

<p><b>ITEC Level 2</b></p> <p><b>Unit 811 – Design and Apply Mendhi Skin Decoration</b></p> <p><b>Recommended Minimum Guided Learning Hours – 34</b></p>	
<p><b>Learning outcome</b> The Learner will:</p> <p>1. Be able to prepare for Mendhi skin decoration</p>	
<p><b>Assessment Criteria</b></p>	<p><b>Taught content</b></p>
<p>1.1 Prepare themselves, client and work area for application</p> <p>1.2 Use suitable consultation techniques to identify design objectives</p> <p>1.3 Carry out a skin sensitivity test, if required</p> <p>1.4 Provide clear recommendations to the client</p>	<p>1.1.1 To include: • Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising /sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty</p> <p>1.2.1 To include: An example of a consultation form can be downloaded from <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a> • Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contraindications and contra-actions • Mendhi skin decoration design plan • Products used • Consent • Confidentiality • Client's signature</p> <p>1.3.1 To include: • Type of test conducted • Date and time when patch test was conducted (must be 24 – 48 hours prior to treatment) • Manufacturers' recommendations • All products tested • Area where tests conducted • Skin reaction: positive or negative • Disclaimer form • Client's signature on disclaimer form</p> <p>1.4.1 Taking into account the following: • The outcome of the skin analysis, relevant tests and Mendhi skin decoration design plan • Occupation • Lifestyle • Current regime • Treatment maintenance</p>

<p>1.5 Select products, tools and equipment to suit design objectives</p>	<p>1.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid</li> <li>• Magnifying lamp • Tissues • Cotton wool • Gloves • Spatulas • Bowls • Mirror</li> <li>• Henna cones • Tape • Applicator bottle • Orangewood stick • Scissors • Fine nylon strainer • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser</li> <li>• Chemical immersion equipment • Waste disposal</li> <li>• Products for the following treatments: • Mendhi skin decoration</li> </ul>
<p>1.6 State the environmental conditions suitable for Mendhi skin decoration</p>	<p>1.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Lighting • Heating • Ventilation • Noise levels • Available space • Music</li> <li>• General hygiene • Waste disposal • Décor • Equipment e.g. workstation/trolley</li> <li>• Privacy • Reception areas • General use/treatment areas</li> </ul>
<p>1.7 Describe different consultation techniques used to identify design objectives</p>	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Positive body language • Positioning of themselves and client (no barriers)</li> <li>• Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication</li> </ul>
<p>1.8 Explain the importance of carrying out skin sensitivity tests</p>	<p>1.8.1 To include:</p> <ul style="list-style-type: none"> <li>• Type of tests conducted • Date and time when patch test was conducted (must be 24–48 hours prior to treatment) • Manufacturers' recommendations</li> <li>• All products tested • Area where test conducted • Skin reaction: positive or negative • Disclaimer form • Client's consent and signature on disclaimer form</li> <li>• Adhere to Code of Practice • Establish treatment suitability • Establish possible contra-actions</li> </ul>
<p>1.9 Describe how to select products, tools and equipment to suit the design objectives</p>	<p>1.9.1 To include:</p> <ul style="list-style-type: none"> <li>• The importance of selecting the correct products, tools and equipment based upon client consultation, relevant tests and design objectives</li> <li>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid</li> <li>• Magnifying lamp • Tissues • Cotton wool • Gloves • Spatulas • Bowls • Mirror</li> <li>• Henna cones • Tape • Applicator bottle • Orangewood stick • Scissors • Fine nylon strainer • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser</li> <li>• Chemical immersion equipment • Waste disposal</li> <li>• Skin cleansing products • Pre-filtered Henna powder • Lemon juice • Sugar</li> <li>• Essential oils i.e. Eucalyptus, Tea Tree, Lavender • Water • Tea • Pre-prepared Henna paste</li> <li>• Mendhi skin decoration techniques</li> <li>• The methods, hygiene and safety precautions, effects and benefits of all treatment techniques used to meet the design objectives</li> </ul>

