



ITEC Level 3 Diploma in Facial and Body Massage Treatments

QAN 601/8974/5

Specification

Aims and Objectives

The main aim of the ITEC Level 3 Diploma in Facial and Body Massage Treatments is to enable Learners to gain the necessary practical and theoretical skills in order to provide facial and body massage treatments to the general public and to gain employment in the Beauty Therapy Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 4

Content

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 8 mandatory units with a total of 432 hours of Guided Learning (GL) to achieve the full qualification

The main skills the Learner will perform are:

- Care of the skin - to include cleansing, exfoliation, facial massage and the use of face masks
- Care of the eyebrows and eyelashes - to include shaping and lash and brow tinting
- Waxing – to include removal of hair using hot and cool wax methods
- Body massage – to include consultation, identifying skin types, general body types, different types of fat and common postural faults and contraindications, selecting suitable massage mediums for the client's skin type, classical massage movements and adapting the treatment to the client's specific needs
- Facial Electrotherapy treatments - to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the clients' treatment needs and skin types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and High Frequency
- Individual permanent lashes – to include the preparation, application, maintenance and removal of individual permanent lashes

The Learner will also develop knowledge about related health and safety and client care and communication which is essential to work and be successful in the Beauty and spa Industry

This qualification also provides:

- The related knowledge and understanding required to perform the facial and body treatments listed above as well as understanding the structures that the Learner will be working over in particular recognition of skin types and skin diseases and reasons that may affect whether a client should or should not be treated
- Opportunities for Learners to focus on the development of their wider skills in a beauty therapy setting, such as communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a facial and body massage therapist

Why Choose the ITEC Level 3 Diploma in Facial and Body Massage Treatments?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Facial and Body Massage Therapist at Level 3. There are other ITEC Diplomas and Certificates in facial and body massage Treatments at Level 3. This qualification enables the Learner to become multi-skilled which is required for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to the ITEC Level 3 Diploma in Beauty Therapy, an Apprenticeship at either Level 2 or 3 or a Technical Level Qualification at Level 3, such as the ITEC Level 3 Diploma in Spa and Body Treatments or the ITEC Level 3 Diploma in Massage and Electrotherapy Treatments
5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

ITEC Unit Number	Unit Title	Guided Learning (GL)
800	Provide Facial Skincare	56
802	Provide Eyelash and Eyebrow Treatments	36
806	Remove Hair Using Waxing Techniques	57
613	Monitor and Maintain Health and Safety Practice in the Salon	29
821	Client Care and Communication in Beauty Related Industries	28
822	Provide Body Massage	84
824	Provide Facial Electrotherapy Treatments	104
809	Apply Individual Permanent Lashes	38

Total Guided Learning - 432

Total Qualification Time (TQT) - 500

Guided Learning (GL)

Guided Learning is 'the activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training.' This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

Assessment

This qualification will be internally and externally assessed using a range of assessment methods as set out in the table below: -

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
800	Provide Facial Skincare	Practical examination Evidence of 5 treatments 25 MCQ – paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100% Pass or Refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
802	Provide Eyelash and Eyebrow Treatments	Practical examination Evidence of 5 treatments 15 MCQ -paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100% Pass or Refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
806	Remove Hair Using Waxing Techniques	Practical examination Evidence of 5 treatments 20 MCQ – paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100% Pass or Refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
613	Monitor and Maintain Health and Safety Practice in the Salon	Portfolio of evidence MCQ	Pass or refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
821	Client Care and Communication in the Beauty Related Industries	Assignment	Pass or refer
822	Provide Body Massage	Practical examination Evidence of 4 treatments plus 50 MCQ paper	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100% Pass or refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
824	Provide Facial Electrotherapy Treatments	Practical examination Evidence of 5 treatments plus 20 MCQ paper	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100% Pass or refer Pass 60% - 74%

			Merit 75% - 89% Distinction 90% - 100%
809	Apply Individual Permanent Lashes	Internal practical assessment	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
		Evidence of 3 treatments	Pass or refer
		Assignment	Pass or refer

All assessment criteria and sample assessment materials for this qualification can be found [here](#)

Grading of the Qualification

All assessment tasks required for each unit of the qualification (detailed in table 1 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded, Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate of the multiple-choice questions and the Final Practical Assessment; please find the grading statement [here](#)

Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by ITEC [here](#). The theory tests will be set and marked by ITEC

All practical assessments must be conducted in a controlled environment as defined by ITEC [here](#). The practical examination will be conducted by an ITEC Examiner; however, the Centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined by ITEC in the Lecturer Guidance Notes [here](#). The marking criteria and marking scheme can be found under each individual unit within the qualification [here](#). How to operate a practical examination can be found [here](#).

Failure to operate ITEC Examinations as documented in the ITEC policies and guidance notes may result in sanction(s) against the Centre e.g., withdrawal by ITEC for a particular qualification and/or withdrawal of ITEC recognition from the Centre due to Maladministration and/or Malpractice. Please see our policy [here](#).

Recommended Prior Learning

It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A*-C or a Level 2 Diploma in Beauty Therapy prior to commencing the ITEC Level 3 Diploma in Facial and Body Massage Treatments; however, exemptions may be made for adult returners with experience of the workplace

Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Diploma in Facial and Body Massage Treatments they may progress on to other ITEC or equivalent qualifications at Level 4, for example:

- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Spa and Salon Management
- Level 4 Diploma in Laser and Light Treatments
- Level 4 Certificate in Micro-Pigmentation Treatments

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Opportunities for Employment

There are opportunities for a Facial and Massage Therapist to find employment in a variety of areas:

- Beauty Salons

- Hotels
- Health Clubs
- Spas
- Cruise Liners

Please see letters of support from the industry; [White Rose](#), [CThA](#), [FHT](#)

Relationship to National Occupational Standards

ITEC has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. ITEC has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Facial and Massage Therapist at Level 3

Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the ITEC Diploma