

## SCHEME OF WORK APPLICATION FORM

For each ITEC qualification, the lecturer/centre must complete a Scheme of Work for each unit indicating how the lecturer is planning to cover the ITEC syllabus throughout the course.

Set out the planned sessions in terms of *Learning Outcomes* to be achieved. These should match those stated within the ITEC syllabus for each unit. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the syllabus.

**Unit Title: Unit 815 - Provide Threading**

**Lecturer(s) responsible:**

**Total contact tuition hours proposed: 29**

Learning Outcomes	Lecture Content	Suggested Resources	Approx Hours
<b>Introductory session</b>	College rules and regulations College mission statement ITEC rules and regulations Health & Safety Timetable Dates . holidays etc. Syllabus Recommended books Uniform	Lecture Q&A Using all the documents listed to ensure the students understand the college expectations and their commitment to the course	
<b>1. Be able to prepare for threading</b>			
Prepare themselves, client and work area for threading  Use suitable consultation techniques to identify treatment objectives  Provide clear recommendations to the client  Select products, tools and equipment to suit client treatment needs	<p>~ Preparation of working area ~ Hygiene ~ Equipment ~ Products ~ Work wear ~ Personal appearance and behaviour ~ Procedures used to prepare client for treatment ~ Client care and modesty</p> <p>An example of a consultation form can be downloaded from <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a> ~ Consulting in a suitable area ~ Positive body language ~ Positioning of the client ~ Good communication skills (asking open and/or closed questions where appropriate) ~ Professionalism ~ Contraindications and contra-actions ~ Treatment plan ~ Products used ~ Consent ~ Confidentiality ~ Client's signature</p> <p>~ The outcome of the consultation, hair growth analysis, area to be treated and relevant tests ~ Occupation ~ Lifestyle ~ Current regime</p> <p>~ Couch or chair ~ Trolley ~ Stool ~ Towels ~ Blanket ~ Additional support if appropriate ~ Headband ~ Bedroll ~ Robe ~ Disposable slippers ~ Disinfecting fluid ~ Magnifying lamp ~ Tissues ~ Cotton wool ~ Gloves Scissors</p>	OHP/Whiteboard Lecture Q&A Homework Test	10

<p>Describe workplace requirements for preparing themselves, the client and work area</p>	<p>Eyebrow brush Thread ~ Mirror ~ Sterilising solution ~ UV cabinet ~ Autoclave ~ Hot bead steriliser ~ Chemical immersion equipment ~ Waste disposal ~ Products for threading treatments</p> <p>~ Any particular rights, restrictions and Acts applicable to threading treatment  ~ Code of practice/ethics ~ Insurance and professional association membership  ~ Record keeping ~ Professional appearance</p>		
<p>State the environmental conditions suitable for threading</p>	<p>Lighting ~ Heating ~ Ventilation ~ Noise levels Available space ~ Music ~ General hygiene Waste disposal ~ Décor  ~ Equipment ~ Privacy Reception areas  ~ General use/treatment areas</p>		
<p>Describe different consultation techniques used to identify treatment objectives</p>	<p>~ Positive body language ~ Positioning of themselves and client (no barriers)  ~ Good communication skills (asking open and/or closed questions where appropriate)  ~ Verbal and non-verbal communication</p>		
<p>Describe how to select products, tools and equipment to suit client treatment needs</p>	<p>The importance of selecting the correct products, tools and equipment based upon consultation and hair analysis:  ~ Couch or chair ~ Trolley ~ Stool ~ Towels  ~ Blanket ~ Additional support if appropriate  ~ Headband ~ Bedroll ~ Robe ~ Disposable slippers ~ Disinfecting fluid ~ Magnifying lamp  ~ Tissues ~ Cotton wool ~ Gloves Scissors  Eyebrow brush Thread ~ Mirror ~ Sterilising solution ~ UV cabinet ~ Autoclave ~ Hot bead steriliser ~ Chemical immersion equipment  ~ Waste disposal ~ Pre/aftercare treatment products ~ Powder  ~ The methods, hygiene and safety precautions, effects and benefits of all treatment techniques</p>		
<p>Describe the contraindications which prevent or restrict threading</p>	<p><b>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</b>  Haemophilia Any condition already being treated by a GP or another practitioner  Medical oedema Nervous/Psychotic conditions Recent operations Diabetes  Trapped/Pinched nerve Inflamed nerve  <b>Contraindications that restrict treatment:</b>  Fever Infectious or contagious diseases</p>		

