

MARKING CRITERIA
ITEC LEVEL 3
Unit 829 – Provide Spa Treatments

APPEARANCE – 5 MARKS (0.5 marks each)

The candidate demonstrated:

1. Clean, ironed, professional uniform
2. Clean, neat hair – tied back/up if long and off the collar and face
3. Clean, short nails, well manicured with no varnish and clean hands
4. Clean, sensible, full, flat shoes worn with socks or tights
5. Tights were an appropriate colour for the uniform, if wearing a skirt
6. No jewellery – with the exception of a wedding band and 1 pair of small stud earrings (religious jewellery must be taped)
7. No body or breath odour
8. No chewing gum or sucking sweets
9. No visible underskirts/underwear
10. Trousers cropped no higher than calf/trousers not trailing on the floor and skirts to the knee

CLIENT CARE – 5 MARKS (1 mark each)

The candidate:

1. Greeted and introduced self to client
2. Positioned self and client correctly throughout treatment
3. Explained the treatment procedures to the client
4. Ensured client's comfort/modesty, assisting them throughout treatment
5. Communicated and behaved in a professional manner throughout

HYGIENE AND STERILISATION – 10 MARKS (2 marks each)

The candidate:

1. Wiped over equipment with appropriate sanitiser before and after use
2. Sanitised hands before, during and after treatment as appropriate
3. Replaced lids on products and used spatulas to remove cream
4. Disposed of cotton wool, tissues, paper roll and general waste hygienically and appropriately
5. Used salon /clinic sterilising equipment/cabinets appropriately and sanitised, used and stored small equipment appropriately

CONSULTATION– 5 MARKS (2 marks each)

The candidate:

1. Sat appropriately and used suitable body language
2. Tactfully obtained all relevant information and respected client confidentiality
3. Established a rapport with the client
4. Explained any limitations of the treatment and co-operation required
5. Utilised a range of questioning techniques and allowed the client to ask questions

MEASURING – 10 MARKS (0.5 marks each)**The candidate measured**

1. Weight/Height
2. Figure Type and body type
3. Postural faults
4. Chest (at armpit)
5. Full bust
6. Upper arm (12 cm above elbow) x 2
7. Wrist x 2
8. Diaphragm (8cm above waist)
9. Waist (at navel)
10. Hip
11. Buttocks (hair line)
12. Upper thigh (highest point)
13. Middle thigh (8cm above knee) x 2
14. Calf (maximum) x 2
15. Ankle x 2
16. Ensure client's modesty is observed throughout the figure diagnosis.
17. Ensure tape measure is held and used correctly.
18. Demonstrate correct use of plumb line.
19. Ensure accurate marking of the body for re-measuring.
20. Ensure clear instructions are given to the client throughout the figure diagnosis.

MUSCLE TONE TESTING – 5 MARKS (1 mark each)**The candidate tested**

1. Quadriceps
2. Hamstrings
3. Biceps
4. Triceps
5. Abdominals

EXFOLIATION – 20 MARKS (2 marks each)**The candidate:**

1. Selected an exfoliation method/products suitable for client's needs and treatment plan
2. Ensured the couch and work area was adequately protected
3. Had consumables and tools readily available
4. Positioned the client suitably for treatment, maintaining modesty
5. Administered exfoliation using the correct techniques
6. Performed exfoliation in a logical sequence
7. Performed exfoliation using the correct pressure
8. Performed exfoliation without causing discomfort to the client
9. Concluded treatment correctly
10. Completed treatment in a commercially acceptable time

BODY WRAPPING – 30 MARKS (3 marks each)**The candidate:**

1. Selected the body wrap method/products suitable for client's needs and treatment plan
2. Ensured the couch and work area was adequately protected
3. Had consumables and tools readily available
4. Positioned the client suitably for treatment, maintaining modesty
5. Administered body wrap using the correct techniques
6. Performed body wrap in a logical sequence
7. Performed body wrap maintaining communication with client
8. Performed body wrap without causing discomfort to the client
9. Concluded treatment in the correct manner
10. Completed body wrap treatment in a commercially acceptable time

AFTER/HOME CARE ADVICE - 10 MARKS (2 marks each)

The candidate:

1. Documented and the client's response to the treatment
2. Made recommendations for follow on appointments
3. Made recommendations for immediate after care
4. Made recommendations for home care advice
5. Informed the client of the short term effects of the treatment

SAMPLE ORAL QUESTIONS THAT MAY BE ASKED DURING THE PRACTICAL EXAMINATION

1. How do you decide which method of exfoliation to recommend?
2. Why is it necessary to do a thorough consultation before treatment?
3. How could you have adapted the treatment?
4. How would you treat hard fat/soft fat/cellulite?
5. Describe different figure types