicure - to include care of the nails, foot massage and application of polish
- Application of Light Cured Polish - to include preparing client and working area for the application following health and safety working practices and Industry Code of Practice, performing consultation and client skin and nail analysis, identifying contraindications, selecting products, tools and equipment to suit the client's treatment needs, following manufacturers' instructions, providing suitable aftercare and maintenance advice and recording the results of the treatment
- Removal of hair - to include hot and cool waxing techniques
- Body massage - to include consultation, identifying skin types, general body types, different types of fat and common postural faults and contraindications, selecting suitable massage mediums for the client's skin type, classical massage movements and adapting the treatment to the client's specific needs
- Body Electrotherapy treatments - to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the clients' treatment needs and body types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and Mechanical Massage (G5)
- Facial Electrotherapy treatments - to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the clients' treatment needs and skin types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and High Frequency
- Massage using Pre-Blended Aromatherapy Oils - to include choosing the correct Pre-Blended Aromatherapy Oil to suit the clients' specific treatment needs and skin type and adapting the massage to suit the client's treatment needs
- Stone Therapy Massage - to include the use of techniques and stones such as classical massage movements, trigger point work, semi-precious, hot and cold stones and adapting the treatment to the clients' specific treatment needs

- Indian Head Massage - to include the use of techniques such as classical Indian Head Massage movements, massage mediums and adapting the treatment to meet the clients' specific treatment needs
- Microdermabrasion - to include carrying out skin tests, skin analysis, product, tools, equipment and techniques to suit the client's treatment needs

The Learner will also develop knowledge about related health and safety and client care and communication which is essential in order to work and be successful in the Industry

This qualification also provides:

- The related knowledge and understanding required to perform the Beauty and Massage Therapy skills outlined above; in particular the anatomy and physiology of the face and body and common diseases and disorders that may affect when a client should or should not receive treatment
- Opportunities for Learners to focus on the development of their wider skills in a Beauty and Massage therapy treatments setting, such as communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Beauty and Massage Therapist

### Why Choose the ITEC Level 3 Diploma in Beauty and Massage Therapy?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Beauty and Massage Therapist at Level 2 and 3. There are other smaller ITEC Awards and Certificates in Beauty and Massage Therapy at Level 3. However, this qualification covers both Beauty and Massage Therapy which are widely used in destination salons and spas. These form the basis for the more advanced technologies used in Industry enabling the Learner to become multi-skilled which is required for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to qualifications such as the ITEC Level 4 Diploma in Advanced Skincare, the ITEC Level 4 Diploma in Laser and Light Treatments and the ITEC Level 4 Diploma in Spa and Salon Management
5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

ITEC Unit Number	Unit Title	Credit Value	Guided Learning (GL)
800	Provide Facial Skincare	7	56
802	Provide Eyelash and Eyebrow Treatments	4	36
803	Apply Make-up	5	41
804	Provide Manicure Treatments	5	48
805	Provide Pedicure Treatments	5	48
873	Apply Light Cured Polish	1	10
806	Remove Hair Using Waxing Techniques	6	57
613	Monitor and Maintain Health and Safety Practice in the Salon	4	29
821	Client Care and Communication in Beauty Related Industries	3	28

822	Provide Body Massage	9	84
823	Provide Body Electrotherapy Treatments	11	104
824	Provide Facial Electrotherapy Treatments	11	104
825	Provide Massage using Pre-Blended Aromatherapy Oils	7	65
826	Apply Stone Therapy Massage	9	75
827	Provide Indian Head Massage	6	49
851	Apply Microdermabrasion	4	39

**Total Guided Learning - 873**

**Total Qualification Time (TQT) - 1008**

**Total credit Value for the Qualification - 101**

### Guided Learning (GL)

Guided Learning is 'the activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training.' This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

### Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

### Total Credit Value

The total Credit Value for the qualification is equal to one tenth of the Total Qualification Time rounded to the nearest whole number

### Assessment

This qualification will be internally and externally assessed using a range of assessment methods as set out in the table below:-

