

Unit 822 – Provide Body Massage

Unit Accreditation Number: D/601/3559

Learning Outcome	Assessment Criteria
1. Be able to prepare for a Body Massage Treatment	<ul style="list-style-type: none">1.1 Prepare themselves, client and work area for Body Massage1.2 Use suitable consultation techniques to identify treatment objectives1.3 Advise the client on how to prepare for the treatment1.4 Provide clear recommendations to the client1.5 Select products and tools to suit client treatment needs, skin types and conditions1.6 Describe salon requirements for preparing themselves, the client and work area1.7 Describe the environmental conditions suitable for Body Massage Treatments1.8 Describe the different consultation techniques used to identify treatment objectives1.9 Describe how to select products and tools to suit client treatment needs, skin types and conditions1.10 Describe the different skin types and conditions1.11 Explain the contraindications that prevent or restrict Body Massage Treatments1.12 State the objectives of massage treatments1.13 State the benefits derived from massage treatments1.14 Identify general body types1.15 Describe the different types of body fat1.16 Outline common postural faults
2. Be able to provide for a Body Massage Treatment	<ul style="list-style-type: none">2.1 Communicate and behave in a professional manner2.2 Follow health and safety working practices2.3 Position themselves and client correctly throughout the treatment2.4 Use products, tools and techniques to suit client treatment needs, skin types and conditions2.5 Complete the treatment to the satisfaction of the client2.6 Record and evaluate the results of the treatment2.7 Provide suitable aftercare advice2.8 Explain how to communicate and behave in a professional manner2.9 Describe health and safety working practices2.10 Explain the importance of positioning themselves and the client correctly throughout the treatment

	<p>2.11 Explain the importance of using products, tools and techniques to suit client treatment needs, skin types and conditions</p> <p>2.12 Describe the benefits and uses of mechanical massage and pre-heat treatments</p> <p>2.13 Describe how treatments can be adapted to suit client treatment needs, skin types and conditions</p> <p>2.14 State the contra-actions that may occur during and following treatments and how to respond</p> <p>2.15 Explain the importance of completing the treatment to the satisfaction of the client</p> <p>2.16 Explain the importance of completing treatment records</p> <p>2.17 Describe the methods of evaluating the effectiveness of the treatment</p> <p>2.18 Describe the aftercare advice that should be provided</p> <p>2.19 Describe the structure and the main functions of the following body systems in relation to massage: - skin - skeletal - muscular - cardio-vascular - lymphatic - nervous - digestive - urinary - endocrine</p> <p>2.20 Describe the main diseases and disorders of body systems</p> <p>2.21 Describe the effects of massage on the body</p> <p>2.22 Describe the uses of the five classical massage movements</p> <p>2.23 Describe the uses of different massage mediums</p> <p>2.24 Describe the legislation relating to the provision of massage treatments</p> <p>A minimum of 4 practical performances</p>
<p>Assessment method:</p>	<p>Portfolio of evidence: <input type="checkbox"/> Practical examination: <input type="checkbox"/> MCQ: <input type="checkbox"/></p> <p>Date:..... Date..... Date</p>

Unit complete:

Lecturer/Assessors: Name.....Signature Date.....

Quality Assured by: Name..... Signature Date sampled.....