

ITEC FLT Unit 308 Nail Art Application

Recommended unit guided learning hours – 30

Learning Outcome	Assessment Criteria	Taught Content
1. Be able to prepare for nail art techniques	1.1 State the factors that could influence the choice of basic nail art techniques 1.2 State the importance of the preparation procedures for basic nail art techniques 1.3 Preparation procedures for basic nail art techniques	1.1.1 To include: <ul style="list-style-type: none">• Length of nail• Shape of nail• Strength of nail• Adverse nail / skin conditions• Nail growth rate• Occasion• Fashion trend• Cultural factors 1.2.1 To include: <ul style="list-style-type: none">• Preparing work area• Preparing tools and equipment• Preparing skin and nail care products• Visually inspecting of the hand and nails• Cleansing the hand• Removing any existing nail polish• Identifying the condition of the nails and skin• Identifying basic nail and skin disorders• Identifying allergies• Identifying nail shapes and filing nail to the correct shape• Preparing nail plate for application of products• Confirming the client's choice of nail finish• Checking that the preparation for nail treatment meets with the senior therapist's satisfaction 1.3.1 Prepare client To include: <ul style="list-style-type: none">• Assisting the client into a comfortable and relaxed position for the treatment• Protecting the client's clothing appropriately for the treatment• Removing jewellery / accessories as appropriate• Storing the client's valuables in a safe place• Ensuring that the preparation meets with the senior therapist's satisfaction

	<p>1.4 Select products, tools and equipment for basic nail art techniques</p> <p>1.5 State the products and basic techniques used in nail art</p> <p>1.6 Design a 2D nail art image</p>	<p>1.4.1 To include:</p> <ul style="list-style-type: none"> • Files / abrasives • Buffers • Cotton wool • Orange wood stick • Enamel remover • Base coat • Enamels and nail art products • Top coat • Sealers <p>1.5.1 To include:</p> <p>Products</p> <ul style="list-style-type: none"> • Base coat • Polish of client's choice / selection of nail enamels • Selection of paints • Top coat • Sealer • Non-acetone enamel remover • Brushes – liner brush, fine detail brush, fan brush, glitter brush, shading brush • Container of water • Orange wood stick • Glitter • Transfers • Artificial nail structure <p>Techniques</p> <ul style="list-style-type: none"> • 2D designs • 3D designs • Freehand paint techniques • Striping • Colour blending • Foils • Transfers • Glitter dots • Glitter enamel <p>1.6.1 Demonstrate design skills to complete a 2D nail art image</p>
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<p>2. Be able to carry out nail art techniques</p>	<p>2.1 Carry out basic nail art techniques adapting the 2D nail art image to a 3D surface</p> <p>2.2 Follow safe and hygienic working practices</p> <p>2.3 Communicate and behave in a professional manner</p>	<p>2.1.1 Perform nail art techniques to create a 3D design on the nail plate from a 2D image To include:</p> <ul style="list-style-type: none"> • Preparation procedures • Applying nail art products in the correct sequence and in line with manufacturers' instructions • Appropriate products, tools and equipment <p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Sanitising / sterilising tools and equipment using correct hygiene procedures • Storing sterilised tools appropriately • Salon rules and regulations • Code of Ethics • Disposing of waste • Environmental conditions • PPE • COSHH • Health and safety policy • Demonstrating correct posture – prevention of fatigue and injury <p>2.3.1 To include:</p> <ul style="list-style-type: none"> • Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Demonstrating positive facial expressions • Demonstrating positive body language • Demonstrating good eye contact • Listening • Speaking clearly • Knowing what to say and how to say it • Knowing a range of related terminology linked to basic nail art techniques • Demonstrating how to follow instructions • Demonstrating how to work as a team • Following salon requirements
<p>Assessment</p>	<p>Assessed task – Introduction to nail art</p>	<p>To be internally assessed and externally verified by ITEC</p>