



## **Purpose**

### **ITEC Level 3 Certificate in Aromatherapy**

#### **QAN 600/6668/4**

#### **Aims and Objectives**

The main aim of the ITEC Level 3 Certificate in Aromatherapy is to enable Learners to gain the necessary practical and theoretical skills in order to provide Aromatherapy treatments to the general public and to gain employment in the Aromatherapy Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 3 and 4

#### **Content**

This qualification is for Learners who want to work within the Aromatherapy Industry. The qualification consists of 1 mandatory unit with a total of 112 hours of Guided Learning (GL) to achieve the full qualification

The main skills you will perform are:

- Aromatherapy techniques – to include consultation techniques, understanding the needs of clients and when and when not to treat them, carrying out visual analysis and identifying skin types, recognising contraindications, explaining possible contra-actions, blending essential oils and carrier oils, using a variety of Aromatherapy techniques, adapting the treatment to suit the specific needs of the client and providing aftercare and home care advice

You will also learn about legislation and working practices related to the provision of Aromatherapy treatments and client care and communication which is essential to work and be successful in the Industry

This qualification also provides:

- the related knowledge and understanding required to perform the Aromatherapy skills listed above effectively
- opportunities for Learners to focus on the development of their wider skills in an Aromatherapy setting such as communicating with clients, working with others and problem solving
- opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as an Aromatherapist

#### **Why Choose the ITEC Level 3 Certificate in Aromatherapy?**

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as an Aromatherapist at Level 3. There are other ITEC Diplomas at Level 3 however these also contain the skills for Reflexology and Body Massage. This qualification enables the learner to become specialised in Aromatherapy treatments ready for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to qualifications at Level 3 and 4 such as the ITEC Level 3 Diploma in Reflexology, the ITEC Level 3 Diploma in Body Massage and the ITEC Level 4 Diploma in Spa and Salon Management
5. This qualification does not form part of an Apprenticeship

6. This qualification is recognised by all relevant professional bodies within the Complementary Therapies Industry for membership and insurance purposes at Level 3

### **Opportunities for Employment**

There are opportunities for Aromatherapists to find employment in a variety of areas:

- Complementary health clinics
- Beauty salons
- Spa
- Cruise ships
- Hotels or resorts
- Own clinic

Please see the letters of support from employers within the industry, including [Steiner Trading Ltd](#), [The Carlton Group](#), [Champneys](#), [Room B](#), [Senses Skin Care Centre](#), [Alexandra House](#), [House of Beauty](#) and [LYS Love Your Skin](#) and [CThA](#)

### **Opportunities for Progression**

Once Learners have achieved the ITEC Level 3 Certificate in Aromatherapy they may progress on to other ITEC or equivalent qualifications at Level 3 and 4 for example:

- Level 3 Certificate in Indian Head Massage
- Level 3 Certificate in Stone Therapy Massage
- Level 3 Diploma in Massage
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Yoga Teaching
- Level 3 Diploma in Thai Massage
- Level 3 Diploma in Infant and Child Massage
- Level 3 Diploma in Reiki
- Level 3 Diploma in Spa Treatments
- Level 4 Diploma in Spa and Salon Management
- Level 4 Certificate in Sports Massage Therapy

For further Awards, Certificates and Diplomas please go to [www.itecworld.co.uk](http://www.itecworld.co.uk)

### **Professional Body Recognition**

The Qualification was developed collaboratively with Skills for Health (SfH) the Sector Skills Council responsible for standards in healthcare. The qualification is recognised for membership by:

- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- The Guild of Beauty Therapists

For further details regarding the content of this qualification please see the qualification specification [here](#)