

Unit 605 - Colour And Lighten Hair

Recommended Unit Guided Learning Hours – 91

Learning Outcome	Assessment Criteria	Taught content
1. Be able to prepare for colouring hair	<p>1.1 Prepare themselves, the client and work area for colouring services</p> <p>1.2 Use suitable consultation techniques to identify service objectives</p> <p>1.3 Assess the potential of the hair to achieve the desired look by identifying the influencing factors</p> <p>1.4 Explain the safety considerations that must be taken into account when colouring and lightening hair</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> • Preparing self • Preparing working area • Sanitising/sterilising tools and equipment • Preparing environment • Assisting the client into a comfortable and relaxed position for the treatment • Protecting and caring for the client throughout the treatment <p>1.2.1 To include:</p> <ul style="list-style-type: none"> • Open and closed questioning • Use of visual aids • Listening skills <p>1.3.1 To include:</p> <ul style="list-style-type: none"> • Porosity of the hair • Density of the hair • Natural base shade • Percentage of white hair • Sensitivity to products • Target colour <p>1.4.1 To include:</p> <ul style="list-style-type: none"> • Sensitivity test – reaction to artificial colour • Incompatibility test – checking for presence of metallic salts • Colour test – checking colour progress and final result • Manufacturers' instructions

ITEC Unit 605 Level 2 Colour and Lighten Hair

	1.5	Explain the dangers associated with inhalation of powder lighteners	1.5.1	To include: <ul style="list-style-type: none"> • Lung infections • Allergies
	1.6	Outline the types of colouring and lightening products	1.6.1	To include: <ul style="list-style-type: none"> • Temporary rinses • Semi-permanent colours • Permanent tints • Quasi – colours • Lightening products and Bleaches
	1.7	State the factors that need to be considered when selecting colouring products	1.7.1	To include: <ul style="list-style-type: none"> • Condition of the hair • Results of tests • Clients' natural colour • How long the client wishes the colour to last
	1.8	Explain the importance of carrying out the necessary tests prior to and during the colour service and recording the results	1.8.1	To include: <ul style="list-style-type: none"> • Protect client's health and safety • Protect the condition of the hair • Produce satisfactory results • Avoid making mistakes in the future • Avoid legal action
	1.9	Explain the principles of colour selection	1.9.1	To include: <ul style="list-style-type: none"> • Colour wheel/star
	1.10	Explain how natural hair pigments influence colour selection	1.10.1	To include: <ul style="list-style-type: none"> • How the hairs natural colour is made up from a range of tones
	1.11	Describe how the international colour chart is used to select colour	1.11.1	To include: <ul style="list-style-type: none"> • ICC numbering system

	<p>1.12 Describe how each of the colour products affects the hair structure</p> <p>1.13 Explain the uses of hydrogen peroxide when colouring and lightening the hair</p> <p>1.14 State what percentage and volume strength hydrogen peroxide means</p> <p>1.15 Explain the importance of following manufacturers' instructions</p> <p>1.16 Describe the different consultation techniques used to identify service objectives</p>	<p>1.12.1 To include:</p> <ul style="list-style-type: none"> • Temporary- coats cuticle layer • Semi-permanent – penetrates the cuticle layer and lies on the cortex layer • Permanent tints – penetrate the cortex layer and swells • Lightening products and bleaches – penetrate the cortex layer and render the natural pigments colourless • Effect of the hairs porosity influences the colouring process <p>1.13.1 To include:</p> <ul style="list-style-type: none"> • when mixed with permanent tints – swells the artificial colour and fixes it in the cortex • when mixed with lightening products and bleaches – lightens or makes the natural pigment colourless <p>1.14.1 To include:</p> <ul style="list-style-type: none"> • Range of percentage and volume hydrogen peroxide available • How the higher the percentage or volume, the more lightening effect is achieved <p>1.15.1 To include:</p> <ul style="list-style-type: none"> • To produce satisfactory results • To avoid problems or mistakes • To avoid legal action <p>1.16.1 To include:</p> <ul style="list-style-type: none"> • Open and closed questioning • Informed consent • Use of visual aids • Listening
--	---	--

	1.17 Describe the salon's requirement for client preparation, preparing themselves and the work area	1.17.1 To include: <ul style="list-style-type: none"> • Gowning • Use of towels • Brushing the hair • Arranging tools • Personal presentation
2. Be able to provide a colouring service	2.1 Communicate and behave in a professional manner 2.2 Select and use the application method, products, tools and equipment to colour hair 2.3 Position themselves and the client appropriately throughout the service 2.4 Mix and apply the colour using neat section 2.5 Monitor the development of the colour accurately, following manufacturers' instructions 2.6 Remove the colour product thoroughly from the hair and scalp, without disturbing packages still requiring development	2.1.1 To include: <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions 2.2.1 To include: <ul style="list-style-type: none"> • High-lighting • Low-lighting • Re-growth • Full-head 2.3.1 To include: <ul style="list-style-type: none"> • Correct posture and standing position • Client comfort 2.4.1 To include: <ul style="list-style-type: none"> • Following manufacturer's instructions 2.5.1 To include: <ul style="list-style-type: none"> • Checking at intervals • Checking final result 2.6.1 To include: <ul style="list-style-type: none"> • Water Presser • Direction of water flow

	2.7	Apply a suitable conditioner or post colour treatment to the hair, following manufacturers' instructions	2.7.1	To include: <ul style="list-style-type: none"> • Surface conditioners • Penetrating treatments • Leave – in conditioners • pH restorers
	2.8	Create a desired look to the satisfaction of the client	2.8.1	To include: <ul style="list-style-type: none"> • Discussing the clients' request • Recommending suitable or alternative styles • Consult the client throughout the styling process
	2.9	Provide suitable aftercare advice	2.9.1	To include: <ul style="list-style-type: none"> • Use of shampoos for coloured hair • Use of conditioners for coloured hair • Tips when swimming • Sun exposure
	2.10	Follow safe and hygienic working practices	2.10.1	To include: <ul style="list-style-type: none"> • Protecting client, self and colleagues • Sanitising tools and equipment • Disposing of waste safely
	2.11	Describe the correct use and routine maintenance of tools and equipment	2.11.1	To include: <ul style="list-style-type: none"> • Cleaning of electrical equipment:- such as accelerators • Non-metallic mixing bowls • Brushes
	2.12	State the importance of restoring the pH of the hair after a permanent colour	2.12.1	To include: <ul style="list-style-type: none"> • prolonging the colour • preventing further damage • preparing the hair for future treatments

	<p>2.13 Outline the types and causes of problems that can occur during the colouring service and how to resolve them</p> <p>2.14 Describe the aftercare advice that should be provided</p> <p>2.15 Outline safe and hygienic working practices</p> <p>2.16 State how to communicate and behave within a salon environment</p>	<p>2.13.1 To include:</p> <ul style="list-style-type: none"> • hair too light – colour choice – strength of peroxide • hair too dark – colour choice • patchy result – application technique – hair's porosity • Spot application • Colour reduction • Bleach washes • Semi permanent colour <p>2.14.1 To include:</p> <ul style="list-style-type: none"> • Use of shampoos for coloured hair • Use of conditioners for coloured hair • Tips when swimming • Sun exposure <p>2.15.1 To include:</p> <ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation of tools and equipment <p>2.16.1 To include:</p> <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions
--	---	--