

## **Marking Criteria ITEC Level 3**

### **Unit 826 – Apply Stone Therapy Massage**

#### **APPEARANCE – 10 MARKS (1 mark each)**

**The candidate demonstrated:**

1. Clean, ironed professional uniform
2. Clean, neat hair, tied back/up if long and off the collar and face
3. Short, clean, well manicured nails with no varnish and clean hands
4. Clean sensible flat shoes, socks should be worn
5. Tights which are an appropriate colour for the uniform if wearing a skirt
6. No jewellery with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. Underskirts/underwear should not be visible
10. Skirts to the knee. Trousers cropped no higher than calf/trousers not trailing on floor

#### **CLIENT CARE – 5 MARKS (1 mark each)**

**The candidate:**

1. Greeted and introduced self to client
2. Assisted the client off the couch
3. Explained the treatment procedure to the client
4. Ensured the client's comfort/modesty throughout
5. Maintained a positive and professional approach to client/colleagues throughout

#### **HYGIENE AND STERILISATION – 5 MARKS (1 mark each)**

**The candidate:**

1. Cleaned and wiped over equipment with appropriate sanitiser before, during and after use
2. Cleaned and changed towels for each client
3. Sanitised hands before, during and after treatment when appropriate
4. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
5. Stowed the client's footwear under the couch

#### **PREPARATION OF THE STONES – 2 MARKS (1 mark each)**

**The candidate:**

1. Ensured stones are clean and hygienic.
2. Ensured stones are the correct temperature for hot and cold treatments

#### **PLACEMENT OF THE STONES – 10 MARKS (2 marks each)**

**The candidate:**

1. Ensured stones are the correct shape for the area to be treated
2. Ensured stones are the correct size for the area to be treated
3. Ensured stones used on the top of the client are the correct temperature
4. Ensured stones used underneath the client are the correct temperature
5. Ensured stones are positioned accurately to affect the chakras and/or underlying organs

#### **SELECTION AND USE OF THE STONES HOT AND COLD – 8 MARKS (2 marks each)**

**The candidate:**

1. Adapted the pressure to suit the client
2. Adapted the pressure to suit the area
3. Held the stones correctly and adapted the pressure to suit the movement
4. Used hot and cold stones appropriately

**EFFLEURAGE – 10 MARKS (2 marks each)**

The candidate:

1. Maintained maximum contact of the stones where appropriate
2. Ensured that the skin moved appropriately with the movement
3. Ensured that the entire area is covered
4. Ensured that the movement is performed in the direction of venous flow
5. Ensured that the speed is slow and constant

**PETRISSAGE (KNEADING/FRICTIONS) – 10 MARKS (2 marks each)**

The candidate:

1. Checked for contraindications
2. Ensured that the stones are used to perform the movement correctly
3. Ensured that the entire muscle was covered
4. Moved the skin/muscle appropriately
5. Ensured that the movement is rhythmical

**VIBRATIONS, TAPPING (PIESOELECTRIC) – 10 marks (2 mark each)**

The candidate:

1. Checked for contraindications
2. Ensured that the stones are used to perform the movement correctly
3. Used the appropriate rhythm
4. Used the appropriate force of impact
5. Used appropriate pressure

**CONTINUITY OF MESSAGE – 15 MARKS (3 marks each)**

The candidate:

1. Maintained contact with each area and breaks must be relevant and appropriate to the area being treated
2. Selected the appropriate medium
3. Performed the movements in a logical sequence and ensured that the time taken to change the stones is relevant and appropriate to the area being treated
4. Stored used stones appropriately throughout the treatment until sanitisation can take place
5. Adequately massaged each area with the hot and cold stones

**POSTURE – 10 MARKS (2 marks each)**

The candidate:

1. Is in the appropriate standing/sitting position for each area
2. Maintained correct position of shoulders and back
3. Maintained correct position of elbows
4. Maintained correct flexibility of knees
5. Maintained correct flexibility/position of back (stance)

**ORAL QUESTIONS – 5 MARKS**

Examples of oral questions that may be asked:

1. What are the physiological benefits of that movement?
2. What are the general contraindications to Stone Therapy Massage?
3. What are the specific contraindications to Stone Therapy Massage?
4. How do you cleanse the stones?
5. What is the difference in the use of hot or cold stones?
6. How can you detect a tense/tired muscle? What has caused this tension?
7. Why is a good knowledge of Anatomy and Physiology relevant to Stone Therapy Massage?
8. What are the physiological benefits of Stone Therapy Massage?
9. Why is it necessary to complete a thorough consultation prior to Stone Therapy Massage?
10. Where are the main Chakras found?