

Multiple Choice Sample Questions
ITEC Unit 827 –Indian Head Massage

1	Which of the following contraindications to Indian Head Massage is a viral condition?	1
A	Scabies	<input type="checkbox"/>
B	Impetigo	
C	Urticaria	<input type="checkbox"/>
D	Herpes simplex	
2	What effect does Indian Head Massage have on the skin?	2
A	Aids peristalsis	<input type="checkbox"/>
B	Improves elasticity	
C	Reduces stiffness	<input type="checkbox"/>
D	Helps in the removal of lactic acid	
3	What type of movement is the petrissage movement?	3
A	Stroking	<input type="checkbox"/>
B	Shaking	
C	Light tapping	<input type="checkbox"/>
D	Compression	
4	Which of the following conditions could the client be suffering from when there is a sensation of sound in the ears?	4
A	Migraine	<input type="checkbox"/>
B	Earache	
C	Tinnitus	<input type="checkbox"/>
D	Headache	
5	During aftercare advice which of the following should you advise a stressed client to avoid?	5
A	Fibre	<input type="checkbox"/>
B	Bananas	
C	Fresh tomato juice	<input type="checkbox"/>
D	Carbonated drinks	