

Multiple Choice Sample Questions
ITEC Unit 829 – Provide Spa Treatments

1	Which of the following requires medical permission prior to hydrotherapy treatment?	1
A Bruises	B Varicose veins	<div>C</div>
C Arthritis	D Cuts	
2	Which of the following could occur if the temperature in a hot bath rises above 40 degrees centigrade?	2
A Blood pressure will rise	B The client will become hyperactive	<div>C</div>
C Blood pressure will drop	D The heat will cause a varicose vein	
3	Which of the following is an effect of paraffin wax?	3
A To stimulate the nerves	B To stimulate the muscles	<div>D</div>
C To reduce blood flow	D To relax the tissues	
4	How often should the flotation tank be cleaned?	4
A After every third client	B Once a week	<div>D</div>
C Once a month	D Between each client	
5	The normal temperature of a steam bath is:	5
A 45-50°C/113°-122°F	B 50-55°C/122°-131°F	<div>A</div>
C 55-60°C/131°-140°F	D 60-65°C/140°-149°F	