	<p>Under the influence of recreational drugs or alcohol Any known allergies Infectious skin diseases and disorders Undiagnosed lumps and bumps Localised swelling Inflammation Cuts Bruises Abrasions Scar tissue (2 years for major operation and 6 months for a small scar) Sunburn Self tan Heat rash Hairy moles Hormonal implants Recent fractures (minimum 3 months) Neuralgia Hypersensitive skin Loss of skin sensation Vascular skin 48 hours after sun tanning Bell's Palsy Abnormal hair growth Thin and/or fragile skin Steroid based medication</p>		
<b>2. Be able to provide threading</b>			
<p>Communicate and behave in a professional manner</p> <p>Follow health and safety working practices</p> <p>Position themselves and client correctly throughout the treatment</p>	<p>~ Explanation of treatment ~ Benefits, limitations and co-operation required  ~ Client care, modesty and support  ~ Communication ~ Correct posture, hygiene and a professional approach to the client throughout treatment</p> <p>~ Fire Precautions Act ~ Health &amp; Safety at Work Act ~ Health and Safety (First Aid) Regulations ~ The Management of Health &amp; Safety at Work Regulations  ~ The Workplace (Health, Safety &amp; Welfare) Regulations ~ The Manual Handling Operations Regulations ~ The Personal Protective Equipment at Work Regulations  ~ The Provision and Use of Work Equipment Regulations  ~ The Control of Substances Hazardous to Health Regulations (COSHH)  ~ The Electricity at Work Regulations  ~ Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) ~ Disability Discrimination Act  ~ Data Protection Act ~ Adhere to all product safety precautions and manufacturers' instructions ~ Legislation which relates to the work being carried out, the environment and the client with whom the therapist is working</p> <p>Ensuring the client is comfortable and correctly supported Therapist maintaining correct working posture throughout treatment  Ensure correct positioning of client's hand to support and stretch the skin minimising discomfort and potential skin damage  ~ Therapist self-care</p>	<p>OHP/Whiteboard  Lecture  Q&amp;A  Handout:  Homework  Test:</p>	<p>19</p>

<p>Use products, tools, equipment and techniques to suit client's treatment needs</p>	<p><b>Equipment</b>          ~ Couch or chair ~ Trolley ~ Stool ~ Towels          ~ Blanket ~ Additional support if appropriate          ~ Headband ~ Bedroll ~ Robe ~ Disposable slippers ~ Disinfecting fluid ~ Magnifying lamp          ~ Tissues ~ Cotton wool ~ Gloves ~ Scissors          Eyebrow brush ~ Thread ~ Mirror ~ Sterilising solution ~ UV cabinet ~ Autoclave ~ Hot bead steriliser ~ Chemical immersion equipment          ~ Waste disposal</p> <p><b>Products</b>          ~ Pre/aftercare treatment products ~ Powder</p> <p><b>Techniques</b> used for the following treatments:          ~ Threading hair removal          ~ Teeth method ~ Hand method</p>		
<p>Complete the treatment to the satisfaction of the client</p>	<p>Conclusion of treatment in appropriate manner to meet client's requirements          ~ Check treatment results with client</p>		
<p>Record the results of the treatment</p>	<p>~ Client response to treatment and feedback          ~ Note benefits of the treatment          ~ Product advice ~ Home care advice ~ Store records demonstrating knowledge of confidentiality requirements</p>		
<p>Provide suitable aftercare advice</p>	<p>~ Recommendations for immediate aftercare          The following guidelines for the next 24-48 hours:          Wash or shower in lukewarm water          Avoid sunbathing, sunbeds, or self tanning preparations          Use unperfumed products          Following facial treatment, avoid application of make-up          Following body area treatment, avoid friction from tight fitting clothing          Do not carry out vigorous exercise, go swimming, or have heat treatments          Following underarm treatments do not apply deodorant or anti-perspirant          Avoid touching the area          Use a soothing antiseptic lotion daily for the next 2-3 days          Prevention of ingrowing hairs          ~ Lifestyle ~ Recommendation of further salon treatments</p>		
<p>State how to communicate and behave in a professional manner</p>	<p>Consultation ~ Treatment explanation          ~ Client care ~ Hygiene ~ Good communication skills</p>		
<p>Describe health and safety working practices</p>	<p>Fire Precautions Act Health &amp; Safety at Work Act          Health and Safety (First Aid) Regulations          The Management of Health &amp; Safety at Work Regulations          The Workplace (Health, Safety &amp; Welfare) Regulations          The Manual Handling Operations Regulations          The Personal Protective Equipment at Work Regulations</p>		

