



TA922

**ITEC Unit 922 - Origins, Principles and Theories of Massage
Task Assessment Form**

INSTRUCTIONS: This assessment sheet must be completed in full for each learner by the Internal Assessor

- **Setting up the scene** – The learner must demonstrate the process of preparing for and performing massage, on a minimum of 2 individuals with differing characteristics, either in an appropriate workplace or a realistic simulated workplace
- **Conducting the assessment** – The evaluation should be based on the criteria detailed below. The assessor should base their evaluation entirely on the learner's performance during the assessment exercise; they should remain objective and should not coach or distract the learner during the assessment. Please indicate with a ✓ criteria that are completed successfully, indicating with an X criteria that have not been completed successfully. **Once all boxes have been ticked the assessor must place a ✓ in the pass box indicating that the task is complete**

Criteria	Assessor's Comments				
	Completed	Completed	Completed	Completed	
Demonstrate suitable/appropriate hygiene, safety and professional practice					
Perform a lifestyle and general questionnaire prior to massage					
Demonstrate preparation of the individual					
Demonstrate preparation of the area to be worked on					
Demonstrate maintenance of the working area					
Demonstrate massage on each of the selected areas					
Demonstrate all massage techniques adapting where appropriate					
Demonstrate the use of all of the selected range of products/tools					
Recognition of contra-actions					
Demonstrate aftercare advice					
Complete record card					

Task Completed – Pass ☐

Learner's Name.....
Learner's Signature.....
Assessor's Signature.....
Assessor's Name.....
Date.....

External Verifier's Name.....
External Verifier's Signature.....
Date.....