

## SCHEME OF WORK APPLICATION FORM

For each ITEC qualification, the lecturer/centre must complete Scheme of Work for each unit indicating how the lecturer is planning to cover the ITEC syllabus throughout the course.

Set out the planned sessions in terms of *Learning Outcomes* to be achieved. These should match those stated within the ITEC syllabus for each unit. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the syllabus.

**Unit Title: Unit 605 - Colour And Lighten Hair**

**Lecturer(s) responsible:**

**Total contact tuition hours proposed: 91**

Learning Outcomes	Lecture Content	Suggested Resources	Approx Hours
<b>Introductory session</b>	College rules and regulations College mission statement ITEC rules and regulations Health & Safety Timetable Dates – holidays etc. Syllabus Recommended books Uniform	Lecture Q&A Using all the documents listed to ensure the students understand the college expectations and their commitment to the course	
<b>1. Be able to prepare for colouring hair</b>			
<p>Prepare themselves, the client and work area for colouring services</p> <p>Use suitable consultation techniques to identify service objectives</p> <p>Assess the potential of the hair to achieve the desired look by identifying the influencing factors</p> <p>Explain the safety considerations that must be taken into account when colouring and</p>	<ul style="list-style-type: none"> <li>Preparing self</li> <li>Preparing working area</li> <li>Sanitising/sterilising tools and equipment</li> <li>Preparing environment</li> <li>Assisting the client into a comfortable and relaxed position for the treatment</li> <li>Protecting and caring for the client throughout the treatment</li> <li>Open and closed questioning</li> <li>Use of visual aids</li> <li>Listening skills</li> <li>Porosity of the hair</li> <li>Density of the hair</li> <li>Natural base shade</li> <li>Percentage of white hair</li> <li>Sensitivity to products</li> <li>Target colour</li> <li>Sensitivity test – reaction to artificial colour</li> <li>Incompatibility test – checking for</li> </ul>	<p>OHP/Whiteboard Lecture Q&amp;A Homework Tests</p>	30

<p>lightening hair</p> <p>Explain the dangers associated with inhalation of powder lighteners</p> <p>Outline the types of colouring and lightening products</p> <p>State the factors that need to be considered when selecting colouring products</p> <p>Explain the importance of carrying out the necessary tests prior to and during the colour service and recording the results</p> <p>Explain the principles of colour selection</p> <p>Explain how natural hair pigments influence colour selection</p> <p>Describe how the international colour chart is used to select colour</p> <p>Describe how each of the colour products affects the hair structure</p>	<p>presence of metallic salts</p> <ul style="list-style-type: none"> <li>• Colour test – checking colour progress and final result</li> <li>• Manufacturers' instructions</li> <li>• Lung infections</li> <li>• Allergies</li> <li>• Temporary rinses</li> <li>• Semi-permanent colours</li> <li>• Permanent tints</li> <li>• Quasi – colours</li> <li>• Lightening products and bleaches</li> <li>• Condition of the hair</li> <li>• Results of tests</li> <li>• Clients' natural colour</li> <li>• How long the client wishes the colour to last</li> <li>• Protect client's health and safety</li> <li>• Protect the condition of the hair</li> <li>• Produce satisfactory results</li> <li>• Avoid making mistakes in the future</li> <li>• Avoid legal action</li> <li>• Colour wheel/star</li> <li>• How the hairs natural colour is made up from a range of tones</li> <li>• ICC numbering system</li> <li>• Temporary- coats cuticle layer</li> <li>• Semi-permanent – penetrates the cuticle layer and lies on the cortex layer</li> <li>• Permanent tints – penetrate the</li> </ul>		
---	--	--	--

