

Unit 315 - The Art of Dressing Hair

Recommended Unit Guided Learning Hours – 30

Learning Outcome	Assessment Criteria	Taught Content
1. Be able to prepare for dressing hair	<p>1.1 Prepare the client and work area for dressing service</p> <p>1.2 State the procedure for client preparation</p> <p>1.3 Consult with clients to confirm their requirements</p> <p>1.4 Describe the effects of different styling techniques</p> <p>1.5 Evaluate the potential of the hair to achieve</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> • Preparing self • Preparing working area • Sanitising / sterilising tools and equipment • Preparing environment • Assisting the client into a comfortable and relaxed position for the treatment • Protecting and caring for the client throughout treatment <p>1.2.1 To include:</p> <ul style="list-style-type: none"> • Examining the condition of the hair and select correct product choice • Combing or detangling hair • Checking client comfort • Discussing suitability of style with client <p>1.3.1 To include:</p> <ul style="list-style-type: none"> • Discussing client's needs and requirements • Selecting suitable protective clothing – gowns and towel • Examining the hair type, texture, length, colour, quality and quantity • Preparing the hair ready for treatment • Discussing limitations • Consulting with client throughout • Selecting style <p>1.4.1 To include:</p> <ul style="list-style-type: none"> • Brushing • Back brushing • Back combing • Teasing • Simple dressing • Long hair dressing • Pleating • Plaiting • Ornamentation <p>1.5.1 To include:</p>

	<p>the desired look by identifying the influencing factors</p> <p>1.6 Describe the factors that need to be considered when styling and dressing hair</p> <p>1.7 Describe the physical effects of styling on the hair structure</p> <p>1.8 Describe the effects of humidity on the hair structure and resulting style</p> <p>1.9 Explain how the incorrect use of heat can affect the hair and scalp</p>	<ul style="list-style-type: none"> • Length of hair • Hair growth patterns • Hair loss • Hair type • Hair texture • Hair density <p>1.6.1 To include:</p> <ul style="list-style-type: none"> • Head • Face and body shape • Lifestyle • Hair growth patterns • Length and type of hair • Texture, elasticity and density of hair • Fashion trends / occasion <p>1.7.1 To include:</p> <ul style="list-style-type: none"> • External factors – combing, brushing, back dressing, shampooing, heated rollers • Crimping, tonging, • Chemical effects – perming, colouring, bleaching <p>1.8.1 To include:</p> <ul style="list-style-type: none"> • Effects of weather – sun, wind, sand, sea, salt, extremes in climate, moisture effects on the hair’s elasticity or flexibility • General health and lifestyle – good health, disease, drugs, genetic factors, effects of pregnancy and child birth on hair <p>1.9.1 To include:</p> <ul style="list-style-type: none"> • Hair breakage / split ends • Sore scalp • Burns
<p>2. Be able to provide a dressing hair service</p>	<p>2.1 Select and use styling products, tools and equipment to achieve the desired look</p>	<p>2.1.1 To include:</p> <p>Products</p> <ul style="list-style-type: none"> • Mousse • Gel • Lotion • Spray • Moisturisers <p>Tools</p>

