

## ITEC Level 3

### Unit 924 - Camouflage Make-Up

Recommended Minimum Guided Learning Hours – 60

Unit Accreditation Number: D/601/4355

#### Learning Outcome

The Learner will:

1. Be able to prepare for camouflage make-up

#### Assessment Criteria

- 1.1 Prepare themselves, client and work area for camouflage make-up
- 1.2 Use suitable consultation techniques to identify treatment objectives
- 1.3 Advise the client on how to prepare for the treatment
- 1.4 Identify influencing factors
- 1.5 Provide clear recommendations to the client based on factors

#### Taught Content

- 1.1.1 To include:
  - Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising/sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty
- 1.2.1 To include:

An example of a consultation form can be downloaded from [www.itecworld.co.uk](http://www.itecworld.co.uk)

  - Consulting in a suitable area • Positive body language • Positioning of the client • Good communication skills (asking open and/or closed questions where appropriate) • Professionalism • Contraindications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature
- 1.3.1 To include:
  - Removal of personal accessories and jewellery • Removal of clothing where necessary • Removal of glasses or contact lenses where applicable • Providing clear instructional techniques for camouflage application
- 1.4.1 To include:
  - Alteration of colours in different types of lighting • Stability and variance of camouflage make-up on different skin types and in different climates • Availability of colours • Skin tones • Different skin types and characteristics • Cultural factors
- 1.5.1 To include:
  - The outcome of the consultation, identification of facial/body characteristics, skin analysis and relevant tests • Occupation • Lifestyle • Current regime • Recommendations for ongoing or further maintenance treatments and the level of commitment required

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| 1.6  | Describe salon's requirement for client preparation, preparing themselves and the work area          | 1.6.1 To include:<br>• Any particular rights, restrictions and Acts applicable to camouflage make-up treatment • Code of practice/ethics • Insurance and professional association membership • Record keeping • Professional appearance  |
| 1.7  | Identify different consultation techniques used to identify treatment objectives                     | 1.7.1 To include:<br>• Positive body language • Positioning of the client (no barriers between themselves and client) • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication  |
| 1.8  | Describe the factors that need to be considered when selecting techniques, products and equipment    | 1.8.1 To include:<br>• Hyper and hypo pigmentation • Erythema • Birth marks • Tattoos • Dilated capillaries • Atrophic scar tissue • Hypertrophic scar tissue • Keloid scar tissue • Bruising • Face • Body  |
| 1.9  | Describe the environmental conditions suitable for camouflage make-up                                | 1.9.1 To include:<br>• Lighting • Heating • Ventilation • Noise levels • Available space • Music • General hygiene • Waste disposal • Décor • Equipment • Privacy • Reception areas • General use/treatment areas  |
| 1.10 | Describe the safety considerations that must be taken into account when providing camouflage make-up | 1.10.1 To include:<br>• Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the make-up artist is working |
| 1.11 | Identify the range of equipment used for camouflage make-up  | 1.11.1 To include:<br>• Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Sponges • Velour puffs • Gloves • Fingers • Spatulas • Brushes • Mixing palette • Bowls • Mirror • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Personal Protective Equipment • Disposable face mask • Disposable head cap   |
| 1.12 | Identify products used and their key ingredients   | 1.12.1 To include:<br>• Camouflage creams • Camouflage powders • Setting products  |

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| <p>1.13 Describe contraindications that prevent or restrict camouflage make-up</p>   | <p>1.13.1 To include:<br/> <b>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</b><br/> • Medical oedema • Nervous/Psychotic conditions • Epilepsy • Recent facial surgery affecting the area • Diabetes • Skin cancer • Slipped disc<br/> • Undiagnosed pain • When taking prescribed medication • Whiplash • Scar tissue (2 years for major operations and 6 months for a small scar)</p> <p><b>Contraindications that restrict treatment</b><br/> • Fever • Contagious or infectious diseases • Under the influence of recreational drugs or alcohol • Diarrhoea and vomiting • Any known allergies • Eczema • Undiagnosed lumps and bumps • Localised swelling<br/> • Inflammation • Cuts • Bruises • Abrasions • Sunburn • Hormonal implants • Urticaria • Recent fractures (minimum 3 months) • Sinusitis • Neuralgia • Migraine/Headache • Hypersensitive skin • Chemotherapy • Botox/ dermal fillers (1 week following treatment) • Hyperkeratosis • Trapped/pinched nerve affecting the treatment area • Inflamed nerve</p> |
| <p><b>Learning Outcome</b><br/> The Learner will:</p> <p>2. Be able to provide the application of camouflage make-up</p>   |  |
| <p><b>Assessment Criteria</b></p> <p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Position themselves and the model correctly throughout the treatment</p> <p>2.3 Select and use products, equipment and techniques taking into account identified factors</p> | <p><b>Taught Content</b></p> <p>2.1.1 To include:<br/> • Explanation of treatment • Benefits, limitations and co-operation required<br/> • Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment</p> <p>2.2.1 To include:<br/> • Positioning of the client • Client comfort • Application of the treatment<br/> • Therapist self-care</p> <p>2.3.1 To include:<br/> <b>Equipment</b><br/> • Couch or chair • Trolley • Stool • Towels • Blanket • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Magnifying lamp • Tissues • Cotton wool • Sponges • Velour puffs<br/> • Gloves • Fingers • Spatulas • Brushes • Mixing palette • Bowls • Mirror<br/> • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Personal Protective Equipment</p>   |

