

## Unit 609 – Relax African Type Hair

Guided Learning Hours: 44

Learning Outcome	Assessment Criteria	Taught Content
<p>1 Be able to prepare African type hair for relaxing</p>	<p>1.1 Prepare themselves, the client and the work area for relaxing services</p> <p>1.2 Use suitable consultation techniques to identify service objectives</p> <p>1.3 Conduct all necessary tests following manufacturers' instructions, seeking assistance when contraindications and or reactions to tests cause doubts as to the suitability of the service for the client</p> <p>1.4 Apply pre-relaxing products to:           <ul style="list-style-type: none"> <li>• protect the scalp</li> <li>• even out the porosity of the hair</li> </ul> </p> <p>1.5 Describe the salon's requirement for client preparation, preparing themselves and the work area</p> <p>1.6 Describe the different consultation techniques used to identify service objectives</p> <p>1.7 Outline the main legislation that affects the</p>	<p>1.1.1 To include:           <ul style="list-style-type: none"> <li>• Preparing self</li> <li>• Preparing working area</li> <li>• Sanitising/sterilising tools and equipment</li> <li>• Preparing environment</li> <li>• Assisting the client into a comfortable and relaxed position for the treatment</li> <li>• Protecting and caring for the client throughout the treatment</li> </ul> </p> <p>1.2.1 To include:           <ul style="list-style-type: none"> <li>• Discussing client's needs and requirements</li> <li>• Discussing limitations</li> <li>• Consulting with client throughout the service</li> </ul> </p> <p>1.3.1 To include:           <ul style="list-style-type: none"> <li>• Checking the texture of the hair</li> <li>• Checking the density of the hair</li> <li>• Checking the porosity of the hair</li> <li>• Checking the length of re-growth if previously relaxed</li> <li>• Checking the scalp condition</li> </ul> </p> <p>1.4.1 To include:           <ul style="list-style-type: none"> <li>• Protective scalp gel</li> </ul> </p> <p>1.5.1 To include:           <ul style="list-style-type: none"> <li>• Protective clothing for self and client</li> <li>• Sanitising/sterilising tools and equipment</li> <li>• Disposing of waste hygienically and appropriately</li> </ul> </p> <p>1.6.1 To include:           <ul style="list-style-type: none"> <li>• Open and closed questioning</li> <li>• Use of visual aids</li> <li>• Listening techniques</li> </ul> </p> <p>1.7.1 To include:</p>

	service	<ul style="list-style-type: none"> <li>• The Health and Safety at Work Act</li> <li>• The Control of Substances Hazardous to Health (COSHH)</li> </ul>
2. Be able to relax and normalise hair	<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Select and use products, tools and techniques suitable for the client's hair</p> <p>2.3 Follow manufacturer's instructions when applying and timing the relaxer, taking strand tests at suitable times throughout the process</p> <p>2.4 Monitor the comfort of the client at regular intervals throughout the relaxing process, remedying any problems that may arise</p> <p>2.5 Follow safe and hygienic working practices</p> <p>2.6 Remove chemicals in a way which minimises the risk of damage to the hair</p> <p>2.7 Use post relaxing treatments to restore</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> <li>• Being polite</li> <li>• Being honest</li> <li>• Speaking clearly</li> <li>• Listening attentively</li> <li>• Demonstrating positive body language and facial expressions</li> </ul> <p>2.2.1 To include:</p> <ul style="list-style-type: none"> <li>• Brushes and combs</li> <li>• Products for protecting the scalp</li> <li>• Products for protecting the hair</li> <li>• Relaxing products and neutralising shampoos</li> </ul> <p>2.3.1 To include:</p> <ul style="list-style-type: none"> <li>• Full- head</li> <li>• Re-growth</li> <li>• Smoothing</li> </ul> <p>2.4.1 To include:</p> <ul style="list-style-type: none"> <li>• Checking for scalp irritation</li> <li>• Removing relaxing product immediately</li> </ul> <p>2.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Protecting client</li> <li>• Personal protection</li> <li>• Posture and standing position</li> <li>• Sanitisation/sterilisation of tools and equipment</li> <li>• Disposing of waste hygienically and appropriately</li> </ul> <p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Control of water temperature</li> <li>• Control of water direction and flow</li> <li>• Massage techniques</li> </ul> <p>2.7.1 To include:</p>

	the hairs' pH balance	<ul style="list-style-type: none"> <li>• Neutralising shampoo</li> <li>• Moisturising conditioner</li> </ul>
2.8	Achieve the required degree of straightness that is acceptable to the client	2.8.1 To include: <ul style="list-style-type: none"> <li>• Checking the result after neutralising</li> <li>• Consulting the client throughout the service</li> </ul>
2.9	Provide suitable aftercare advice	2.9.1 To include: <ul style="list-style-type: none"> <li>• Shampooing and conditioning</li> <li>• Brushing and combing</li> <li>• Drying and styling the hair</li> <li>• Finishing products</li> </ul>
2.10	Describe the potential effects of different relaxing products on the hair structure	2.10.1 To include: <ul style="list-style-type: none"> <li>• Sodium relaxers</li> <li>• Non-sodium relaxers</li> </ul>
2.11	Explain the importance of accurate timing and thorough rinsing of products	2.11.1 To include: <ul style="list-style-type: none"> <li>• Avoiding damage and breakage to the hair</li> <li>• Achieving the desired result</li> </ul>
2.12	Explain the effect of pre and post-relaxer treatments on the hair structure	2.12.1 To include: <ul style="list-style-type: none"> <li>• Evening out porosity</li> <li>• Moisturising the hair</li> <li>• Restoring hairs' natural pH</li> </ul>
2.13	Describe the factors that should be considered when selecting sodium or non-sodium relaxing products and why it is important to use products from the same system	2.13.1 To include: <ul style="list-style-type: none"> <li>• Condition of the hair</li> <li>• Previous relaxing services</li> <li>• Degree of natural curl</li> <li>• Degree of straightness required</li> </ul>
2.14	Describe the method and sequence of application of scalp protectors, relaxing and normalising products	2.14.1 To include: <ul style="list-style-type: none"> <li>• Applicators used to apply the scalp protection first</li> <li>• Brushes to apply the relaxing product next</li> <li>• Brushes or spatulas for smoothing prior to processing</li> <li>• Neutralising/normalising shampoos to fix the hair in its new position</li> </ul>
2.15	Describe the potential problems that can	2.15.1 To include:

	occur when relaxing hair and how to remedy them	<ul style="list-style-type: none"> <li>• Scalp irritation and required action</li> <li>• Incorrect degree of straightening and recommended action</li> </ul>
2.16	Outline safe and hygienic working practices	2.16.1 To include: <ul style="list-style-type: none"> <li>• Protecting client</li> <li>• Personal protection</li> <li>• Posture and standing position</li> <li>• Sanitisation/sterilisation of tools and equipment</li> </ul>
2.17	State how to communicate and behave within a salon environment	2.17.1 To include: <ul style="list-style-type: none"> <li>• Being polite</li> <li>• Being honest</li> <li>• Speaking clearly</li> <li>• Listening attentively</li> <li>• Demonstrating positive body language and facial expressions</li> </ul>
2.18	Describe the aftercare advice that should be provided	2.18.1 To include: <ul style="list-style-type: none"> <li>• Shampooing and conditioning the hair</li> <li>• How to brush and comb the hair</li> <li>• How to maintain the style</li> <li>• Use of finishing products</li> </ul>