<p>1.10 Identify the different types of products and techniques available for Mendhi skin decoration</p>	<p>1.10.1 To include:</p> <ul style="list-style-type: none"> <li>• Henna cones • Tape • Applicator bottle i.e. jacquard bottle • Orangewood stick</li> <li>• Henna powder • Lemon juice • Sugar • Essential oils i.e. Eucalyptus, lavender, tea tree • Tea • Water • Pre-prepared Henna paste • Freehand • Transfers • Body pencils/paints • Stencils • Mendhi skin decoration designs and symbols</li> </ul>
<p>1.11 State the advantages and disadvantages of different types of mendhi design products</p>	<p>1.11.1 To include:</p> <ul style="list-style-type: none"> <li>• Henna cones • Tape • Applicator bottle i.e. jacquard bottle • Orangewood stick</li> <li>• Henna powder • Lemon juice • Sugar • Essential oils i.e. Eucalyptus, lavender, tea tree • Tea • Water • Pre-prepared Henna paste • Freehand • Transfers • Body pencils/paints • Stencils</li> </ul>
<p>1.12 Describe the contraindications which prevent or restrict Mendhi skin decoration</p>	<p>1.12.1 To include:</p> <p><b>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</b></p> <ul style="list-style-type: none"> <li>• Medical oedema • Nervous/Psychotic conditions • Epilepsy • Recent surgery affecting the area • Diabetes • Skin cancer • Undiagnosed pain • When taking prescribed medication</li> </ul> <p><b>Contraindications that restrict treatment:</b></p> <ul style="list-style-type: none"> <li>• Fever • Contagious or infectious diseases • Under the influence of recreational drugs or alcohol • Diarrhoea and vomiting • Any known allergies • Eczema</li> <li>• Undiagnosed lumps and bumps • Localised swelling • Inflammation • Cuts</li> <li>• Bruises • Abrasions • Scar tissue (2 years for major operations and 6 months for a small scar) • Sunburn • Hormonal implants • Urticaria • Recent fractures (minimum 3 months) • Sinusitis • Neuralgia • Migraine/Headache • Hypersensitive skin • Botox/ dermal fillers (1 week following treatment) • Hyperkeratosis • Skin allergies • Trapped/pinched nerve affecting the treatment area • Positive reaction to patch test(s) • Thin and/or fragile skin • Steroid based medication</li> </ul>

<p><b>Learning outcome</b> The Learner will:</p> <p>2. Be able to provide Mendhi skin decoration</p>	
<p><b>Assessment Criteria</b></p>	<p><b>Taught content</b></p>
<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Follow health and safety working practices</p> <p>2.3 Position themselves and client correctly throughout the Mendhi skin decoration</p> <p>2.4 Use suitable Mendhi skin decoration products, tools, equipment and techniques to suit client needs</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> <li>• Explanation of treatment • Benefits, limitations and co-operation required</li> <li>• Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment</li> </ul> <p>2.2.1 To include:</p> <ul style="list-style-type: none"> <li>• Fire Precautions Act • Health &amp; Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the therapist is working</li> </ul> <p>2.3.1 To include:</p> <ul style="list-style-type: none"> <li>• Ensuring the client is comfortable and correctly supported • Mendhi skin decoration artist maintaining correct working posture throughout treatment</li> <li>• Mendhi skin decoration artist self-care</li> </ul> <p>2.4.1 To include:</p> <p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid</li> <li>• Magnifying lamp • Tissues • Cotton wool • Gloves • Spatulas • Bowls • Mirror</li> <li>• Henna cones • Tape • Applicator bottle • Orangewood stick • Scissors • Fine nylon strainer • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser</li> <li>• Chemical immersion equipment • Waste disposal</li> </ul> <p><b>Products</b></p> <ul style="list-style-type: none"> <li>• Skin cleansing products • Pre-filtered Henna powder • Lemon juice • Sugar</li> <li>• Essential oils i.e. Eucalyptus, Tea Tree, Lavender • Water • Tea • Pre-prepared Henna paste</li> </ul> <p><b>Techniques</b> used for the following treatments: Mendhi skin decoration</p> <ul style="list-style-type: none"> <li>• Freehand • Transfers • Body pencils/paints • Stencils</li> </ul>