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|  | <ul style="list-style-type: none"> <li>• Disposable face mask • Disposable head cap</li> </ul> <p><b>Products</b></p> <ul style="list-style-type: none"> <li>• Camouflage creams • Powder and setting products</li> </ul> <p><b>Techniques</b></p> <ul style="list-style-type: none"> <li>• Testing for skin colour match • Use of complementary colour • Selection and mixing of products for correct colour match • Finger rolling • Sponging</li> <li>• Stippling • Brush application</li> </ul> <p><b>Instructional techniques</b></p> <ul style="list-style-type: none"> <li>• Skills demonstration • Verbal explanation • Written instructions</li> </ul>   |
| 2.4 Follow safe and hygienic working practices                           | <p>2.4.1 To include:</p> <ul style="list-style-type: none"> <li>• Fire Precautions Act • Health &amp; Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health &amp; Safety at Work Regulations • The Workplace (Health, Safety &amp; Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Legislation which relates to the work being carried out, the environment and the client with whom the make-up artist is working</li> </ul> |
| 2.5 Identify contra-actions and take appropriate action during treatment | <p>2.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Excessive erythema • Skin irritation • Swelling • Allergic reaction • Adverse skin reaction • Watery eyes • Itching • Inflammation • Foreign body enters eye i.e. product/dust • Immediate removal of products/materials • Application of cool compress • Saline eye irrigation procedure • Application of soothing lotion • Referrals procedures</li> </ul>  |
| 2.6 Provide suitable aftercare advice                                    | <p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare • Suitable home care/treatment maintenance regime • Lifestyle • Recommendations for further salon treatments • Product recommendations</li> </ul>   |
| 2.7 Complete the treatment to the satisfaction of the client             | <p>2.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Conclusion of treatment in appropriate manner to meet client's needs and manufacturers' instructions • Check treatment results with client using mirror</li> </ul>  |
| 2.8 Evaluate the results of the treatment with the client                | <p>2.8.1 To include:</p> <ul style="list-style-type: none"> <li>• Reviewing and recording treatment outcomes • Treatment recommendations • Home care advice</li> </ul>  |
| 2.9 Describe how to communicate and behave in a professional manner      | <p>2.9.1 To include:</p>  |

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|   | <ul style="list-style-type: none"> <li>• Explanation of treatment</li> <li>• Benefits, limitations and co-operation required</li> <li>• Client care, modesty and support</li> <li>• Communication</li> <li>• Correct posture, hygiene and a professional approach to the client throughout treatment</li> </ul>   |
| 2.10 State the importance of positioning themselves and the client correctly throughout the treatment | 2.10.1 To include: <ul style="list-style-type: none"> <li>• Ensuring the client is comfortable and correctly supported</li> <li>• Applying the treatment as appropriate to the client's needs</li> <li>• Therapist maintaining correct posture throughout treatment</li> </ul>  |
| 2.11 Describe safe and hygienic working practices   | 2.11.1 To include: <ul style="list-style-type: none"> <li>• Fire Precautions Act</li> <li>• Health &amp; Safety at Work Act</li> <li>• Health and Safety (First Aid) Regulations</li> <li>• The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations</li> <li>• The Manual Handling Operations Regulations</li> <li>• The Personal Protective Equipment at Work Regulations</li> <li>• The Provision and Use of Work Equipment Regulations</li> <li>• The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>• The Electricity at Work Regulations</li> <li>• Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</li> <li>• Disability Discrimination Act</li> <li>• Data Protection Act</li> <li>• Adhere to all product safety precautions and manufacturers' instructions</li> <li>• Legislation which relates to the work being carried out, the environment and the client with whom the make-up artist is working</li> </ul> |
| 2.12 Describe contra-actions which might occur during and following the treatment and how to respond  | 2.12.1 To include: <ul style="list-style-type: none"> <li>• Excessive erythema</li> <li>• Skin irritation</li> <li>• Swelling</li> <li>• Allergic reaction</li> <li>• Adverse skin reaction</li> <li>• Watery eyes</li> <li>• Itching</li> <li>• Inflammation</li> <li>• Foreign body enters eye i.e. product/dust</li> <li>• Immediate removal of products/materials</li> <li>• Application of cool compress</li> <li>• Saline eye irrigation procedure</li> <li>• Application of soothing lotion</li> <li>• Referrals procedures</li> </ul>   |
| 2.13 Describe the aftercare advice that should be provided  | 2.13.1 To include: <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare</li> <li>• Suitable home care/treatment maintenance regime</li> <li>• Lifestyle</li> <li>• Recommendations for further salon treatments</li> <li>• Product recommendations</li> </ul>   |
| 2.14 State the importance of completing the treatment to the satisfaction of the client               | 2.14.1 To include: <ul style="list-style-type: none"> <li>• Concluding the treatment in appropriate manner to meet client's needs</li> <li>• Concluding the treatment in an appropriate and safe manner to meet the client's needs</li> <li>• Ongoing treatments</li> </ul>   |
| 2.15 State the methods of evaluating the effectiveness of the treatment                               | 2.15.1 To include: <ul style="list-style-type: none"> <li>• Maintaining records</li> <li>• Aftercare</li> <li>• Home care</li> <li>• Product advice</li> <li>• Compliance with data protection</li> </ul>   |

