

**ITEC Level 2**

**Unit 815 - Provide Threading**

**Recommended Minimum Guided Learning Hours – 29**

Unit Accreditation Number: D/601/5487

**Learning outcome**

The Learner will:

1. Be able to prepare for threading

**Assessment Criteria**

- 1.1 Prepare themselves, client and work area for threading
- 1.2 Use suitable consultation techniques to identify treatment objectives
- 1.3 Provide clear recommendations to the client
- 1.4 Select products, tools and equipment to suit client treatment needs
- 1.5 Describe workplace requirements for preparing themselves, the client and work area

**Taught content**

- 1.1.1 To include:
  - Preparation of working area • Hygiene • Equipment • Products • Work wear
  - Personal appearance and behaviour • Procedures used to prepare client for treatment • Client care and modesty
- 1.2.1 To include:

An example of a consultation form can be downloaded from [www.itecworld.co.uk](http://www.itecworld.co.uk)

  - Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contraindications and contra-actions
  - Treatment plan • Products used • Consent • Confidentiality • Client's signature
- 1.3.1 Taking into account the following:
  - The outcome of the consultation, hair growth analysis, area to be treated and relevant tests • Occupation • Lifestyle • Current regime
- 1.4.1 To include:
  - Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Gloves • Scissors • Eyebrow brush • Thread • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal
  - Products for threading treatments
- 1.5.1 To include:
  - Any particular rights, restrictions and Acts applicable to threading treatment
  - Code of practice/ethics • Insurance and professional association membership • Record keeping • Professional appearance

<p>1.6 State the environmental conditions suitable for threading</p>	<p>1.6.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Lighting • Heating • Ventilation • Noise levels • Available space • Music</li> <li>• General hygiene • Waste disposal • Décor • Equipment • Privacy</li> <li>▪ Reception areas • General use/treatment areas</li> </ul>
<p>1.7 Describe different consultation techniques used to identify treatment objectives</p>	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Positive body language • Positioning of themselves and client (no barriers)</li> <li>• Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication</li> </ul>
<p>1.8 Describe how to select products, tools and equipment to suit client treatment needs</p>	<p>1.8.1 To include:</p> <ul style="list-style-type: none"> <li>▪ The importance of selecting the correct products, tools and equipment based upon consultation and hair analysis:</li> <li>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Gloves • Scissors • Eyebrow brush • Thread • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal</li> <li>• Pre/aftercare treatment products • Powder • Treatment areas - eyebrows, upper lip, chin</li> <li>• The methods, hygiene and safety precautions, effects and benefits of all treatment techniques</li> </ul>
<p>1.9 Describe the contraindications which prevent or restrict threading</p>	<p>1.9.1 To include:</p> <ul style="list-style-type: none"> <li>▪ <b>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</b></li> <li>▪ Haemophilia • Any condition already being treated by a GP or another practitioner • Medical oedema • Nervous/Psychotic conditions • Recent operations • Diabetes • Trapped/Pinched nerve • Inflamed nerve</li> <li>▪ <b>Contraindications that restrict treatment:</b></li> <li>▪ Fever • Infectious or contagious diseases • Under the influence of recreational drugs or alcohol • Any known allergies • Infectious skin diseases and disorders • Undiagnosed lumps and bumps • Localised swelling</li> <li>▪ Inflammation • Cuts • Bruises • Abrasions • Scar tissue (2 years for major operation and 6 months for a small scar) • Sunburn • Self tan • Heat rash</li> <li>▪ Hairy moles • Hormonal implants • Recent fractures (minimum 3 months)</li> <li>▪ Neuralgia • Hypersensitive skin • Loss of skin sensation • Vascular skin</li> <li>▪ 48 hours after sun tanning • Bell's Palsy • Abnormal hair growth • Thin and/or fragile skin • Steroid based medication • Skin tags • Infections of the eye area</li> </ul>