<p>State the importance of positioning themselves and the client correctly throughout the treatment</p> <p>State the importance of using products, tools, equipment and techniques to suit client's treatment needs, skin type and conditions</p> <p>Describe how treatments can be adapted to suit client treatment needs</p> <p>State the contra-actions that may occur during and following treatments and how to respond</p> <p>State the importance of completing the treatment to the satisfaction of the client</p> <p>State the importance of completing treatment records</p>	<p>The Provision and Use of Work Equipment Regulations  The Control of Substances Hazardous to Health Regulations (COSHH)  The Electricity at Work Regulations  Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</p> <p>Ensuring the client is comfortable and correctly supported  Therapist maintaining correct working posture throughout treatment  Minimising discomfort and thread cuts by the correct support, stretching and positioning of the client's hands on the area to be treated</p> <p>~ Couch or chair ~ Trolley ~ Stool ~ Towels  ~ Blanket ~ Additional support if appropriate  ~ Headband ~ Bedroll ~ Robe ~ Disposable slippers ~ Disinfecting fluid ~ Magnifying lamp  ~ Tissues ~ Cotton wool ~ Gloves ~ Scissors  Eyebrow brush ~ Thread ~ Mirror ~ Sterilising solution ~ UV cabinet ~ Autoclave ~ Hot bead steriliser ~ Chemical immersion equipment  ~ Waste disposal  Products and techniques for the following treatments:  ~ Threading hair removal ~ Mouth method ~ Hand method</p> <p>Restrictions . contraindications and contra-actions  ~ Density and strength of hair growth  Treatment area ~ Client preferences and commitment ~ Treatment suitability ~ Time scales ~ Costs  Adapting the treatment to suit the needs of the client</p> <p>Adverse skin reaction ~ Sensitisation  ~ Allergies ~ Irritation ~ Itching ~ Erythema  ~ Slight swelling ~ Bloodspotting ~ Snapping of the hairs at the skin's surface ~ Distortion of the hair follicle  Ingrowing hairs ~ Apply a cool compress  Unperfumed soothing antiseptic product  Exfoliation and moisturisation . ingrowing hairs  Avoid make-up or perfumed products  Referral procedures</p> <p>Concluding the treatment in appropriate manner to meet client's requirements  ~ Check treatment results with client</p> <p>Maintaining records ~ Aftercare ~ Home care  Product advice ~ Compliance with Data Protection</p>		
--	--	--	--

<p>State the aftercare advice that should be provided</p>	<p>~ Recommendations for immediate aftercare  Wash or shower in lukewarm water Avoid sunbathing, sunbeds, or self tanning preparations Use unperfumed products  Following facial treatment, avoid application of make-up Following body area treatment, avoid friction from tight fitting clothing Do not carry out vigorous exercise, go swimming, or have heat treatments Following underarm treatments do not apply deodorant or anti-perspirant Avoid touching the area Use a soothing antiseptic lotion daily for the next 2-3 days Recommendations for the prevention of ingrowing hairs</p>		
<p>Describe the structure and functions of the skin</p>	<p><b>Skin structure:</b>  <b>Epidermis:</b> ~ Stratum Corneum ~ Stratum Lucidum ~ Stratum Granulosum ~ Stratum Spinosum/Malphigian ~ Stratum Germinativum/Basal Layer  <b>Dermis:</b> ~ Blood supply ~ Lymphatic supply ~ Hair follicle ~ Hair shaft ~ Sebaceous gland ~ Sweat gland: Eccrine and Apocrine ~ Sensory nerve endings ~ Dermal papilla ~ Collagen ~ Elastin ~ Histiocytes ~ Mast cells ~ Fibroblasts ~ Erector pili muscle ~ Melanocytes  <b>Subcutaneous/Adipose Layer:</b> ~ The structure and function of the fatty layer underneath the Dermis  <b>Skin functions:</b> ~ Secretion ~ Heat regulation ~ Absorption ~ Protection/Acid Mantle (composition and formation) ~ Elimination/excretion ~ Sensation ~ Vitamin D formation (7-dehydro-cholesterol)</p>		
<p>Describe the structure and function of the hair</p>	<p><b>Hair structure</b>  Keratin Cuticle Cortex Melanin Medulla Inner Root Sheath Huxley's Henle's Outer Root Sheath Vitreous Membrane Connective Tissue Dermal Papilla Lanugo Vellus Terminal  <b>Hair function</b>  Heat regulation Protection Aesthetic</p>		