<p>2.5 Complete the mendhi design to the satisfaction of the client</p>	<p>2.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Conclusion of treatment in appropriate manner to meet client’s needs, manufacturers’ instructions and mendhi skin decoration design plan</li> <li>• Check treatment results with client</li> </ul>
<p>2.6 Record the results of the design</p>	<p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Client response to treatment and feedback</li> <li>• Note benefits of the treatment and suitability of design</li> <li>• Product advice</li> <li>• Home care advice</li> <li>• Store records demonstrating knowledge of confidentiality requirements</li> </ul>
<p>2.7 Provide suitable aftercare advice</p>	<p>2.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare</li> <li>• For the next 12-24 hours advise the following: <ul style="list-style-type: none"> <li>▪ Allow Mendhi skin decoration design to dry naturally</li> <li>▪ Stay warm</li> <li>▪ Allow Mendhi skin decoration design to remain on skin as long a possible before removing</li> <li>▪ Remove Mendhi skin decoration gently with warm water</li> <li>▪ Avoid touching the skin excessively</li> <li>▪ Wash or shower in lukewarm water only after a minimum of 12 hours</li> </ul> </li> <li>• Treatment maintenance</li> <li>• Do not go swimming</li> <li>• Do not have heat treatments</li> <li>• Do not use exfoliants</li> <li>• Avoid tight clothing on treatment area</li> <li>• Avoid massage</li> <li>• Pat skin dry after bathing, do not rub</li> <li>• Wear rubber gloves to protect hand decoration</li> <li>• Avoid the use of skin refining products</li> <li>• Moisturise regularly</li> <li>• Recommended products for home care</li> <li>• Lifestyle</li> <li>• Recommendation of further mendhi treatments and pre-treatment preparation</li> </ul>
<p>2.8 State how to communicate and behave in a professional manner</p>	<p>2.8.1 To include:</p> <ul style="list-style-type: none"> <li>• Consultation</li> <li>• Treatment explanation</li> <li>• Client care</li> <li>• Hygiene</li> <li>• Good communication skills</li> </ul>
<p>2.9 Describe health and safety working practices</p>	<p>2.9.1 To include:</p> <ul style="list-style-type: none"> <li>• Fire Precautions Act</li> <li>• Health &amp; Safety at Work Act</li> <li>• Health and Safety (First Aid) Regulations</li> <li>• The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations</li> <li>• The Manual Handling Operations Regulations</li> <li>• The Personal Protective Equipment at Work Regulations</li> <li>• The Provision and Use of Work Equipment Regulations</li> <li>• The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>• The Electricity at Work Regulations</li> <li>• Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</li> <li>• Disability Discrimination Act</li> <li>• Data Protection Act</li> </ul>
<p>2.10 State the importance of positioning themselves and the client correctly throughout the Mendhi skin decoration</p>	<p>2.10.1 To include:</p> <ul style="list-style-type: none"> <li>• Ensuring the client is comfortable and correctly supported</li> <li>• Mendhi skin decoration artist maintaining correct posture throughout treatment</li> </ul>

