

ITEC Unit 668 Shampoo and Condition Hair

<p>What this unit is about:</p>	<p>This unit is about the skill of shampooing and conditioning using massage techniques and products for different types of hair, following the instructions of a stylist.</p> <p>To carry out this unit, you will need to maintain health, safety and hygiene throughout your work. You will also need to maintain a professional personal appearance and demonstrate good communication skills.</p> <p>The main outcomes of this unit are:</p> <ol style="list-style-type: none"> 1. maintain effective and safe methods of working when shampooing and conditioning hair 2. shampoo hair and scalp 3. apply conditioners to the hair
<p>Evidence Requirements:</p>	<ol style="list-style-type: none"> 1. Simulation is not allowed for any performance evidence within this unit 2. You must practically demonstrate in your everyday work that you have met the standard for blow drying hair 3. Your Assessor will observe these aspects of your performance on at least 3 occasions each for a different client 4. From the range, you must show that you have: <ul style="list-style-type: none"> - used both types of tools - worked on both the hair lengths - used all the blow drying techniques 5. If the range requirement has not been fully covered by these observations you may be able to provide additional observed evidence
<p>What you must do: (Performance Criteria)</p>	<p>Maintain Effective and Safe Methods of Working when Shampooing and Conditioning Hair</p> <p>P1 maintain your responsibilities for health and safety throughout the service</p> <p>P2 prepare your client to meet salon's requirements</p> <p>P3 protect your client's clothing throughout the service</p> <p>P4 wear personal protective equipment, if required</p> <p>P5 position your client to meet the needs of the service without causing them discomfort</p> <p>P6 ensure your own posture and position whilst working minimises fatigue and the risk of injury</p> <p>P7 keep your work area clean and tidy throughout the service</p> <p>P8 use work methods that:</p> <p>P8.1 minimise the wastage of products</p> <p>P8.2 minimise the risk of cross-infection</p> <p>P8.3 make effective use of your working time</p> <p>P8.4 ensure the use of clean resources</p> <p>P8.5 minimise the risk of harm or injury to yourself and others</p> <p>P9 ensure your personal hygiene, protection and appearance meets accepted</p>

	<div>industry and organisational requirements</div> <div>P10 follow stylist's instructions throughout the service</div> <div>P11 follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products</div> <div>P12 replenish low levels of resources, when required, to minimise disruption to your own work and to clients</div> <div>P13 complete the shampooing and conditioning service within a commercially viable time</div>
	<div>Shampoo Hair and Scalp</div> <div>P14 use products and tools following the stylist's instructions</div> <div>P15 use massage techniques suitable for your client's hair following stylist instructions</div> <div>P16 adapt the water temperature, flow and direction to suit the needs of your client's hair and the next part of the service</div> <div>P17 ensure your massage techniques achieve an even distribution of shampoo over the hair and scalp</div> <div>P18 leave your client's hair clean and free from shampoo and excess water</div> <div>P19 leave your client's hair tangle free and without damage to the hair and scalp</div> <div>P20 refer any problems to the relevant person</div>
	<div>Apply Conditioners to the Hair</div> <div>P21 use conditioning products and tools following the stylist's instructions</div> <div>P22 use massage techniques suitable for your client's hair following stylist's instructions</div> <div>P23 monitor and time the development of the conditioning products and apply heat at the correct temperature, if required</div> <div>P24 remove the conditioning products in a way that avoids disturbing the direction of the cuticle</div> <div>P25 leave your client's hair clean and free from conditioning products, if required and excess water</div> <div>P26 comb through your client's hair without causing damage to the hair and scalp, when required refer any problems to the relevant person</div>
<div>You must complete a minimum of 3 performances</div>	<div>Practical performance</div> <div>123</div> <div>Date and Assessor Initials:</div> <div></div> <div></div> <div></div>
<div>What you must cover (Range):</div> <div>To perform this unit successfully you need to cover the range</div>	<div>1</div> <div>Massage Techniques</div> <div>1.1 effleurage</div> <div>1.2 rotary</div> <div>1.3 friction</div> <div>1.4 petrissage</div> <div></div> <div></div> <div></div> <div></div>

	<div>2Conditioning Products</div> <div>2.1surface</div> <div>2.2penetrating</div>	<div></div> <div></div>
<div>What you must know:</div> <div>To perform this unit successfully you will need to know and understand:</div>	<div>Maintain Effective and Safe Methods of Working when Shampooing and Conditioning Hair</div> <div>K1your responsibilities for health and safety as defined by any specific legislation covering your job role</div> <div>K2your salon's requirements for client preparation</div> <div>K3the range of protective clothing that should be available to yourself and clients</div> <div>K4what contact dermatitis is, and how to avoid developing it whilst carrying out hairdressing services</div> <div>K5how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury</div> <div>K6why it is important to keep your work area clean and tidy</div> <div>K7the importance of using shampoos and conditioners cost effectively</div> <div>K8methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation</div> <div>K9the hazards and risks which exist in your workplace and the safe working practices which you must follow</div> <div>K10the importance of following your stylist's instructions</div> <div>K11suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow</div> <div>K12the importance of personal hygiene and presentation in maintaining health and safety in your workplace</div> <div>K13the person to whom you should report low levels of resources</div> <div>K14your salon's expected service time for shampooing and conditioning</div> <div>Shampooing and Conditioning</div> <div>K15what may happen if instructions for shampooing and conditioning hair are not followed</div> <div>K16how shampoo and water act together to cleanse the hair</div> <div>K17how the build-up of products can affect the hair, scalp and effectiveness of other services</div> <div>K18how shampoos and conditioning products affect the hair and scalp</div> <div>K19different types of shampoo and conditioning products and their effects</div> <div>K20when and how to use different massage techniques when shampooing and conditioning different lengths of hair</div> <div>K21how to shampoo and condition the hair and the potential consequences of doing this incorrectly</div> <div>K22the types and causes of problems that can arise when shampooing and</div>	

	<p>conditioning hair</p> <p>K23 the types of problems that should be reported and the person to whom they should be reported to</p> <p>K24 the effects of water temperature on the scalp</p> <p>K25 the importance of removing shampoo and conditioner and excess water from the hair</p> <p>K26 the importance of detangling the hair from point to root</p> <p>K27 the importance of detangling the hair without causing damage to the hair and scalp</p> <p>K28 the importance of checking client comfort throughout the shampooing and conditioning process</p> <p>K29 how heat affects the hair during the conditioning treatment</p> <p>K 30 how to use electrical heated equipment when conditioning hair</p>
	<p>Assignment: Date..... MCQ: Date.....</p> <p>Learner signature..... Assessor signature.....</p> <p>Internal verifier signature (if sampled)</p>