



ITEC Level 3 Certificate in Body Massage

QAN 501/0801/3

Specification

Aims and Objectives

The main aim of the ITEC Level 3 Certificate in Body Massage is to enable Learners to gain the necessary practical skills and knowledge in order to provide Body Massage to the general public and to gain employment in the Spa and Beauty Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4

Content

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 4 mandatory units with a total of 172 hours of Guided Learning (GL) to achieve the full qualification

The main skills the Learner will perform are:

- Body massage – to include consultation, identifying skin types, general body types, different types of fat and common postural faults and contraindications, selecting suitable massage mediums for the client's skin type, classical massage movements and adapting the treatment to the client's specific needs
- Monitoring and maintaining health and safety in the salon

The Learner will also develop knowledge about client care and communication which is essential in order to work and be successful in the industry

This qualification also provides:

- The related knowledge and understanding required to perform the massage treatments outlined above effectively, in particular the anatomy and physiology of the body and common diseases and disorders that may affect whether a client should or should not receive treatment
- Opportunities for Learners to focus on the development of their wider skills in a massage treatment setting, such as communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Massage Therapist

Why Choose the ITEC Level 3 Certificate in Body Massage?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Massage Therapist at Level 3. There are other ITEC Diplomas and smaller Awards in Massage at Level 3. This qualification focuses on classical massage which enables the Learner to become specialised in Massage Therapy ready for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to qualifications such as the ITEC Level 3 Diploma in Spa and Body Treatments, the ITEC Level 3 Diploma in Beauty Therapy, the ITEC Level 3 Diploma in Advanced Beauty Therapy, the ITEC Level 3 Apprenticeship in Beauty Therapy – General, the

ITEC Level 3 Apprenticeship in Spa Therapy and the ITEC Level 4 Diploma in Salon and Spa Management or a Degree in Management at University

5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

ITEC Unit Number	Unit Title	Credit Value	Guided Learning (GL)
822	Provide Body Massage	9	84
819	Working in the Beauty Related Industries	4	31
613	Monitor and Maintain Health and Safety Practice in the Salon	4	29
821	Client Care and Communication in Beauty Related Industries	3	28

Total Guided Learning - 172

Total Qualification Time (TQT) – 204

Total Credit Value for the Qualification - 20

Guided Learning (GL)

Guided Learning is 'the activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training.' This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

Total Credit Value

The total Credit Value for the qualification is equal to one tenth of the Total Qualification Time rounded to the nearest whole number.

Assessment

This qualification will be internally and externally assessed using a range of assessment methods as set out in the table below:-

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
822	Provide Body Massage	Practical examination Evidence of 4 treatments plus 50 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100% Pass or Refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
819	Working in the Beauty	Assignment	Pass or Refer

	Related Industries		
613	Monitor and Maintain Health and Safety Practice in the Salon	Portfolio of evidence MCQ – paper or online	Pass or Refer Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
821	Client Care and Communication in the Beauty Related Industries	Assignment	Pass or Refer

All assessment criteria and sample assessment materials for this qualification can be found [here](#)

Grading of the Qualification

All assessment tasks required for each unit of the qualification (detailed in table 1 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded, Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate of the multiple-choice questions and the Final Practical assessment.

Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by ITEC [here](#). The theory tests will be set and marked by ITEC

All practical assessments must be conducted in a controlled environment as defined by ITEC [here](#). The practical examination will be conducted by an ITEC Examiner; however, the Centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined by ITEC in the Lecturer Guidance Notes [here](#). The marking criteria and marking scheme can be found under each individual unit within the qualification [here](#). How to operate a practical examination can be found [here](#).

Failure to operate ITEC Examinations as documented in the ITEC policies and guidance notes may result in sanction(s) against the Centre e.g., withdrawal by ITEC for a particular qualification and/or withdrawal of ITEC recognition from the Centre due to Maladministration and/or Malpractice. Please see our policy [here](#).

Recommended Prior Learning

It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A*-C or a Level 2 Diploma in Beauty Therapy prior to commencing the ITEC Level 3 Certificate in Body Massage, however, exemptions may be made for adult returners with experience of the workplace

Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Certificate in Body Massage they may progress on to other ITEC or equivalent qualifications at Level 3 and 4 for example:

- Level 3 Diploma in Advanced Beauty Therapy
- Level 3 Certificate in Spa Treatments
- Level 4 Diploma in Salon and Spa Management or a Degree in Management at University
- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Laser and Light Treatments
- Level 4 Certificate in Laser and Light Treatments for Hair Removal
- Level 4 Certificate in Laser and Light Treatments for Skin Rejuvenation

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Opportunities for Employment

There are opportunities for a Massage Therapist to find employment in a variety of areas:

- Beauty salon
- Spa
- Hotel or resort
- Health club
- Cruise ships
- Own business

Please see the letters of support from employers within the industry, including [Steiner Training Limited](#), [Rene Guinot](#), [The Carlton Group](#), [Champneys](#), [Alexandra House](#)

Relationship to National Occupational Standards

ITEC has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. ITEC has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Massage Therapist at Level 3

Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the ITEC Certificate