	<p>2.2 Describe the correct use and routine maintenance of tools, equipment and accessories</p> <p>2.3 Describe the use for the range of styling products</p> <p>2.4 Position self and client appropriately throughout the service</p> <p>2.5 Use working methods that meet salon and legal requirements</p> <p>2.6 Use styling techniques and dressing effects</p>	<ul style="list-style-type: none"> • Combs • Brushes • Pins, clips, grips, rubber bands • Accessories: feathers, ribbons, flowers <p>Equipment</p> <ul style="list-style-type: none"> • Dryers • Electrical equipment • Mirror <p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Sanitising / sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Washing combs / brushes frequently • Using antibacterial solutions for plastic tools • PAT testing of electrical equipment • Checking electrical wiring <p>2.3.1 To include:</p> <p>Products</p> <ul style="list-style-type: none"> • Mousse • Gel • Lotion • Spray • Moisturisers <p>2.4.1 To include:</p> <ul style="list-style-type: none"> • Correct posture and standing position • Client comfort <p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Measuring effectiveness • Self appraisal • Code of ethics • Code of practice • Salon rules and regulations <p>2.6.1 To include:</p>
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	<p>that take into account the identified factors</p> <p>2.7 Control and secure hair effectively during dressing</p> <p>2.8 Describe how to secure and control the long hair looks</p> <p>2.9 State the purpose of back combing and back brushing when dressing hair</p> <p>2.10 Dress hair to the satisfaction of the client</p>	<ul style="list-style-type: none"> • Brushing • Back brushing • Back combing • Teasing • Simple dressing • Long hair dressing • Pleating • Plaiting • Ornamentation <p>2.7.1 To include:</p> <ul style="list-style-type: none"> • Pins • Clips • Grips • Rubber bands • Mousse • Gel • Lotion • Spray • Moisturisers <p>2.8.1 To include:</p> <ul style="list-style-type: none"> • Trying to centralise weight of the hair • Using pins, clips, grips, rubber bands • Combs • Feathers, ribbons, flowers • Not disturbing the base of the secured hair • Dressing symmetrically • Dressing asymmetrically <p>2.9.1 To include:</p> <ul style="list-style-type: none"> • Giving more height and volume to the hair • Roughening the cuticle of the hair • Determining the fullness of the hair <p>2.10.1 To include:</p>
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	2.11 Apply finishing products to maintain the style	2.11.1 To include: <ul style="list-style-type: none"> • Mousse • Gel • Lotion • Spray • Moisturisers
	2.12 Evaluate the results of the treatment with the client	2.12.1 To include: <ul style="list-style-type: none"> • Style suitability • End result • Effectiveness • Personal standards • Client standards • Professionalism
	2.13 Describe the uses for the range of finishing products	2.13.1 To include: <ul style="list-style-type: none"> • Mousse • Gel • Lotion • Spray • Moisturisers • Hold of finished result • Movement of finished result
	2.14 Provide suitable aftercare advice	2.14.1 To include: <ul style="list-style-type: none"> • Maintaining dressed hair • Removing dressed hair
	2.15 Describe the after care advice that should be provided	2.15.1 To include: <ul style="list-style-type: none"> • Maintaining dressed hair • Removing dressed hair
	2.16 Follow safe and hygienic working practices	2.16.1 To include:

	<p>2.17 Outline safe and hygienic working practices when styling and dressing hair</p> <p>2.18 Communicate and behave in a professional manner</p> <p>2.19 State how to communicate in a salon environment</p>	<ul style="list-style-type: none"> • Sanitising / sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Salon rules and regulations • Disposing of waste • Environmental conditions <p>2.17.1 To include:</p> <ul style="list-style-type: none"> • Wiping equipment over with appropriate sanitiser before and after use • Sanitising hands before, during and after treatment as appropriate • Replacing lids on products • Disposing of waste hygienically and appropriately • Demonstrating correct use of salon sterilising equipment / cabinets • Storing sanitised / sterilised equipment appropriately • Using fresh laundered towels for each client • Using freshly laundered gowns for each client • Ensuring that the floor / trolleys / surfaces are clean and sanitised where appropriate <p>2.18.1 To include:</p> <ul style="list-style-type: none"> • Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Demonstrating positive facial expressions • Demonstrating positive body language • Demonstrating good eye contact • Listening • Speaking clearly <p>2.19.1 To include:</p> <ul style="list-style-type: none"> • Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Demonstrating positive facial expressions • Demonstrating positive body language
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	2.20 State the behavioural expectations within a salon environment	<ul style="list-style-type: none">• Demonstrating good eye contact• Listening• Speaking clearly 2.20.1 To include: <ul style="list-style-type: none">• Allowing the client to speak freely• Listening to the client• Not interrupting the client• Not arguing with the client• Communicating politely• Demonstrating a positive attitude• Demonstrating enthusiasm for the task
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