

ITEC Level 2 Unit 873 Apply Light Cured Polish Recommended Minimum Guided Learning Hours – 10 Unit Accreditation Number: M/507/5182	
Learning Outcome The Learner will: 1. Be able to prepare for Light Cured Polish treatments	
Assessment Criteria	Taught Content
1.1 Describe salon requirements for preparing themselves, the client and the work area for Light Cured Polish treatment 1.2 Describe different consultation techniques used to identify treatment objectives 1.3 Explain the importance of carrying out a detailed nail and skin analysis 1.4 Describe how to select products, tools and equipment to suit client treatment needs, skin and nail conditions	1.1.1 To include: • Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g., sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty 1.2.1 To include: • Positive body language • Positioning of the client (no barriers between themselves and client) • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication 1.3.1 To include: • Skin type and condition • Nail type, shape and condition • Cuticle condition • Contraindications • Scope of treatment(s) • Identification of nail with gel polish system suitability • Home care advice • Aftercare advice including removal procedures 1.4.1 To include: • The importance of selecting the correct products, tools and equipment based upon client consultation, client requirements and skin and nail analysis • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint free pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser

	<ul style="list-style-type: none"> • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Face mask • Natural nail cleanser • Nail preparation products • Oils • Acetone free nail polish remover • Acetone <p>Products specific for Light Cured Polish System where required to the specific system being used: • Gel oligomers • Gel cleanser • Gel • Gel primer or base coat • Gel/Light Cure polishes • Gel top coat/sealer</p>
1.5 Describe the contraindications which prevent or restrict Light Cured Polish treatments	<p>1.5.1 To include:</p> <p>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</p> <ul style="list-style-type: none"> • Haemophilia • Any condition already being treated by a GP, dermatologist or another practitioner • Medical oedema • Arthritis • Nervous or Psychotic conditions • Recent operations on the area • Diabetes • Inflamed nerve • Undiagnosed pain • Acute rheumatism <p>Contraindications that restrict treatment:</p> <ul style="list-style-type: none"> • Fever • Infectious or contagious diseases • Under the influence of recreational drugs or alcohol • Diarrhoea and vomiting • Any known allergies • Undiagnosed lumps and bumps • Inflammation • Cuts • Bruises • Abrasions • Scar tissue (2 years for major operations and 6 months for a small scar) • Recent fractures (minimum 3 months) • Sunburn • Repetitive strain injury • Carpal tunnel syndrome • Loss of skin sensation • Severely bitten/damaged nails • Nail separation • Eczema • Psoriasis • Dermatitis • Broken bones
1.6 Explain the different types of Light Curing Polish equipment	<p>1.6.1 To include:</p> <ul style="list-style-type: none"> • Light emittance • Type of bulb • Power usage • Weight • Bulb life • Gel curing strength • Curing process timings
1.7 Explain the chemical processes that occur during Light Curing Polish treatments	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> • Exothermic effect • Shrinkage • Light curing • Light sources • Appropriate timings • Lamp wattage, positioning and safety • Photoinitiators • Oligomers • Primers • Solvents
1.8 Explain the importance of following manufacturers' instructions	<p>1.8.1 To include:</p>

<p>1.9 State the contra-actions that may occur during and following treatment and how to respond</p> <p>1.10 Describe how to maintain and remove Light Cured Polish</p>	<ul style="list-style-type: none"> • The importance of performing a dry manicure • Preparation of nail surface/removal of surface shine • Light Cured Polish application and curing techniques • Recommended treatment timings • Aftercare • Removal recommendations <p>1.9.1 To include:</p> <ul style="list-style-type: none"> • Excessive erythema • Skin irritation • Exothermic reaction • Allergic reaction • Itching • Inflammation • Lifting • Premature loss • Ridging • Shedding • Separation • Infection • Hang nail • Overexposure • Client abuse; biting/picking • Damaged cuticle • Bacterial infection of the nail plate • Dehydration • Discolouration • Sepsis • Discolouration of product • Immediate removal of product • Cold purified water • Referral procedures <p>1.10.1 To include:</p> <ul style="list-style-type: none"> • Appropriate aftercare care and home care advice • Returning to the salon/technician for professional removal • The importance of following manufacturers' instructions for removal
<p>Learning Outcome The Learner will:</p> <p>2. Be able to provide Light Cured Polish treatments</p>	
<p>Assessment Criteria</p>	<p>Taught Content</p>
<p>2.1 Prepare self, the client and the work area for Light Cured Polish treatment in accordance with health and safety working practices and Industry Code of Practice</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> • Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g., sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty <p>2.1.2 To include:</p> <ul style="list-style-type: none"> • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH)

