



Purpose

ITEC Level 3 Certificate in Massage

QAN 600/6671/4

Aims and Objectives

The main aim of the ITEC Level 3 Certificate in Massage is to enable Learners to gain the necessary practical skills and knowledge in order to provide Body Massage to the general public and to gain employment within the Massage Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4

Content

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 1 mandatory unit with a total of 112 hours of Guided Learning (GL) to achieve the full qualification

The main skills you will perform are:

- Massage – to include consultation, identifying general body types, different types of fat and common postural faults, contraindications, selecting a suitable massage medium to suit the client's skin type, classical massage movements, adapting the treatment to the client's needs and providing aftercare and home care advice
- Health, safety and hygiene – contextualised to the environment in which the Learner is working

You will also learn about client care and communication and current legislation and working practice requirements which are essential in order to work and be successful in the industry

This qualification also provides:

- the related knowledge and understanding required to perform the massage skills listed above effectively in particular the underlying body structures
- opportunities for Learners to focus on the development of their wider skills in a massage setting, such as communicating with clients, working with others and problem solving
- opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Massage Therapist

Why Choose the ITEC Level 3 Certificate in Massage?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Massage Therapist at Level 3. There are other ITEC Diplomas, Certificates and smaller Awards at Level 3 however these cover all types of Massage Therapy. This qualification enables the Learner to become specialised in Massage for Complementary Therapies ready for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to the ITEC Level 3 Diploma in Reflexology, the ITEC Diploma in Aromatherapy, the ITEC Diploma in Spa Treatments, the Level 4 Diploma in Sports Massage Therapy or the ITEC Level 4 Diploma in Salon and Spa Management or a Degree in Management at University

5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Complementary Therapy for membership and insurance purposes at Level 3

Opportunities for Employment

There are opportunities for Massage Therapists to find employment in a variety of areas:

- Complementary health clinics
- Primary health trusts
- Spa
- Beauty salon
- Hotel or resort
- Health club
- Cruise ships
- Own business

Please see letters of support from within the industry, including [Steiner Trading Ltd](#), [The Carlton Group](#), [Guinot](#), [Room B](#), [Senses Skin Care Centre](#), [Champneys](#), [Alexandra House](#), [House of Beauty](#), [LYS Love Your Skin](#), [Dermalogica](#) and [CThA](#)

Opportunities for Progression

Once Learners have achieved the ITEC Level 2 Certificate in Massage they may progress on to other ITEC or equivalent qualifications at Level 3 or 4, for example:

- Level 3 Diploma in Massage
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Aromatherapy
- Level 3 Diploma in Spa Treatments
- Level 4 Diploma in Sports Massage Therapy
- Level 4 Diploma in Salon and Spa Management or a Degree in Management at University

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Professional Recognition

The Qualification was developed collaboratively with Skills for Health (SfH) the Sector Skills Council responsible for standards in healthcare. The qualification is also recognised for membership by:

- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- The Guild of Beauty Therapists

For further details regarding the content of this qualification please see the qualification specification [here](#)