



Purpose

ITEC Level 3 Diploma in Massage and Electrotherapy Treatments

QAN 601/0591/4

Aims and Objectives

The main aim of the ITEC Level 3 Diploma in Massage and Electrotherapy Treatments is to enable Learners to gain the necessary practical skills and knowledge in order to provide Massage and Electrotherapy Treatments to the general public and to gain employment in the Spa and Beauty Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4

Content

This qualification is for Learners who want to work within the Spa or Beauty Therapy Industry. The qualification consists of 6 mandatory units with a total of 380 hours of Guided Learning (GL) to achieve the full qualification

The main skills you will perform are:

- Consultation techniques – to include treatment plan and contraindications and contra-actions, identifying general body types, different types of body fat and common postural faults, carrying out skin analysis and identifying skin types and conditions
- Body massage – to include consultation, identifying skin types, general body types, different types of fat and common postural faults and contraindications, selecting suitable massage mediums for the client's skin type, classical massage movements and adapting the treatment to the client's specific needs
- Body Electrotherapy treatments – to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the clients' treatment needs and body types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and Mechanical Massage (G5)
- Facial Electrotherapy treatments - to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the clients' treatment needs and skin types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and High Frequency

You will also develop knowledge about related health and safety and client care and communication which is essential in order to work and be successful in the industry

This qualification also provides:

- The related knowledge and understanding required to perform the Massage and Electrotherapy skills outlined above; in particular the anatomy and physiology of the body and common diseases and disorders that may affect when a client should or should not receive treatment
- Opportunities for Learners to focus on the development of their wider skills in a Massage and Electrotherapy treatments setting, such as communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Massage and Electrotherapy Specialist

Why Choose the ITEC Level 3 Diploma in Massage and Electrotherapy Treatments?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Massage and Electrotherapist at Level 3. There are other smaller ITEC Awards and Certificates in Massage or Electrotherapy Treatments at Level 3. However this qualification covers both Massage and Electrotherapy Treatments which are widely used in destination spas. These form the basis for the more advanced technologies used in industry enabling the Learner to become multi-skilled which is required for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to qualifications such as the ITEC Level 4 Diploma in Advanced Skincare, the ITEC Level 4 Diploma in Laser and Light Treatments and the ITEC Level 4 Diploma in Spa and Salon Management
5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

Opportunities for Employment

There are opportunities for Massage and Electrotherapy Specialists to find employment in a variety of areas:

- Beauty salons
- Hotels
- Health clubs
- Spas
- Own business
- Cruise liners

Please see the letters of support from employers within the industry, including [Steiner Training Limited](#), [Rene Guinot](#), [Champneys](#), [The Carlton Group](#), [Dermalogica](#) and [FHT](#)

Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Diploma in Massage and Electrotherapy Treatments they may progress on to other ITEC or equivalent qualifications at Level 3 or 4, for example:

- Level 3 Diploma in Spa and Body Treatments
- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Spa and Salon Management
- Level 4 Certificate in Laser and Light Treatment for Skin Rejuvenation
- Level 4 Certificate in Laser and Light Treatment for Hair Removal
- Level 4 Certificate in Micro-Pigmentation Treatment

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Professional Recognition

The qualification was developed collaboratively with the Hair and Beauty Industry Authority (HABIA) and enables Learners to apply for entry to the HABIA Register of Beauty Professionals once they have gained their qualification. It is also recognised for membership by:

- British Association of Beauty Therapists and Cosmetologists (BABTAC)

- The Guild of Beauty Therapists
- Association of International Therapists (AIT)
- Federation of Holistic Therapists (FHT)
- Complementary Therapists Association (CThA)

For further details regarding the content please see the qualification specification [here](#)