

## Unit 602 - Shampoo and Condition The Hair and Scalp

Guided Learning Hours: 29

Learning Outcome	Assessment Criteria	Taught content
<p>1. Be able to prepare to shampoo and condition the hair and scalp.</p>	<p>1.1 Prepare themselves, the client and work area for shampoo and conditioning services</p> <p>1.2 Identify the condition of the hair and scalp using suitable consultation techniques</p> <p>1.3 Describe the salon's requirements for client preparation, preparing themselves and the work area</p> <p>1.4 Describe the different consultation techniques used</p> <p>1.5 Describe hair and scalp conditions and their causes</p> <p>1.6 Describe different ranges of shampooing and conditioning products and equipment</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> <li>• Preparing self</li> <li>• Preparing working area</li> <li>• Sanitising/sterilising tools and equipment</li> <li>• Preparing environment</li> <li>• Assisting the client into a comfortable and relaxed position for the treatment</li> <li>• Protecting and caring for the client throughout the treatment</li> </ul> <p>1.2.1 To include:</p> <ul style="list-style-type: none"> <li>• Discussing client's needs and requirements</li> <li>• Discussing known contraindications</li> <li>• Checking the porosity</li> <li>• Checking for abrasions and abnormalities</li> </ul> <p>1.3.1 To include:</p> <ul style="list-style-type: none"> <li>• Protective clothing for self and client</li> <li>• Sanitising/sterilising tools and equipment</li> <li>• Disposing of waste hygienically and appropriately</li> </ul> <p>1.4.1 To include:</p> <ul style="list-style-type: none"> <li>• Open and closed questioning</li> <li>• Use of visual aids</li> <li>• Listening techniques</li> </ul> <p>1.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Contagious conditions</li> <li>• Non-contagious conditions</li> </ul> <p>1.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Soapless shampoos and product build-up shampoos</li> <li>• Conditioning and special treatment shampoos</li> <li>• Surface conditioners</li> <li>• Penetrating treatment conditioners</li> </ul>

	1.7 Explain the importance of following manufacturers' instructions	1.7.1 To include: <ul style="list-style-type: none"> <li>• Legal requirements</li> <li>• Influencing final results</li> </ul>
2. Be able to shampoo and condition the hair and scalp	2.1. Communicate and behave in a professional manner  2.2 Select and use products, tools and equipment suitable for the client's hair and scalp condition  2.3 Use and adapt massage techniques to meet the needs of the client  2.4 Adapt the water temperature and flow to suit the needs of the client's hair, scalp and comfort, leaving hair clean and free of products  2.5 Disentangle hair without causing damage to hair or scalp	2.1.1 To include: <ul style="list-style-type: none"> <li>• Being polite</li> <li>• Being honest</li> <li>• Speaking clearly</li> <li>• Listening attentively</li> <li>• Demonstrating positive body language and facial expressions</li> </ul> 2.2.1 To include: <ul style="list-style-type: none"> <li>• Types of shampoos</li> <li>• Types of conditioners</li> <li>• Combs</li> <li>• Steamers and accelerators</li> </ul> 2.3.1 To include: <ul style="list-style-type: none"> <li>• Effleurage</li> <li>• Petrissage</li> <li>• Rotary</li> </ul> 2.4.1 To include: <ul style="list-style-type: none"> <li>• the texture of the hair</li> <li>• the density of the hair</li> <li>• the length of hair</li> <li>• direction of the cuticle</li> <li>• testing the temperature</li> <li>• consulting the client</li> </ul> 2.5.1 To include: <ul style="list-style-type: none"> <li>• Combing with the direction of the cuticle</li> <li>• Combing the hair beginning at the points</li> <li>• Combing small sections at a time</li> </ul>

	<p>2.6 Follow safe and hygienic working practices</p> <p>2.7 Provide suitable aftercare advice</p> <p>2.8 Describe when and how to use products and equipment to treat different hair and scalp conditions</p> <p>2.9 Explain how the pH value of shampoo and conditioning products used affects the hair structure</p> <p>2.10 Describe the possible consequences of using incorrect shampooing and conditioning products</p> <p>2.11 Describe the effects of massage techniques when shampooing and conditioning different lengths and densities of hair</p>	<p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Protecting client</li> <li>• Personal protection</li> <li>• Posture and standing position</li> <li>• Sanitisation of tools and equipment</li> <li>• Disposing of waste hygienically and appropriately</li> </ul> <p>2.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Shampooing and conditioning</li> <li>• Brushing and combing</li> <li>• Drying and styling the hair</li> <li>• Finishing products</li> </ul> <p>2.8.1 To include:</p> <ul style="list-style-type: none"> <li>• Before and after colouring and perming</li> <li>• Hair conditions such as; <ul style="list-style-type: none"> <li>- <i>Dry and brittle hair</i></li> <li>- <i>Chemically processed hair</i></li> <li>- <i>Greasy hair</i></li> </ul> </li> <li>• Scalp condition such as; <ul style="list-style-type: none"> <li>- <i>Dandruff</i></li> <li>- <i>Seborrhoea</i></li> <li>- <i>Eczema</i></li> <li>- <i>Psoriasis</i></li> </ul> </li> </ul> <p>2.9.1 To include:</p> <ul style="list-style-type: none"> <li>• Alkaline effects</li> <li>• Acid properties</li> <li>• Hair's natural pH value</li> </ul> <p>2.10.1 To include:</p> <ul style="list-style-type: none"> <li>• increasing porosity and damage to the hair</li> <li>• adding more grease to hair and scalp</li> <li>• influencing further services, such as perming and colouring</li> <li>• Final hairstyle</li> </ul> <p>2.11.1 To include:</p> <ul style="list-style-type: none"> <li>• Rotary for shorter length hair</li> <li>• Effleurage and petrissage on longer hair</li> </ul>
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