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
800	Provide Facial Skincare	Practical examination  Evidence of 5 treatments  25 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
802	Provide Eyelash and Eyebrow Treatments	Practical examination  Evidence of 5 treatments	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer

		15 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
803	Apply Make-up	Practical examination  Evidence of 5 treatments  15 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
804	Provide Manicure Treatments	Practical examination  Evidence of 5 treatments  15 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
805	Provide Pedicure Treatments	Internal practical assessment  Evidence of 5 treatments  10 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
873	Apply Light Cured Polish	Evidence of 3 treatments  Assignment	Pass or Refer  Pass or Refer
806	Remove Hair Using Waxing Techniques	Practical examination  Evidence of 5 treatments  20 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
613	Monitor and Maintain Health and Safety Practice in the Salon	Portfolio of evidence  MCQ - paper or online	Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
821	Client Care and Communication in the Beauty Related Industries	Assignment	Pass or Refer
822	Provide Body Massage	Practical examination	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%

		Evidence of 4 treatments  plus 50 MCQ - paper or online	Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
823	Provide Body Electrotherapy Treatments	Practical examination  Evidence of 5 treatments  plus 20 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
824	Provide Facial Electrotherapy Treatments	Practical examination  Evidence of 5 treatments  plus 20 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
825	Provide Massage using Pre-Blended Aromatherapy Oils	Evidence of 4 treatments  plus 10 MCQ - paper or online	Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
826	Apply Stone Therapy Massage	Practical examination  Evidence of 4 treatments  plus 20 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
827	Provide Indian Head Massage	Practical examination  Evidence of 4 treatments  plus 15 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
851	Apply Microdermabrasion	Practical examination  Evidence of 5 treatments	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer

		plus 25 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
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All assessment criteria and sample assessment materials for this qualification can be found [here](#)

### Grading of the Qualification

All assessment tasks required for each unit of the qualification (detailed in Table 1 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded, Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate of the multiple-choice questions and the Final Practical Assessment

### Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by ITEC [here](#). The theory tests will be set and marked by ITEC

All practical assessments must be conducted in a controlled environment as defined by ITEC [here](#). The Practical Examination will be conducted by an ITEC Examiner; however, the Centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined by ITEC in the Lecturer Guidance Notes [here](#). The marking criteria and marking scheme can be found under each individual unit within the qualification [here](#). How to operate a Practical Examination can be found [here](#).

Failure to operate ITEC Examinations as documented in the ITEC policies and guidance notes may result in sanction(s) against the Centre e.g., withdrawal by ITEC for a particular qualification and/or withdrawal of ITEC recognition from the Centre due to Maladministration and/or Malpractice. Please see our policy [here](#).

### Recommended Prior Learning

It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A\*-C or a Level 1 Diploma in Beauty Therapy prior to commencing the ITEC Level 3 Diploma in Beauty and Massage Therapy; however, exemptions may be made for adult returners with experience of the workplace

### Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Diploma in Beauty and Massage Therapy they may progress on to other ITEC or equivalent qualifications at Level 4, for example:

- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Spa and Salon Management
- Level 4 Certificate in Laser and Light Treatment for Skin Rejuvenation
- Level 4 Certificate in Laser and Light Treatment for Hair Removal
- Level 4 Certificate in Micro-Pigmentation Treatment

For further Awards, Certificates and Diplomas please go to [www.itecworld.co.uk](http://www.itecworld.co.uk)

### Opportunities for Employment

There are opportunities for Massage and Electrotherapy Specialists to find employment in a variety of areas:

- Beauty salons
- Hotels

- Health clubs
- Spas
- Own business
- Cruise liners

Please see the letters of support from employers within the Industry, including [LCBT Relationship to National Occupational Standards](#)

ITEC has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. ITEC has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Beauty and Massage Therapist at Level 3

### **Professional Body Membership and Insurance**

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association ([www.CThA.com](http://www.CThA.com)) and other Industry Associations who recognise the ITEC Diploma