<p><b>Learning outcome</b>  <b>The Learner will:</b>  2. Be able to provide threading</p>	
<p><b>Assessment Criteria</b></p>	<p><b>Taught Content</b></p>
<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Follow health and safety working practices</p> <p>2.3 Position themselves and client correctly throughout the treatment</p> <p>2.4 Use products, tools, equipment and techniques to suit client's treatment needs</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> <li>• Explanation of treatment • Benefits, limitations and co-operation required</li> <li>• Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment</li> </ul> <p>2.2.1 To include:</p> <ul style="list-style-type: none"> <li>• Fire Precautions Act • Health &amp; Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations</li> <li>• The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>• The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act</li> <li>• Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the therapist is working</li> </ul> <p>2.3.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Ensuring the client is comfortable and correctly supported</li> <li>▪ Therapist maintaining correct working posture throughout treatment</li> <li>▪ Ensure correct positioning of client's hand to support and stretch the skin minimising discomfort and potential skin damage</li> <li>• Therapist self-care</li> </ul> <p>2.4.1 To include:</p> <p><b>Equipment</b></p> <ul style="list-style-type: none"> <li>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate</li> <li>• Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Gloves</li> <li>▪ Scissors • Eyebrow brush • Thread • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal</li> </ul> <p><b>Products</b></p> <ul style="list-style-type: none"> <li>• Pre/aftercare treatment products • Powder</li> </ul> <p><b>Techniques</b> used for the following treatments:</p> <ul style="list-style-type: none"> <li>• Threading hair removal</li> <li>• Treatment areas - eyebrows, upper lip, chin • Mouth method • Hand method</li> <li>• Neck method</li> </ul>

<p>2.5 Complete the treatment to the satisfaction of the client</p>	<p>2.5.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Conclusion of treatment in appropriate manner to meet client's requirements</li> <li>• Check treatment results with client</li> </ul>
<p>2.6 Record the results of the treatment</p>	<p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Client response to treatment and feedback</li> <li>• Note benefits of the treatment</li> <li>• Product advice</li> <li>• Home care advice</li> <li>• Store records demonstrating knowledge of confidentiality requirements</li> </ul>
<p>2.7 Provide suitable aftercare advice</p>	<p>2.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare</li> <li>▪ The following guidelines for the next 24-48 hours: <ul style="list-style-type: none"> <li>▪ Wash or shower in lukewarm water</li> <li>▪ Avoid sunbathing, sunbeds, or self tanning preparations</li> <li>▪ Use unperfumed products</li> </ul> </li> <li>▪ Following facial treatment, avoid application of make-up</li> <li>▪ Following body area treatment, avoid friction from tight fitting clothing</li> <li>▪ Do not carry out vigorous exercise, go swimming, or have heat treatments</li> <li>▪ Avoid touching the area</li> <li>▪ Use a soothing antiseptic lotion daily for the next 2-3 days</li> <li>• Prevention of ingrowing hairs</li> <li>• Lifestyle</li> <li>• Recommendation of further salon treatments</li> </ul>
<p>2.8 State how to communicate and behave in a professional manner</p>	<p>2.8.1 To include the importance of:</p> <ul style="list-style-type: none"> <li>▪ Consultation</li> <li>• Treatment explanation</li> <li>• Client care</li> <li>• Hygiene</li> <li>• Good communication skills</li> </ul>
<p>2.9 Describe health and safety working practices</p>	<p>2.9.1 To include:</p> <ul style="list-style-type: none"> <li>▪ Fire Precautions Act</li> <li>▪ Health &amp; Safety at Work Act</li> <li>▪ Health and Safety (First Aid) Regulations</li> <li>▪ The Management of Health &amp; Safety at Work Regulations</li> <li>▪ The Workplace (Health, Safety &amp; Welfare) Regulations</li> <li>▪ The Manual Handling Operations Regulations</li> <li>▪ The Personal Protective Equipment at Work Regulations</li> <li>▪ The Provision and Use of Work Equipment Regulations</li> <li>▪ The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>▪ The Electricity at Work Regulations</li> <li>▪ Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</li> </ul>
<p>2.10 State the importance of positioning themselves and the client correctly throughout the treatment</p>	<p>2.10.1 To include the importance of:</p> <ul style="list-style-type: none"> <li>▪ Ensuring the client is comfortable and correctly supported</li> <li>• Therapist maintaining correct working posture throughout treatment</li> <li>▪ Minimising discomfort and thread cuts by the correct support, stretching and positioning of the client's hands on the area to be treated</li> </ul>

