

Unit 625 – Relaxing Services for African Type Hair

Guided Learning Hours: 44

Learning Outcome	Assessment Criteria	Taught Content
<p>1. Be able to prepare to provide a variety of relaxing services</p>	<p>1.1 Prepare themselves, the client and the work area for relaxing services</p> <p>1.2 Use suitable consultation techniques to identify the service objectives</p> <p>1.3 Conduct a range of tests following manufacturers' instructions and recognised industry procedures</p> <p>1.4 Present suitable options for a course of action, based on the nature and extent of any issues affecting the relaxing service required</p> <p>1.5 Apply pre-relaxing products to:</p> <ul style="list-style-type: none"> - protect the scalp - even out the porosity of the hair <p>1.6 Describe the salon's requirements for client preparation, preparing themselves and the work area</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> • Preparing self • Preparing working area • Sanitising/sterilising tools and equipment • Preparing environment • Assisting the client into a comfortable and relaxed position for the treatment • Protecting and caring for the client throughout the treatment <p>1.2.1 To include:</p> <ul style="list-style-type: none"> • Discussing client's needs and requirements • Discussing limitations • Consulting with client throughout the service <p>1.3.1 To include:</p> <ul style="list-style-type: none"> • Checking the texture of the hair • Checking the density of the hair • Checking the length of hair • Checking the length of re-growth if previously relaxed • Checking the scalp condition <p>1.4.1 To include:</p> <ul style="list-style-type: none"> • Non-chemical straightening services • Conditioning treatments <p>1.5.1 To include:</p> <ul style="list-style-type: none"> • Protective scalp gel • Pre-relaxing creams and lotions <p>1.6.1 To include:</p> <ul style="list-style-type: none"> • Protective clothing for self and client • Sanitising/sterilising tools and equipment • Disposing of waste hygienically and appropriately

	<p>1.7 Describe the different consultation techniques used to identify service objectives</p> <p>1.8 Explain the importance of hair and scalp analysis and tests</p> <p>1.9 Describe the action to take in the event of adverse reactions to tests and contraindications to the service</p> <p>1.10 Explain the importance of applying scalp protection and pre-relaxing products before the service</p> <p>1.11 Outline the main legislation that affects the relaxing service</p>	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> • Open and closed questioning • Use of visual aids • Listening techniques <p>1.8.1 To include:</p> <ul style="list-style-type: none"> • Avoiding cross infection • Avoiding damage to scalp and breakage to the hair • Achieving the desired result • Avoiding legal action <p>1.9.1 To include:</p> <ul style="list-style-type: none"> • Advising client of the results • Advising not carrying out the service • Advising client to seek medical advice as appropriate <p>1.10.1 To include:</p> <ul style="list-style-type: none"> • Avoiding burning the scalp during relaxing • Evening out the porosity of the hair • Avoiding damage to the hair <p>1.11.1 To include general compliance of the country therein: e.g.</p> <ul style="list-style-type: none"> • Health and Safety at Work • The Control of Substances Hazardous to Health (COSHH)
<p>2. Be able to provide relaxing services</p>	<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Select and use products, tools and equipment based on the outcomes of the consultation</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions <p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Brushes and combs • Products for protecting the scalp • Products for protecting the hair • Relaxing products and neutralising shampoos

	<p>2.3 Carry out relaxing services using suitable application techniques</p> <p>2.4 Monitor the development of the product, remedying any arising problems</p> <p>2.5 Remove chemicals in a way that minimises risk of hair damage</p> <p>2.6 Achieve the desired degree of straightness</p> <p>2.7 Apply a suitable post-conditioning treatment</p> <p>2.8 Follow safe and hygienic working practices</p> <p>2.9 Provide suitable aftercare advice</p> <p>2.10 Describe how the different chemical ingredients in relaxing products affect the hair structure</p>	<p>2.3.1 To include:</p> <ul style="list-style-type: none"> • Full- head • Re-growth • Smoothing <p>2.4.1 To include:</p> <ul style="list-style-type: none"> • Checking for scalp irritation • Removing relaxing product immediately <p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Control of water temperature • Control of water direction and flow • Massage techniques <p>2.6.1 To include:</p> <ul style="list-style-type: none"> • Checking the result after neutralising • Consulting the client throughout the service <p>2.7.1 To include:</p> <ul style="list-style-type: none"> • Moisturising conditioner <p>2.8.1 To include:</p> <ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position • Sanitisation/sterilisation of tools and equipment • Disposing of waste hygienically and appropriately <p>2.9.1 To include:</p> <ul style="list-style-type: none"> • Shampooing and conditioning • Brushing and combing • Drying and styling the hair • Finishing products <p>2.10.1 To include:</p> <ul style="list-style-type: none"> • Sodium relaxers • Non-sodium relaxers
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	<p>2.11 Explain the importance of using pre- and post-relaxing treatments and how the active ingredients affect the hair structure</p> <p>2.12 Explain the effect of neutralising shampoos on the hair structure</p> <p>2.13 Explain how the pH of relaxing products affects the pH balance of the hair and procedures used to restore the natural pH balance of the hair</p> <p>2.14 Explain the application techniques for relaxing the hair</p> <p>2.15 Explain the importance of timing and thorough rinsing of products</p> <p>2.16 Describe how and why contraindications can affect the delivery of relaxing services</p> <p>2.17 Describe the potential problems with corrective relaxing and relaxing services and how to remedy them</p> <p>2.18 Explain the importance of following manufacturers' instructions when using relaxing products in the salon</p> <p>2.19 Outline safe and hygienic working practices</p>	<p>2.11.1 To include:</p> <ul style="list-style-type: none"> • Evening out porosity • Moisturising the hair • Restoring hairs' natural pH <p>2.12.1 To include:</p> <ul style="list-style-type: none"> • Rebuilding the disulphide bonds <p>2.13.1 To include:</p> <ul style="list-style-type: none"> • The hair's natural pH • Sodium and non-sodium relaxers • Neutralising shampoos • Moisturising conditioners <p>2.14.1 To include:</p> <ul style="list-style-type: none"> • Full-head • Re-growth <p>2.15.1 To include:</p> <ul style="list-style-type: none"> • Avoiding damage and breakage to the hair • Achieving the desired result <p>2.16.1 To include:</p> <ul style="list-style-type: none"> • Preventing service to be carried out • Avoiding damage to the hair • Legal responsibilities <p>2.17.1 To include:</p> <ul style="list-style-type: none"> • Breakage to the hair • Pre-relaxing products <p>2.18.1 To include:</p> <ul style="list-style-type: none"> • Avoiding mistakes • Producing desired result • Preventing legal action <p>2.19.1 To include:</p> <ul style="list-style-type: none"> • Protecting client • Personal protection • Posture and standing position
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	<p>2.20 Describe the aftercare that should be provided</p> <p>2.21 State how to communicate and behave within a salon environment</p>	<ul style="list-style-type: none"> • Sanitisation/sterilisation of tools and equipment <p>2.20.1 To include:</p> <ul style="list-style-type: none"> • Shampooing and conditioning the hair • How to brush and comb the hair • How to maintain the style • Use of finishing products <p>2.21.1 To include:</p> <ul style="list-style-type: none"> • Being polite • Being honest • Speaking clearly • Listening attentively • Demonstrating positive body language and facial expressions
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