



Purpose

ITEC Level 3 Diploma in Facial and Body Massage Treatments

QAN 601/8974/5

Aims and Objectives

The main aim of the ITEC Level 3 Diploma in Facial and Body Massage Treatments is to enable Learners to gain the necessary practical and theoretical skills in order to provide Facial and Body Massage Treatments to the general public and to gain employment in the Beauty Therapy Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 4

Content

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 8 mandatory units with a total of 432 hours of Guided Learning (GL) to achieve the full qualification

The main skills you will perform are:

- Care of the skin - to include cleansing, exfoliation, facial massage and the use of face masks
- Care of the eyebrows and eyelashes - to include shaping and lash and brow tinting
- Waxing – to include removal of hair using hot and cool wax methods
- Body massage – to include consultation, identifying skin types, general body types, different types of fat and common postural faults and contraindications, selecting suitable massage mediums for the client's skin type, classical massage movements and adapting the treatment to the client's specific needs
- Facial Electrotherapy treatments - to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the client's treatment needs and skin types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and High Frequency
- Individual permanent lashes – to include the preparation, application, maintenance and removal of individual permanent lashes

You will also develop knowledge about related health and safety and client care and communication which is essential to work and be successful in the Beauty and Spa Industry

This qualification also provides:

- The related knowledge and understanding required to perform the Facial and Body Treatments listed above as well as understanding the structures that the Learner will be working over in particular recognition of skin types and skin diseases and reasons that may affect whether a client should or should not be treated
- Opportunities for Learners to focus on the development of their wider skills in a beauty therapy setting, such as communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Facial and Body Massage Therapist

Why Choose the ITEC Level 3 Diploma in Facial and Body Massage Treatments?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Facial and Body Massage Therapist at Level 3. There are other ITEC Diplomas and Certificates in Facial and Body Massage Treatments at Level 3. This qualification enables the Learner to become multi-skilled which is required for employment in the Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to the ITEC Level 3 Diploma in Beauty Therapy, an Apprenticeship at either Level 2 or 3 or a Technical Level Qualification at Level 3, such as the ITEC Level 3 Diploma in Spa and Body Treatments or the ITEC Level 3 Diploma in Massage and Electrotherapy Treatments
5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

Opportunities for Employment

There are opportunities for a Facial and Massage Therapist to find employment in a variety of areas:

- Beauty salons
- Hotels
- Health clubs
- Spas
- Cruise liners

Please see letters of support from the industry; [White Rose](#), [CThA](#), [FHT](#)

Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Diploma in Facial and Body Massage Treatments they may progress on to other ITEC or equivalent qualifications at Level 4, for example:

- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Spa and Salon Management
- Level 4 Diploma in Laser and Light Treatments
- Level 4 Certificate in Micro-Pigmentation Treatments

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Professional Recognition

The qualification is recognised for membership by:

- British Association of Beauty Therapists and Cosmetologists (BABTAC)
- Federation of Holistic Therapists (FHT)
- Complementary Therapists Association (CThA)

For further details regarding the content please see the qualification specification [here](#)