<p>2.11 State the importance of using products, tools, equipment and techniques to suit client's treatment needs, skin type and conditions</p>	<p>2.11.1 To include  <ul style="list-style-type: none"> <li>• Couch or chair</li> <li>• Trolley</li> <li>• Stool</li> <li>• Towels</li> <li>• Blanket</li> <li>• Additional support if appropriate</li> <li>• Headband</li> <li>• Bedroll</li> <li>• Robe</li> <li>• Disposable slippers</li> <li>• Disinfecting fluid</li> <li>• Magnifying lamp</li> <li>• Tissues</li> <li>• Cotton wool</li> <li>• Gloves</li> <li>• Scissors</li> <li>• Eyebrow brush</li> <li>• Thread</li> <li>• Mirror</li> <li>• Sterilising solution</li> <li>• UV cabinet</li> <li>• Autoclave</li> <li>• Hot bead steriliser</li> <li>• Chemical immersion equipment</li> <li>• Waste disposal</li> </ul>           Products and techniques for the following treatments:           <ul style="list-style-type: none"> <li>• Threading hair removal</li> <li>• Treatment areas - eyebrows, upper lip, chin</li> <li>• Mouth method</li> <li>• Hand method</li> <li>• Neck method</li> </ul> </p>
<p>2.12 Describe how treatments can be adapted to suit client treatment needs</p>	<p>2.12.1 To include:  <ul style="list-style-type: none"> <li>▪ Restrictions – contraindications and contra-actions</li> <li>• Density and strength of hair growth</li> <li>• Treatment area</li> <li>• Client preferences and commitment</li> <li>• Client gender</li> <li>• Treatment suitability</li> <li>• Time scales</li> <li>• Costs</li> <li>• Adapting the treatment to suit the needs of the client</li> </ul> </p>
<p>2.13 State the contra-actions that may occur during and following treatments and how to respond</p>	<p>2.13.1 To include:  <ul style="list-style-type: none"> <li>▪ Adverse skin reaction</li> <li>• Sensitisation</li> <li>• Allergies</li> <li>• Irritation</li> <li>• Itching</li> <li>• Erythema</li> <li>• Slight swelling</li> <li>• Bloodspotting</li> <li>• Snapping of the hairs at the skin's surface</li> <li>• Distortion of the hair follicle</li> <li>• Ingrowing hairs</li> <li>• Apply a cool compress</li> <li>• Unperfumed soothing antiseptic product</li> <li>• Exfoliation and moisturisation – ingrowing hairs</li> <li>• Avoid make-up or perfumed products</li> <li>• Referral procedures</li> </ul> </p>
<p>2.14 State the importance of completing the treatment to the satisfaction of the client</p>	<p>2.14.1 To include:  <ul style="list-style-type: none"> <li>▪ Concluding the treatment in appropriate manner to meet client's requirements</li> <li>• Check treatment results with client</li> </ul> </p>
<p>2.15 State the importance of completing treatment records</p>	<p>2.15.1 To include:  <ul style="list-style-type: none"> <li>▪ Maintaining records</li> <li>• Aftercare</li> <li>• Home care</li> <li>• Product advice</li> <li>• Compliance with Data Protection</li> </ul> </p>
<p>2.16 State the aftercare advice that should be provided</p>	<p>2.16.1 To include the following guidelines for the next 24-48 hours:  <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare</li> <li>• Wash or shower in lukewarm water</li> <li>• Avoid sunbathing, sunbeds, or self tanning preparations</li> <li>• Use unperfumed products</li> <li>• Following facial treatment, avoid application of make-up</li> <li>• Following body area treatment, avoid friction from tight fitting clothing</li> <li>• Do not carry out vigorous exercise, go swimming, or have heat treatments</li> <li>• Avoid touching the area</li> <li>• Use a soothing antiseptic lotion daily for the next 2-3 days</li> <li>• Recommendations for the prevention of ingrowing hairs</li> </ul> </p>