<p>2.11 State the importance of using Mendhi skin decoration products, tools, equipment and techniques to suit client treatment needs</p>	<p>2.11.1 To include:</p> <ul style="list-style-type: none"> <li>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid</li> <li>• Magnifying lamp • Tissues • Cotton wool • Gloves • Spatulas • Bowls • Mirror</li> <li>• Henna cones • Tape • Applicator bottle • Orangewood stick • Scissors • Fine nylon strainer • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser</li> <li>• Chemical immersion equipment • Waste disposal</li> </ul> <p>Products and techniques used for the following treatments: • Mendhi skin decoration application • Freehand • Transfers • Body pencils/paints • Stencils</p>
<p>2.12 State the contra-actions that may occur during and following Mendhi skin decoration and how to respond</p>	<p>2.12.1 To include:</p> <ul style="list-style-type: none"> <li>• Adverse skin reaction • Excessive erythema • Skin irritation • Itching</li> <li>• Immediate removal of products • Application of cool compress • Referral procedures</li> </ul>
<p>2.13 State the importance of completing the Mendhi skin design to the satisfaction of the client</p>	<p>2.13.1 To include:</p> <ul style="list-style-type: none"> <li>• Concluding the treatment in appropriate manner to meet client needs, manufacturers' instructions and Mendhi skin decoration design plan • Check treatment results with client</li> </ul>
<p>2.14 State the importance of recording the Mendhi skin design</p>	<p>2.14.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Maintaining records ▪ Mendhi design plan – diagrams and photographs</li> <li>▪ Aftercare ▪ Home care ▪ Product advice ▪ Compliance with Data Protection</li> </ul>
<p>2.15 State the aftercare advice that should be provided</p>	<p>2.15.1 To include:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare • For the next 12-24 hours advise the following: Allow Mendhi skin decoration design to dry naturally ▪ Stay warm</li> <li>▪ Allow Mendhi skin decoration design to remain on skin as long a possible before removing ▪ Remove Mendhi skin decoration gently with warm water</li> <li>▪ Avoid touching the skin excessively ▪ Wash or shower in lukewarm water only after a minimum of 12 hours • Treatment maintenance ▪ Do not go swimming</li> <li>▪ Do not have heat treatments ▪ Do not use exfoliants • Avoid tight clothing on treatment area • Avoid massage • Pat skin dry after bathing, do not rub • Wear rubber gloves to protect hand decoration • Avoid the use of skin refining products</li> <li>• Moisturise regularly • Recommended products for home care • Lifestyle</li> <li>• Recommendation of further mendhi treatments and pre-treatment preparation</li> </ul>
<p>2.16 Describe skin types, conditions, diseases and disorders</p>	<p>2.16.1 To include:</p> <p><b>Skin types:</b> • White • Black • Asian type skin • Mixed • Dry • Oily • Combination</p> <p><b>Skin conditions/characteristics:</b> • Mature skin • Young skin • Sensitive</p> <ul style="list-style-type: none"> <li>• Dehydrated • Lack of elasticity • Lack of muscle tone • Blemishes • Age</li> <li>• Open pores • Pustules • Papules • Scarring • Thin skin • Small moles</li> </ul> <p><b>Diseases/disorders:</b></p>

	<p><b>General:</b> • Broken capillaries • Crow's feet • UV damage • Urticaria • Allergic reaction • Comedones • Milia • Hyperkeratosis • Keloids • Ingrowing hairs • Psuedo folliculitis</p> <p><b>Infestations:</b> • Scabies • Pediculosis</p> <p><b>Congenital:</b> • Atopic eczema • Atopic dermatitis • Psoriasis</p> <p><b>Bacterial:</b> • Acne vulgaris • Acne rosacea • Impetigo • Folliculitis • Boils</p> <p><b>Viral:</b> • Herpes simplex • Herpes zoster • Warts</p> <p><b>Fungal:</b> • Tinea corporis</p> <p><b>Pigmentation disorders:</b> • Hyper pigmentation • Hypo pigmentation • Dermatitis papulosa nigra • Vitiligo • Albinism • Chloasma • Ephelides • Lentigo • Naevae • Port wine stain • Leucoderma • Papilloma</p> <p><b>Skin cancers:</b> • Basal Cell Carcinoma • Squamous Cell Carcinoma • Malignant Melanoma</p>
<p><b>Assessment</b>  <b>Unit 811 – Design and Apply Mendhi Skin Decoration</b></p> <p><b>Practical Assessment</b>  All learners will be assessed via internal practical assessment of their technical skills and treatment techniques</p> <p><b>Treatment evidence</b>  Evidence of 3 Mendhi skin decoration treatments to include:  Consultation including medical history and skin analysis  Treatment details including Mendhi skin decoration design plan and products used  Before and after photographs  Client feedback  Aftercare and home care advice including retail recommendations, treatment maintenance and further treatments  Learner and client signatures  Treatment date</p> <p><b>Assignment</b>  All learners will be assessed via an assignment for this unit. For details please see <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a></p>	<p><b>Unit 811 – Design and Apply Mendhi Skin Decoration</b> practical assessment forms and marking criteria may be downloaded from <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a></p> <p><b>Unit 811 – Design and Apply Mendhi Skin Decoration</b> must be evidenced through the use of signed and dated treatment evidence forms. See <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a> for sample forms</p> <p><b>Unit 811 – Design and Apply Mendhi Skin Decoration</b> assignment guidance and assessment forms may be downloaded from <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a></p>