

Unit 922 – Origins, Principles and Theories of Massage

Unit Accreditation Number: M/601/4358

Learning Outcome	Assessment Criteria
1. Be able to prepare for massage treatment	1.1 Prepare themselves, the client and work area for a massage treatment 1.2 Use suitable consultation techniques to identify treatment objectives 1.3 Advise the client on how to prepare for the treatment 1.4 Identify influencing factors 1.5 Provide clear recommendations to the client based on factors 1.6 Describe salon's requirement for client preparation, preparing themselves and the work area 1.7 Identify different consultation techniques used to identify treatment objectives 1.8 Describe the factors that need to be considered when selecting techniques, products and equipment 1.9 Describe the environmental conditions suitable for massage treatment 1.10 Describe the safety considerations that must be taken into account when providing massage treatment 1.11 Identify the range of equipment used for massage treatment 1.12 Identify products used and their key ingredients 1.13 Describe contraindications that prevent or restrict massage treatment
2. Be able to provide massage treatment	2.1 Communicate and behave in a professional manner 2.2 Position themselves and the client correctly throughout the treatment 2.3 Select and use products, equipment and techniques taking into account identified factors 2.4 Follow safe and hygienic working practices 2.5 Identify contra-actions and take appropriate action during treatment 2.6 Provide suitable aftercare advice 2.7 Complete the treatment to the satisfaction of the client 2.8 Evaluate the results of the treatment with the client 2.9 Describe how to communicate and behave in a professional manner 2.10 State the importance of positioning themselves and the client correctly throughout the treatment 2.11 Describe safe and hygienic working practices 2.12 Describe contra-actions which might occur during and following the treatment and how to respond 2.13 Describe the aftercare advice that should be provided

	2.14 State the importance of completing the treatment to the satisfaction of the client 2.15 State the methods of evaluating the effectiveness of the treatment 2.16 Describe the physiological effects and benefits of massage 2.17 Describe the psychological effects of massage
Assessment method:	Internal Assessment <input type="checkbox"/> Assignment <input type="checkbox"/> Assignment <input type="checkbox"/> Date:..... Date:..... Date:.....

Unit complete:

Lecturer/Assessor's name..... Signature Date.....

Quality Assured by: name.....SignatureDate sampled.....