

ITEC Unit 305 Shampoo and Conditioning**Recommended unit guided learning hours – 30**

Learning outcome	Assessment Criteria	Taught Content
1. Be able to prepare for shampoo and conditioning	<p>1.1 Prepare the client for shampoo and conditioning</p> <p>1.2 State the procedure for client preparation</p> <p>1.3 Select products and tools for shampoo and conditioning</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none">• Covering the client appropriately for the treatment – gowns and towels• Assisting the client into the shampooing chair• Making sure the client is comfortable throughout the treatment• Removing earrings if necessary <p>1.2.1 To include:</p> <ul style="list-style-type: none">• Discussing the treatment procedure with the client• Selecting suitable protective clothing – gowns and towel• Examining the condition of the hair and selecting correct products• Identifying abnormal infections or injury and report to a senior stylist or member of staff• Consulting with client throughout <p>1.3.1 To include:</p> <ul style="list-style-type: none">• Types of shampoo – soap, soapless, synthetic detergents• Types of conditioners – surface conditioners, penetrating conditioners• Selection of tools – combs, brushes
2. Be able to shampoo, condition and towel dry hair	<p>2.1 State the main hair types and basic structure of the hair</p> <p>2.2 State the effects of shampooing</p>	<p>2.1.1 Identify the main hair types</p> <p>To include:</p> <ul style="list-style-type: none">• Curly• Wavy• Straight• Caucasian• Black (Afro-Caribbean)• Mongoloid (Asian) <p>2.1.2 State the basic structure of a hair</p> <p>To include:</p> <ul style="list-style-type: none">• Hair follicle• Hair shaft - cuticle, cortex and medulla <p>2.2.1 State the effects of shampoos on hair</p>

	and conditioning on the hair	<p>To include:</p> <ul style="list-style-type: none"> • Cleansing of the hair • Cleansing of the scalp <p>2.2.2 State the effects of conditioners on hair</p> <p>To include:</p> <ul style="list-style-type: none"> • Protection • De tangling • Balancing • Treatment of particular problems <p>2.3.1 Perform a basic shampoo treatment</p> <p>To include:</p> <ul style="list-style-type: none"> • Protecting and caring for the client throughout treatment • Combing or detangling hair • Checking client comfort • Choosing correct working temperature for water • Checking flow and pressure of water • Thoroughly wet hair • Applying shampoo • Massaging shampoo into scalp • Rinsing hair thoroughly • Repeating process if necessary • Rinsing hair again • Showing client finished results • Checking that the finished result meet with the client's satisfaction • Checking that the finished result meets with the senior stylists satisfaction • Advising the client on suitable basic home care • Ensuring that the treatment is cost effective and carried out in a commercially acceptable time • Leaving the work place in a suitable condition for further treatments <p>2.3.2 Perform a basic conditioning treatment</p> <p>To include:</p> <ul style="list-style-type: none"> • Protecting and care for the client throughout treatment • Applying conditioner to damp hair • Massaging into hair • Rinsing hair thoroughly • Towelling dry hair
	2.3 Shampoo and condition hair	
	2.4 Towel dry and detangle hair	<p>2.4.1 To include:</p>

	<p>2.5 Follow safe and hygienic working practices</p> <p>2.6 Communicate and behave in a professional manner</p>	<ul style="list-style-type: none"> • Removing excess water from hair • Towelling dry hair • Combing / detangling hair <p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Sanitising / sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Salon rules and regulations • Code of Ethics • Disposal of waste • Environmental conditions <p>2.6.1 To include:</p> <ul style="list-style-type: none"> • Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Positive facial expressions • Positive body language • Looking people in the eye when speaking to them • Listening • Speaking clearly
Assessment	Assessed task – Introduction to Shampoo and Conditioning	<p>To be internally assessed, internally verified and externally verified by ITEC</p> <p>Treatments must be evidenced through the use of signed and dated consultation forms and client feedback.</p>