

Unit 609 – Relax African Type Hair

Guided Learning Hours: 44

Learning Outcome	Assessment Criteria	Taught Content
<p>1 Be able to prepare African type hair for relaxing</p>	<p>1.1 Prepare themselves, the client and the work area for relaxing services</p> <p>1.2 Use suitable consultation techniques to identify service objectives</p> <p>1.3 Conduct all necessary tests following manufacturers' instructions, seeking assistance when contraindications and or reactions to tests cause doubts as to the suitability of the service for the client</p> <p>1.4 Apply pre-relaxing products to:</p> <ul style="list-style-type: none"> • protect the scalp • even out the porosity of the hair <p>1.5 Describe the salon's requirement for client preparation, preparing themselves and the work area</p> <p>1.6 Describe the different consultation techniques used to identify service objectives</p> <p>1.7 Outline the main legislation that affects the</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> • Preparing self • Preparing working area • Sanitising/sterilising tools and equipment • Preparing environment • Assisting the client into a comfortable and relaxed position for the treatment • Protecting and caring for the client throughout the treatment <p>1.2.1 To include:</p> <ul style="list-style-type: none"> • Discussing client's needs and requirements • Discussing limitations • Consulting with client throughout the service <p>1.3.1 To include:</p> <ul style="list-style-type: none"> • Checking the texture of the hair • Checking the density of the hair • Checking the porosity of the hair • Checking the length of re-growth if previously relaxed • Checking the scalp condition <p>1.4.1 To include:</p> <ul style="list-style-type: none"> • Protective scalp gel <p>1.5.1 To include:</p> <ul style="list-style-type: none"> • Protective clothing for self and client • Sanitising/sterilising tools and equipment • Disposing of waste hygienically and appropriately <p>1.6.1 To include:</p> <ul style="list-style-type: none"> • Open and closed questioning • Use of visual aids • Listening techniques <p>1.7.1 To include:</p>

	service	<ul style="list-style-type: none"> • The Health and Safety at Work Act • The Control of Substances Hazardous to Health (COSHH)
2. Be able to relax and normalise hair	<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Select and use products, tools and techniques suitable for the client's hair</p> <p>2.3 Follow manufacturer's instructions when applying and timing the relaxer, taking strand tests at suitable times throughout the process</p> <p>2.4 Monitor the comfort of the client at regular intervals throughout the relaxing process, remedying any problems that may arise</p> <p>2.5 Follow safe and hygienic working practices</p> <p>2.6 Remove chemicals in a way which minimises the risk of damage to the hair</p> <p>2.7 Use post relaxing treatments to restore</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions <p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Brushes and combs • Products for protecting the scalp • Products for protecting the hair • Relaxing products and neutralising shampoos <p>2.3.1 To include:</p> <ul style="list-style-type: none"> • Full- head • Re-growth • Smoothing <p>2.4.1 To include:</p> <ul style="list-style-type: none"> • Checking for scalp irritation • Removing relaxing product immediately <p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation/sterilisation of tools and equipment • Disposing of waste hygienically and appropriately <p>2.6.1 To include:</p> <ul style="list-style-type: none"> • Control of water temperature • Control of water direction and flow • Massage techniques <p>2.7.1 To include:</p>

	the hairs' pH balance	<ul style="list-style-type: none"> • Neutralising shampoo • Moisturising conditioner
2.8	Achieve the required degree of straightness that is acceptable to the client	2.8.1 To include: <ul style="list-style-type: none"> • Checking the result after neutralising • Consulting the client throughout the service
2.9	Provide suitable aftercare advice	2.9.1 To include: <ul style="list-style-type: none"> • Shampooing and conditioning • Brushing and combing • Drying and styling the hair • Finishing products
2.10	Describe the potential effects of different relaxing products on the hair structure	2.10.1 To include: <ul style="list-style-type: none"> • Sodium relaxers • Non-sodium relaxers
2.11	Explain the importance of accurate timing and thorough rinsing of products	2.11.1 To include: <ul style="list-style-type: none"> • Avoiding damage and breakage to the hair • Achieving the desired result
2.12	Explain the effect of pre and post-relaxer treatments on the hair structure	2.12.1 To include: <ul style="list-style-type: none"> • Evening out porosity • Moisturising the hair • Restoring hairs' natural pH
2.13	Describe the factors that should be considered when selecting sodium or non-sodium relaxing products and why it is important to use products from the same system	2.13.1 To include: <ul style="list-style-type: none"> • Condition of the hair • Previous relaxing services • Degree of natural curl • Degree of straightness required
2.14	Describe the method and sequence of application of scalp protectors, relaxing and normalising products	2.14.1 To include: <ul style="list-style-type: none"> • Applicators used to apply the scalp protection first • Brushes to apply the relaxing product next • Brushes or spatulas for smoothing prior to processing • Neutralising/normalising shampoos to fix the hair in its new position
2.15	Describe the potential problems that can	2.15.1 To include:

	<p>occur when relaxing hair and how to remedy them</p> <p>2.16 Outline safe and hygienic working practices</p> <p>2.17 State how to communicate and behave within a salon environment</p> <p>2.18 Describe the aftercare advice that should be provided</p>	<ul style="list-style-type: none"> • Scalp irritation and required action • Incorrect degree of straightening and recommended action <p>2.16.1 To include:</p> <ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation/sterilisation of tools and equipment <p>2.17.1 To include:</p> <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions <p>2.18.1 To include:</p> <ul style="list-style-type: none"> • Shampooing and conditioning the hair • How to brush and comb the hair • How to maintain the style • Use of finishing products
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