<p>Explain the uses of hydrogen peroxide when colouring and lightening the hair</p> <p>State what percentage and volume strength hydrogen peroxide means</p> <p>Explain the importance of following manufacturers' instructions</p> <p>Describe the different consultation techniques used to identify service objectives</p> <p>Describe the salon's requirement for client preparation, preparing themselves and the work area</p>	<p>cortex layer and swells</p> <ul style="list-style-type: none"> <li>• Lightening products and bleaches – penetrate the cortex layer and render the natural pigments colourless</li> <li>• Effect of the hairs porosity influences the colouring process</li> <li>• When mixed with permanent tints – swells the artificial colour and fixes it in the cortex</li> <li>• When mixed with lightening products and bleaches – lightens or makes the natural pigment colourless</li> <li>• Range of percentage and volume hydrogen peroxide available</li> <li>• How the higher the percentage or volume, the more lightening effect is achieved</li> <li>• To produce satisfactory results</li> <li>• To avoid problems or mistakes</li> <li>• To avoid legal action</li> <li>• Open and closed questioning</li> <li>• Informed consent</li> <li>• Use of visual aids</li> <li>• Listening</li> <li>• Gowning</li> <li>• Use of towels</li> <li>• Brushing the hair</li> <li>• Arranging tools</li> <li>• Personal presentation</li> </ul>		
<b>2. Be able to provide a colouring service</b>			
<p>Communicate and behave in a professional manner</p> <p>Select and use the application method,</p>	<ul style="list-style-type: none"> <li>• Being polite</li> <li>• Being honest</li> <li>• Speaking clearly</li> <li>• Listening attentively</li> <li>• Demonstrating positive body language and facial expressions</li> <li>• High-lighting</li> </ul>	<p>OHP/Whiteboard Lecture Q&amp;A Handout: Homework Tests</p>	61

products, tools and equipment to colour hair	<ul style="list-style-type: none"> <li>• Low-lighting</li> <li>• Re-growth</li> <li>• Full-head</li> </ul>		
Position themselves and the client appropriately throughout the service	<ul style="list-style-type: none"> <li>• Correct posture and standing position</li> <li>• Client comfort</li> </ul>		
Mix and apply the colour using neat section	<ul style="list-style-type: none"> <li>• Following manufacturer's instructions</li> </ul>		
Monitor the development of the colour accurately, following manufacturers' instructions	<ul style="list-style-type: none"> <li>• Checking at intervals</li> <li>• Checking final result</li> </ul>		
Remove the colour product thoroughly from the hair and scalp, without disturbing packages still requiring development	<ul style="list-style-type: none"> <li>• Water Pressure</li> <li>• Direction of water flow</li> </ul>		
Apply a suitable conditioner or post colour treatment to the hair, following manufacturers' instructions	<ul style="list-style-type: none"> <li>• Surface conditioners</li> <li>• Penetrating treatments</li> <li>• Leave – in conditioners</li> <li>• pH restorers</li> </ul>		
Create a desired look to the satisfaction of the client	<ul style="list-style-type: none"> <li>• Discussing the clients' request</li> <li>• Recommending suitable or alternative styles</li> <li>• Consult the client throughout the styling process</li> </ul>		
Provide suitable aftercare advice	<ul style="list-style-type: none"> <li>• Use of shampoos for coloured hair</li> <li>• Use of conditioners for coloured hair</li> <li>• Tips when swimming</li> <li>• Sun exposure</li> </ul>		
Follow safe and hygienic working practices	<ul style="list-style-type: none"> <li>• Protecting client, self and colleagues</li> <li>• Sanitising tools and equipment</li> <li>• Disposing of waste safely</li> </ul>		
Describe the correct use and routine maintenance of tools and equipment	<ul style="list-style-type: none"> <li>• Cleaning of electrical equipment:- such as accelerators</li> <li>• Non-metallic mixing bowls</li> <li>• Brushes</li> </ul>		

<p>State the importance of restoring the pH of the hair after a permanent colour</p> <p>Outline the types and causes of problems that can occur during the colouring service and how to resolve them</p> <p>Describe the aftercare advice that should be provided</p> <p>Outline safe and hygienic working practices</p> <p>State how to communicate and behave within a salon environment</p>	<ul style="list-style-type: none"> <li>• Prolonging the colour</li> <li>• Preventing further damage</li> <li>• Preparing the hair for future treatments</li> <li>• Hair too light – colour choice – strength of peroxide</li> <li>• Hair too dark – colour choice</li> <li>• Patchy result – application technique – hair's porosity</li> <li>• Spot application</li> <li>• Colour reduction</li> <li>• Bleach washes</li> <li>• Semi permanent colour</li> <li>• Use of shampoos for coloured hair</li> <li>• Use of conditioners for coloured hair</li> <li>• Tips when swimming</li> <li>• Sun exposure</li> <li>• Protecting client</li> <li>• Personal protection</li> <li>• Posture and standing position</li> <li>• Sanitisation of tools and equipment</li> <li>• Being polite</li> <li>• Being honest</li> <li>• Speaking clearly</li> <li>• Listening attentively</li> <li>• Demonstrating positive body language and facial expressions</li> </ul>		
<b>Mock Practical</b>	To include full treatment		
<b>Mock Theory</b>	To include all the theory	Mock theory paper	