

Multiple Choice Sample Questions
ITEC Unit 827 –Indian Head Massage

1	Which of the following contraindications to Indian Head Massage is a viral condition?		1
A	Scabies	B	Impetigo
C	Urticaria	D	Herpes simplex
			D
2	What effect does Indian Head Massage have on the skin?		2
A	Aids peristalsis	B	Improves elasticity
C	Reduces stiffness	D	Helps in the removal of lactic acid
			B
3	What type of movement is the petrissage movement?		3
A	Stroking	B	Shaking
C	Light tapping	D	Compression
			D
4	Which of the following conditions could the client be suffering from when there is a sensation of sound in the ears?		4
A	Migraine	B	Earache
C	Tinnitus	D	Headache
			C
5	During aftercare advice which of the following should you advise a stressed client to avoid?		5
A	Fibre	B	Bananas
C	Fresh tomato juice	D	Carbonated drinks
			D