

ITEC Unit 305 Shampoo and Conditioning

Recommended unit guided learning hours – 30

Learning outcome	Assessment Criteria	Taught Content
1. Be able to prepare for shampoo and conditioning	1.1 Prepare the client for shampoo and conditioning 1.2 State the procedure for client preparation 1.3 Select products and tools for shampoo and conditioning	1.1.1 To include: <ul style="list-style-type: none">• Covering the client appropriately for the treatment – gowns and towels• Assisting the client into the shampooing chair• Making sure the client is comfortable throughout the treatment• Removing earrings if necessary 1.2.1 To include: <ul style="list-style-type: none">• Discussing the treatment procedure with the client• Selecting suitable protective clothing – gowns and towel• Examining the condition of the hair and selecting correct products• Identifying abnormal infections or injury and report to a senior stylist or member of staff• Consulting with client throughout 1.3.1 To include: <ul style="list-style-type: none">• Types of shampoo – soap, soapless, synthetic detergents• Types of conditioners – surface conditioners, penetrating conditioners• Selection of tools – combs, brushes
2. Be able to shampoo, condition and towel dry hair	2.1 State the main hair types and basic structure of the hair 2.2 State the effects of shampooing	2.1.1 Identify the main hair types To include: <ul style="list-style-type: none">• Curly• Wavy• Straight• Caucasian• Black (Afro-Caribbean)• Mongoloid (Asian) 2.1.2 State the basic structure of a hair To include: <ul style="list-style-type: none">• Hair follicle• Hair shaft - cuticle, cortex and medulla 2.2.1 State the effects of shampoos on hair

	<p>and conditioning on the hair</p> <p>2.3 Shampoo and condition hair</p> <p>2.4 Towel dry and detangle hair</p>	<p>To include:</p> <ul style="list-style-type: none"> • Cleansing of the hair • Cleansing of the scalp <p>2.2.2 State the effects of conditioners on hair</p> <p>To include:</p> <ul style="list-style-type: none"> • Protection • De tangling • Balancing • Treatment of particular problems <p>2.3.1 Perform a basic shampoo treatment</p> <p>To include:</p> <ul style="list-style-type: none"> • Protecting and caring for the client throughout treatment • Combing or detangling hair • Checking client comfort • Choosing correct working temperature for water • Checking flow and pressure of water • Thoroughly wet hair • Applying shampoo • Massaging shampoo into scalp • Rinsing hair thoroughly • Repeating process if necessary • Rinsing hair again • Showing client finished results • Checking that the finished result meet with the client's satisfaction • Checking that the finished result meets with the senior stylists satisfaction • Advising the client on suitable basic home care • Ensuring that the treatment is cost effective and carried out in a commercially acceptable time • Leaving the work place in a suitable condition for further treatments <p>2.3.2 Perform a basic conditioning treatment</p> <p>To include:</p> <ul style="list-style-type: none"> • Protecting and care for the client throughout treatment • Applying conditioner to damp hair • Massaging into hair • Rinsing hair thoroughly • Towelling dry hair <p>2.4.1 To include:</p>
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	<p>2.5 Follow safe and hygienic working practices</p> <p>2.6 Communicate and behave in a professional manner</p>	<ul style="list-style-type: none"> • Removing excess water from hair • Towelling dry hair • Combing / detangling hair <p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Sanitising / sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Salon rules and regulations • Code of Ethics • Disposal of waste • Environmental conditions <p>2.6.1 To include:</p> <ul style="list-style-type: none"> • Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Positive facial expressions • Positive body language • Looking people in the eye when speaking to them • Listening • Speaking clearly
<p>Assessment</p>	<p>Assessed task – Introduction to Shampoo and Conditioning</p>	<p>To be internally assessed, internally verified and externally verified by ITEC</p> <p>Treatments must be evidenced through the use of signed and dated consultation forms and client feedback.</p>