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| 2.16 Describe the origins of camouflage make-up          | 2.16.1 To include:<br>• Plastic surgeons in World War II • The present day position<br>• Interrelationship of camouflage make-up in beauty and allied healthcare sectors • Ethical considerations when liaising with other professionals  |
| 2.17 Describe the principles of colour therapy           | 2.17.1 To include:<br>• Colour selection • Effective blending and mixing of colour • Colour wheel<br>• Complementary colours in the colour wheel  |
| 2.18 Describe the different types of light               | 2.18.1 To include:<br>• Effects on primary, secondary and tertiary colours • Principles of highlighting, shading and the effect on camouflage make-up • Effects of different types of lighting  |
| 2.19 Describe the structure and function of the skin     | 2.19.1 To include:<br><b>Skin structure:</b><br><b>Epidermis:</b> • Stratum Corneum • Stratum Lucidum • Stratum Granulosum<br>• Stratum Spinosum/Malphigian • Stratum Germinativum/Basal Layer<br><b>Dermis:</b> • Blood supply • Lymphatic supply • Hair follicle • Hair shaft<br>• Sebaceous gland • Sweat gland: Eccrine and Apocrine • Sensory nerve endings • Dermal papilla • Collagen • Elastin • Histiocytes • Mast cells<br>• Fibroblasts • Erector pili muscle • Melanocytes<br><b>Subcutaneous/Adipose Layer:</b> • The structure and function of the fatty layer underneath the Dermis<br><b>Skin functions:</b> • Secretion • Heat regulation • Absorption • Protection/Acid Mantle (composition and formation) • Elimination/excretion • Sensation<br>• Vitamin D formation (7-dehydro-cholesterol) |
| 2.20 Describe different skin types, conditions and tones | 2.20.1 To include:<br><b>Skin types</b> • White • Black • Asian type skin • Mixed • Dry • Oily<br>• Combination<br><b>Skin conditions/characteristics</b> • Mature skin • Young skin • Sensitive<br>• Dehydrated • Lack of elasticity • Lack of muscle tone • Blemishes • Age<br>• Crows' feet • Broken capillaries • Open pores • Milia • Comedones<br>• Pustules • Papules • Hyper pigmentation • Hypo pigmentation • Dermatitis papulosa nigra • Psuedo folliculitis • Keloids • In-growing hairs • Vitiligo<br>• Albinism • Chloasma • Ephelides • Lentigo • Naevae • Port wine stain<br>• Leucoderma<br>• Scarring • Thin skin • Small moles<br><b>Skin tones:</b> • Fair • Medium • Dark • Olive  |

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| <p><b>Assessment</b><br/> <b>Unit 924 – Camouflage Make-up</b></p> <p><b>Practical Assessment</b><br/> All Learners will be assessed via an internal task assessment of their technical skills and treatment techniques</p> | <p>Unit 924 – Camouflage Make-Up task assessment forms may be downloaded from <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a></p> <p>Unit 924 – Camouflage Make-Up assignment must be evidenced using assignment assessment form see <a href="http://www.itecworld.co.uk">www.itecworld.co.uk</a></p> |
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