



AG861

ITEC Level 4

Assignment Guidance Form

Unit 861 - Physiology of Ageing

A) Research the ageing process and the effects on the skin

To include:

- Characteristics and process of ageing
- Intrinsic and extrinsic ageing
- Ageing and the skin
- Degenerative disorders caused by ageing

B) Evaluate beauty therapy treatments considered to delay the ageing process

To include:

- Treatment products and procedures
- Client suitability
- Contraindications and contra-actions
- Treatment effects and benefits
- Aftercare and home care advice
- Safety data

For any *five* of the following:

- Corrective/active skincare products • Cosmeceuticals • Peels • Galvanic treatment
- Microcurrent treatment • Microdermabrasion treatment • Intense pulsed light treatment
- Light emitting diode therapy • Radio frequency therapy • Skin needling • Facial massage
- Nutritional supplements

This assignment may be presented in any of the following formats and may include some ICT:

- Written report
- Chart
- Spider diagram
- Graph
- Other pictorial presentation