	<ul style="list-style-type: none"> • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the nail technician is working • Industry Code of Practice for nail services
2.2 Communicate and behave in a professional manner	<p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Explanation of treatment • Benefits, limitations and co-operation required • Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment
2.3 Use suitable consultation techniques to identify treatment objectives	<p>2.3.1 To include:</p> <p>An example of a consultation form can be downloaded from www.itecworld.co.uk</p> <ul style="list-style-type: none"> • Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication • Professionalism • Contraindications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature
2.4 Perform client nail and skin analysis	<p>2.4.1 To include:</p> <ul style="list-style-type: none"> • Skin type and condition • Nail type, shape and condition • Cuticle condition • Contraindications • Scope of treatment(s) • Identification of nail gel polish system suitability • Home care advice • Aftercare advice including removal procedures
2.5 Position self and client correctly throughout the treatment	<p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Ensuring the client is comfortable and correctly supported • Nail technician maintaining correct working posture throughout treatment • Nail technician self-care
2.6 Select products, tools, equipment and techniques to suit client's treatment needs, nail and skin conditions	<p>2.6.1 To include:</p> <ul style="list-style-type: none"> • The importance of selecting the correct products, tools and equipment based upon client consultation, client requirements and skin and nail analysis • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint free pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes

<p>2.7 Prepare client's nails and apply Light Cured Polish products according to manufacturers' instructions</p> <p>2.8 Complete the treatment to the satisfaction of the client</p> <p>2.9 Provide suitable aftercare and maintenance advice</p> <p>2.10 Record the results of the treatment</p>	<p>appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e., UV or LED • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone</p> <p>Products specific for Light Cured Polish System where required to the specific system being used: • Gel oligomers • Gel cleanser • Gel • Gel primer or base coat • Gel/Light Cure polishes • Gel top coat/Sealer</p> <p>2.7.1 To include</p> <ul style="list-style-type: none"> • The importance of performing a dry manicure • Sanitise client's hands and technicians hands • Wipe nails with lint free wipes soaked in oil free polish remover or acetone • Apply a cuticle remover • Use a sanitised cuticle push or eponychium remover • Shape nail • Remove shine from natural nail with a white block • Remove dust with a manicure brush • Apply nail prep/dehydrator according to manufacturers' instructions <p>2.8.1 To include</p> <ul style="list-style-type: none"> • Conclusion of service in appropriate manner to meet client's needs, manufacturers' instructions and Light Cured Polish system specification • Check service results with client <p>2.9.1 To include:</p> <ul style="list-style-type: none"> • Recommendations for immediate aftercare and treatment maintenance • Home care advice • Product recommendations • Lifestyle • Recommendation of further salon treatments including removal <p>2.10.1 To include:</p> <ul style="list-style-type: none"> • Client response to service and feedback • Note details of the service provided including products and colour(s) used • Note benefits of the service • Product advice • Aftercare and home care advice • Store records demonstrating knowledge of confidentiality requirements
<p>Assessment Unit 873 – Apply Light Cured Polish</p> <p>Practical Assessment All Learners will be assessed via internal practical assessment of their technical skills and treatment techniques</p>	<p>Unit 873 – Apply Light Cured Polish Internal practical assessment forms and marking criteria may be downloaded from www.itecworld.co.uk</p>

<p>Treatment evidence</p> <p>Evidence of 3 treatments - 1 treatment must be performed on the toenails</p> <p>To include:</p> <ul style="list-style-type: none"> Consultation including medical history Treatment details Before and after photographs for each treatment Client feedback Aftercare and home care advice including recommendations for removal 	<p>Unit 873 – Apply Light Cured Polish must be evidenced through the use of signed and dated treatment evidence forms. See www.itecworld.co.uk for sample form</p>
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