



ITEC Level 3 Certificate in Massage **QAN 600/6671/4** **Specification**

Aims and Objectives

The main aim of the ITEC Level 3 Certificate in Massage is to enable Learners to gain the necessary practical skills and knowledge in order to provide Body Massage to the general public and to gain employment within the Massage Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4

Content

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 1 mandatory unit with a total of 112 hours of Guided Learning (GL) to achieve the full qualification

The main skills the Learner will perform are:

- Massage – to include consultation, identifying general body types, different types of fat and common postural faults, contraindications, selecting a suitable massage medium to suit the client's skin type, classical massage movements, adapting the treatment to the client's needs and providing aftercare and home care advice
- Health, safety and hygiene – contextualised to the environment in which the Learner is working

The Learner will also learn about client care and communication and current legislation and working practice requirements which are essential in order to work and be successful in the industry

This qualification also provides:

- the related knowledge and understanding required to perform the massage skills listed above effectively in particular the underlying body structures
- opportunities for Learners to focus on the development of their wider skills in a massage setting, such as communicating with clients, working with others and problem solving
- opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as a Massage Therapist

Why Choose the ITEC Level 3 Certificate in Massage?

1. This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as a Massage Therapist at Level 3. There are other ITEC Diplomas, Certificates and smaller Awards at Level 3 however these cover all types of Massage Therapy. This qualification enables the Learner to become specialised in Massage for Complementary Therapies ready for employment in Industry
2. This Qualification is listed in the Ofqual Register of Qualifications
3. This Qualification contains all the skills and knowledge required for employability at Level 3
4. Learners may progress on to the ITEC Level 3 Diploma in Reflexology, the ITEC Diploma in Aromatherapy, the ITEC Diploma in Spa Treatments, the Level 4 Diploma in Sports Massage Therapy or the ITEC Level 4 Diploma in Salon and Spa Management or a Degree in Management at University

5. This qualification does not form part of an Apprenticeship
6. This qualification is recognised by all relevant professional bodies within the Complementary Therapy for membership and insurance purposes at Level 3

ITEC Unit Number	Unit Title	Credit Value	Guided Learning (GL)
380	Provide Body Massage for Complementary Therapies	19	112

Total Guided Learning - 112

Total Qualification Time (TQT) – 188

Total Credit Value for the Qualification - 19

Guided Learning (GL)

Guided Learning is 'the activity of a Learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a Lecturer, Supervisor, Tutor or other appropriate provider of education or training.' This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a Lecturer, Supervisor, Tutor or other appropriate provider of education or training'

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification

Total Credit Value

The total Credit Value for the qualification is equal to one tenth of the Total Qualification Time rounded to the nearest whole number.

Assessment

This qualification will be internally and externally assessed using a range of assessment methods as set out in the table below:-

Table 1

ITEC Unit Number	Unit Title	Assessment	Grading
380	Provide Body Massage for Complementary Therapies	Practical examination Evidence of 20 treatments and 16 case studies	Pass – 60-74% Merit – 75-89% Distinction –90-100% Pass or Refer

All assessment criteria and sample assessment materials for this qualification can be found [here](#)

Grading of the Qualification

All assessment tasks required for each unit of the qualification (detailed in table 1 of the specification) must be completed and awarded a Pass mark before the complete qualification can be certificated

The overall qualification is graded, Pass - 60% - 74%, Merit - 75% - 89%, Distinction – 90%-100%. This is formed by the aggregate of the multiple-choice questions and the Final Practical Assessment

Controlled Assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by ITEC [here](#). The theory tests will be set and marked by ITEC

All practical assessments must be conducted in a controlled environment as defined by ITEC [here](#). The practical examination will be conducted by an ITEC Examiner; however, the Centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined by ITEC in the Lecturer Guidance Notes [here](#). The marking criteria and marking scheme can be found under each individual unit within the qualification [here](#). How to operate a practical examination can be found [here](#).

Failure to operate ITEC Examinations as documented in the ITEC policies and guidance notes may result in sanction(s) against the Centre e.g., withdrawal by ITEC for a particular qualification and/or withdrawal of ITEC recognition from the Centre due to Maladministration and/or Malpractice. Please see our policy [here](#).

Recommended Prior Learning

It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A*-C or a Level 2 Diploma in Complementary Therapies prior to commencing the ITEC Level 3 Certificate in Massage; however, exemptions may be made for adult returners with experience of the workplace

Opportunities for Progression

Once Learners have achieved the ITEC Level 2 Certificate in Massage they may progress on to other ITEC or equivalent qualifications at Level 3 or 4, for example:

- Level 3 Diploma in Massage
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Aromatherapy
- Level 3 Diploma in Spa Treatments
- Level 4 Diploma in Sports Massage Therapy
- Level 4 Diploma in Salon and Spa Management or a Degree in Management at University

For further Awards, Certificates and Diplomas please go to www.itecworld.co.uk

Opportunities for Employment

There are opportunities for Massage Therapists to find employment in a variety of areas:

- Complementary health clinics
- Primary health trusts
- Spa
- Beauty salon
- Hotel or resort
- Health club
- Cruise ships
- Own business

Please see letters of support from within the industry, including [Steiner Trading Ltd](#), [The Carlton Group](#), [Guinot](#), [Room B](#), [Senses Skin Care Centre](#), [Champneys](#), [Alexandra House](#), [House of Beauty](#), [LYS Love Your Skin](#) and [Dermalogica](#)

Relationship to National Occupational Standards

ITEC has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. ITEC has linked the qualification to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Massage Therapist at Level 3

Professional Body Membership and Insurance

Professional Indemnity and Public Liability Insurance can be obtained via The Complementary Therapist Association (www.CThA.com) and other Industry Associations who recognise the ITEC Certificate