



**ITEC Level 3 Certificate in Body Massage**  
**QAN 501/0801/3**  
**Learner Guidance Notes**

**General Advice**

**1. Requirements for Undertaking this Qualification**

ITEC recommend that you should have achieved a level of education equivalent to five GCSEs at grade A\*-C or Level 2 Diploma in Beauty Therapy prior to commencing the ITEC Level 3 Certificate in Body Massage; however, your Centre may make exemptions for adult returners with experience of the workplace

**2. Structure of the Qualification, Guided Learning (GL)**

The ITEC Level 3 Certificate in Body Massage is comprised of 4 mandatory units with a total of 172 hours of Guided Learning (GL) in order to achieve the full qualification. However, you will also be required to complete further study and generate evidence of your learning in your own time. This is known as Total Qualification Time (TQT), please see Table 1 below:-

Table 1

<b>ITEC Unit Number</b>	<b>Unit Title</b>	<b>Assessment</b>	<b>Grading</b>
822	Provide Body Massage	Practical examination  Evidence of 4 treatments  plus 50 MCQ - paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%  Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
819	Working in the Beauty Related Industries	Assignment	Pass or Refer
613	Monitor and Maintain Health and Safety Practice in the Salon	Portfolio of evidence  MCQ – paper or online	Pass or Refer  Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
821	Client Care and Communication in the Beauty Related Industries	Assignment	Pass or Refer

**Total Guided Learning (GL) - 172**  
**Total Qualification Time (TQT) - 204**  
**Total Credit Value for the Qualification - 20**

**3. Grading of the Qualification**

All assessment tasks required for each unit of the qualification (detailed in Table 1 above) must be completed and awarded a Pass mark before the full qualification can be certificated

The overall qualification is graded - Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate mark for the multiple-choice questions papers and the Final Practical Examination

Your results and Certificates will be sent to your Centre by ITEC. Therefore, you will need to collect your results and Certificates from your Centre

#### 4. Assessment of the Qualification

The ITEC Level 3 Certificate in Body Massage will be internally and externally assessed using a variety of assessment methods as set out in Table 1 above

Once you have completed all the specified assessments for the qualification and your Lecturer has awarded a Pass mark for all the evidence you have submitted, you will have a Final External Practical Examination carried out by an ITEC Examiner, who will also verify a sample of all the evidence you have completed during your training to ensure it meets the ITEC standard

##### Practical Examination Sequence

Once all aspects of the mandatory units have been completed, you will complete a Final Internal Practical Assessment. This will be observed by your Lecturer using the ITEC Internal Assessment forms. The results will be reviewed by the ITEC External Examiner on the day of your Final External Practical Examination

- a. You will perform the following treatments in sequence for your internal and external practical examinations:
- b. Practical examination sequence – approximately 45 minutes

You will need to supply a client that can receive all the following treatment in order to complete your examination:-

Unit 822 – Provide Body Massage

- Consultation to be carried out prior to the exam
  - Your client should be on the couch
  - Massage treatment (back of 1 leg, back, chest, 1 arm, abdomen, front of 1 leg)
- c. You will be asked oral questions during the Final Practical Examination
  - d. You will need to complete Consultation Forms for your client for each unit of the ITEC External Examination. They should be reviewed and completed at the end of the treatment and will be taken away by the Examiner
  - e. You will need to demonstrate excellent hygiene and client care throughout your examination as well as competence in all your skills
  - f. The ITEC Examiner may reduce the treatment timings, as the examination is a demonstration of your professionalism and your accomplished skills

##### Multiple-choice Tests

Each question is formatted in the same way:

- 1 stem (the question)
- 1 key (the correct answer)
- 3 distractors (incorrect answers)
- You must indicate the answer you believe is correct by placing a mark in the appropriate box on your answer sheet

Multiple-choice tests are used for units 822 and 613 - Online testing of all relevant units is also available

### Assignments

- a. Units 819 and 821 are assessed by the completion of an assignment
- b. Your assignments form part of your internal assessment and should be assessed throughout your training by your Lecturer using the ITEC Guidance Forms
- c. The criteria for the assignments are detailed on the Assignment Guidance and Assessment Form
- d. Your Lecturer will complete the ITEC Assessment Forms and ensure they are ready for verification by the ITEC External Examiner
- e. The internal assessment(s) will be conducted by the Centre's Lecturer/Internal Verifier(s) and will be sampled by the ITEC External Verifier

### Treatment Evidence/Portfolio of Evidence

You are required to provide evidence of treatments that you have performed on clients during your training under the supervision of your Lecturer who will monitor the quality of your treatments in order to ensure that they meet the ITEC criteria

- The criteria are detailed on the Treatment Evidence Guidance Forms. They are graded Pass or Refer
- You will need to complete a Client Consultation Form as evidence that you performed the required number of treatments during your training (see Table 1) as they form part of your internal assessment for the qualification. They can be stored in your ITEC E-portfolio

## 5. Resources

Your Centre must provide a suitable environment for teaching the ITEC Level 3 Certificate in Body Massage as well as all equipment both fixed and free standing to complete all aspects of the qualification. You may need to supply some consumables and/or towels in order to complete your training

## 6. Opportunities for Progression

Once you have achieved the ITEC Level 3 Certificate in Body Massage you may progress on to other ITEC or equivalent qualifications at Level 3 or 4, for example:

- Level 3 Diploma in Advanced Beauty Therapy
- Level 3 Certificate in Spa Treatments
- Level 4 Diploma in Salon and Spa Management or a Degree in Management at University
- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Laser and Light Treatments
- Level 4 Certificate in Laser and Light Treatments for Hair Removal
- Level 4 Certificate in Laser and Light Treatments for Skin Rejuvenation

For further Awards, Certificates and Diplomas please go to [www.itecworld.co.uk](http://www.itecworld.co.uk)

## 7. Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association ([www.CThA.com](http://www.CThA.com)) and other Industry Associations who recognise the ITEC Diploma. The ITEC Level 3 Certificate in Body Massage also enables Graduates to apply for membership of The Complementary Therapist Association

## 8. Book List

A full book list can be found [here](#)