

## Unit 829 – Provide Spa Treatments

Unit Accreditation Number: K/601/4116

Learning Outcome	Assessment Criteria
1. Be able to prepare for Spa treatments	<ul style="list-style-type: none"><li>1.1 Prepare themselves, client and work area for Spa treatments</li><li>1.2 Use suitable consultation techniques to identify treatment objectives</li><li>1.3 Carry out body assessment and relevant tests</li><li>1.4 Provide clear recommendations to the client</li><li>1.5 Select products, tools and equipment to suit client treatment needs</li><li>1.6 Explain salon requirements for preparing themselves, the client and work area</li><li>1.7 Explain the environmental conditions suitable for Spa treatments</li><li>1.8 Explain the different consultation techniques used to identify treatment objectives</li><li>1.9 Explain the importance of carrying out a detailed body assessment and relevant tests</li><li>1.10 Explain how to select products, tools and equipment to suit client treatment needs</li><li>1.11 Explain the contraindications that prevent or restrict Spa treatments</li></ul>
2. Be able to provide Spa Treatments	<ul style="list-style-type: none"><li>2.1 Communicate and behave in a professional manner</li><li>2.2 Follow health and safety working practices</li><li>2.3 Position themselves and client correctly throughout the treatment</li><li>2.4 Use products, tools, equipment and techniques to suit client treatment needs</li><li>2.5 Complete the treatment to the satisfaction of the client</li><li>2.6 Evaluate the results of the treatment</li><li>2.7 Provide suitable aftercare advice</li><li>2.8 Explain how to communicate and behave in a professional manner</li><li>2.9 Explain health and safety working practices</li><li>2.10 Explain the importance of positioning themselves and the client correctly throughout the treatment</li><li>2.11 Explain the importance of using products, tools, equipment and techniques to suit client treatment needs</li><li>2.12 Explain the effects and benefits of Spa equipment and products on the skin and underlying structures</li><li>2.13 Describe how treatments can be adapted to suit client treatment needs</li><li>2.14 State the contra-actions that may occur during and following treatments and how to respond</li></ul>

	<p>2.15 Explain the importance of completing the treatment to the satisfaction of the client</p> <p>2.16 Explain the importance of completing treatment records</p> <p>2.17 Explain the methods of evaluating the effectiveness of the treatment</p> <p>2.18 Describe the aftercare advice that should be provided</p> <p>2.19 Explain the structure, growth and repair of the skin</p> <p>2.20 Explain skin conditions, diseases and disorders</p> <p>2.21 Explain the structure and function of the circulatory and lymphatic systems for the body</p> <p>2.22 Explain the structure and function of the nervous system for the body</p> <p>2.23 Explain how the ageing process, lifestyle and environmental factors affect the skin, body conditions and underlying structures</p> <p>A minimum of 4 practical performances</p>
Assessment method:	<p>Portfolio of Evidence: <input type="checkbox"/> Practical examination: <input type="checkbox"/> MCQ: <input type="checkbox"/></p> <p>Date:..... Date..... Date .....</p>

Unit complete:

Lecturer/Assessors: Name.....Signature ..... Date.....

Quality Assured by: Name..... Signature ..... Date sampled.....