



## **ITEC Level 3 Certificate in Aromatherapy QAN 600/6668/4 Specification**

### **Aims and Objectives**

The main aim of the ITEC Level 3 Certificate in Aromatherapy is to enable Learners to gain the necessary practical and theoretical skills in order to provide Aromatherapy treatments to the general public and to gain employment in the Aromatherapy Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 3 and 4

### **Content**

This qualification is for Learners who want to work within the Aromatherapy Industry. The qualification consists of 1 mandatory unit with a total of 112 hours of Guided Learning (GL) to achieve the full qualification

The main skills the Learner will perform are:

- Aromatherapy techniques – to include consultation techniques, understanding the needs of clients and when and when not to treat them, carrying out visual analysis and identifying skin types, recognising contraindications, explaining possible contra-actions, blending essential oils and carrier oils, using a variety of Aromatherapy techniques, adapting the treatment to suit the specific needs of the client and providing aftercare and home care advice

The Learner will also learn about legislation and working practices related to the provision of Aromatherapy treatments and client care and communication which is essential to work and be successful in the Industry

This qualification also provides:

- the related knowledge and understanding required to perform the Aromatherapy skills listed above effectively
- opportunities for Learners to focus on the development of their wider skills in an Aromatherapy setting such as communicating with clients, working with others and problem solving
- opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as an Aromatherapist

### **Why Choose the ITEC Level 3 Certificate in Aromatherapy?**

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as an Aromatherapist at Level 3. There are other ITEC Diplomas at Level 3 however these also contain the skills for Reflexology and Body Massage. This qualification enables the learner to become specialised in Aromatherapy treatments ready for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to qualifications at Level 3 and 4 such as the ITEC Level 3 Diploma in Reflexology, the ITEC Level 3 Diploma in Body Massage and the ITEC Level 4 Diploma in Spa and Salon Management

5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Complementary Therapies Industry for membership and insurance purposes at Level 3

<b>ITEC Unit Number</b>	<b>Unit Title</b>	<b>Credit Value</b>	<b>Guided Learning (GL)</b>
382	Provide Aromatherapy for Complementary Therapies	21	112

**Total Guided Learning – 112**

**Total Qualification Time (TQT) – 212**

**Total Credit Value for the Qualification - 21**

### **Guided Learning (GL)**

Guided Learning is 'the activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training.' This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

### **Total Qualification Time (TQT)**

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

### **Total Credit Value**

The total Credit Value for the qualification is equal to one tenth of the Total Qualification Time rounded to the nearest whole number.

### **Assessment**

This qualification will be internally and externally assessed using a range of assessment methods as set out in the table below:-

Table 1

<b>ITEC Unit Number</b>	<b>Unit Title</b>	<b>Assessment</b>	<b>Grading</b>
382	Provide Aromatherapy for Complementary Therapies	Practical examination	Pass – 60-74% Merit – 75-89% Distinction –90-100%
		Assignment 60 case studies	Pass or Refer Pass or Refer

All assessment criteria and sample assessment materials for this qualification can be found [here](#)

### **Grading of the Qualification**

All assessment tasks required for each unit of the qualification (detailed in table 1 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded, Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%

## Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by ITEC [here](#). The theory tests will be set and marked by ITEC

All practical assessments must be conducted in a controlled environment as defined by ITEC [here](#). The practical examination will be conducted by an ITEC Examiner; however, the Centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined by ITEC in the Lecturer Guidance Notes [here](#). The marking criteria and marking scheme can be found under each individual unit within the qualification [here](#). How to operate a practical examination can be found [here](#).

Failure to operate ITEC Examinations as documented in the ITEC policies and guidance notes may result in sanction(s) against the Centre e.g., withdrawal by ITEC for a particular qualification and/or withdrawal of ITEC recognition from the Centre due to Maladministration and/or Malpractice. Please see our policy [here](#).

## Recommended Prior Learning

It is recommended that Learners have achieved a level of education equivalent to five GCSEs at grades A\*-C prior to commencing the ITEC Level 3 Certificate in Aromatherapy; however exemptions may be made for adult returners with experience of the workplace

## Opportunities for Progression

Once Learners have achieved the ITEC Level 3 Certificate in Aromatherapy they may progress on to other ITEC or equivalent qualifications at Level 3 and 4 for example:

- Level 3 Certificate in Indian Head Massage
- Level 3 Certificate in Stone Therapy Massage
- Level 3 Diploma in Massage
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Yoga Teaching
- Level 3 Diploma in Thai Massage
- Level 3 Diploma in Infant and Child Massage
- Level 3 Diploma in Reiki
- Level 3 Diploma in Spa Treatments
- Level 4 Diploma in Spa and Salon Management
- Level 4 Certificate in Sports Massage Therapy

For further Awards, Certificates and Diplomas please go to [www.itecworld.co.uk](http://www.itecworld.co.uk)

## Opportunities for Employment

There are opportunities for Aromatherapists to find employment in a variety of areas:

- Complementary health clinics
- Beauty salons
- Spa
- Cruise ships
- Hotels or resorts

- Own clinic

Please see the letters of support from employers within the industry, including [Steiner Trading Ltd](#), [The Carlton Group](#), [Champneys](#), [Room B](#), [Senses Skin Care Centre](#), [Alexandra House](#), [House of Beauty](#) and [LYS Love Your Skin](#)

### **Relationship to National Occupational Standards**

ITEC has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. ITEC has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Aromatherapist at Level 3

### **Professional Body Membership and Insurance**

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association ([www.CThA.com](http://www.CThA.com)) and other Industry Associations who recognise the ITEC Certificate