

<p>ITEC Level 3</p> <p>Unit 839 – Apply and Maintain Nail Enhancements</p> <p>Recommended Minimum Guided Learning Hours – 111</p>	
<p>Learning outcome The Learner will:</p> <p>1. Be able to prepare for nail enhancements services</p>	
Assessment Criteria	Taught Content
<p>1.1 Prepare themselves, client and work area for nail enhancement services</p> <p>1.2 Use suitable consultation techniques to identify treatment objectives</p> <p>1.3 Carry out nail and skin analysis</p> <p>1.4 Provide clear recommendations to the client</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> • Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilising /sanitising tools and equipment • Procedures used to prepare client for treatment • Client care and modesty <p>1.2. To include: An example of a consultation form can be downloaded from: www.itecworld.co.uk</p> <ul style="list-style-type: none"> • Suitable area • Positive body language • Positioning of the client • Communication skills • Professionalism • Contraindications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature <p>1.3.1 To include:</p> <ul style="list-style-type: none"> • Skin type and condition • Nail type and condition • Natural nail shape e.g. oval, square hook, fan, ski jump • Factors affecting nail growth: • Health • Age • Diet • Medication • Climate • Damage • Lifestyle <p>1.4.1 To include:</p> <p>Taking into account the following:</p> <ul style="list-style-type: none"> • The outcome of the skin and nail analysis • Client requirements • Occupation • Lifestyle • Current regime • Identification of the appropriate nail enhancement system

<p>1.5 Select products, tools and equipment to suit client treatment needs, skin types and nail conditions</p>	<ul style="list-style-type: none"> • Recommendations for ongoing maintenance treatments and the level of commitment required <p>1.5.1 To include:</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Nail tips • Covered dappen dish • Sculpting forms • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone • Base coat • Top coat • Enamel <p>Products, tools and equipment applicable for the following nail enhancement systems:</p> <ul style="list-style-type: none"> • Liquid and powder • Gel • Wraps
<p>1.6 Describe salon requirements for preparing themselves, the client and work area</p>	<p>1.6.1 To include:</p> <ul style="list-style-type: none"> • Any particular rights, restrictions and Acts applicable to nail enhancement services • Code of practice/ethics • Insurance and professional association membership • Record keeping • Professional appearance
<p>1.7 Describe the environmental conditions suitable for nail enhancement services</p>	<p>1.7.1 To include:</p> <ul style="list-style-type: none"> • Lighting • Heating • Ventilation • Noise Levels • Available space • Music • General hygiene • Waste disposal • Décor • Equipment • Privacy • Reception areas • General use/treatment areas • Safety aspects • Protective equipment
<p>1.8 Describe the different consultation techniques used to identify treatment objectives</p>	<p>1.8.1 To include:</p> <ul style="list-style-type: none"> • Positive body language • Positioning of the client (no barriers between themselves and client) • Good communication skills (asking open and/or closed questions where appropriate) • Verbal and non-verbal communication
<p>1.9 Explain the importance of carrying out a detailed nail and skin analysis</p>	<p>1.9.1 To include:</p> <ul style="list-style-type: none"> • Skin type and condition • Nail type, shape and condition i.e. dry, hook, fan, ski jump • Contraindications • Scope of treatment(s) • Identification of nail enhancement system suitability • Home care advice • Aftercare advice
<p>1.10 Describe how to select products, tools and equipment to suit client treatment needs, skin and nail conditions</p>	<p>1.10.1 To include:</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising

<p>1.11 Describe the different nail and skin conditions</p> <p>1.12 Explain the contraindications that prevent or restrict nail enhancement services</p>	<p>solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment</p> <ul style="list-style-type: none"> • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Nail tips • Covered dappen dish • Sculpting forms • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone • Base cost • Top coat • Enamel <p>Products, tools and equipment applicable for the following nail enhancement systems:</p> <ul style="list-style-type: none"> • Liquid and powder • Gel • Wraps <p>1.11.1 To include:</p> <ul style="list-style-type: none"> • Beau’s lines • Bitten nails • Blue nail • Brittle nails • Bruised nails • Discoloured nails • Dry nails • Flaking nails • Hang nails • Koilonychia • Lamella Dystrophy • Leuconychia • Misshapen nails • Mould • Onychatrophia • Onychauxis • Onychia • Onychocryptosis • Onychogryphosis • Onycholysis • Onychomycosis (Tinea Ungium) • Onychophagy • Onychophyma • Onychoptosis • Onychorrhhexis • Paronychia (Whitlow) • Pitting • Pterygium • Sepsis • Split nails • Transverse ridges • Vertical ridges • Weak nails • Mature skin • Young skin • Sensitive skin • Dehydrated skin • Dry skin • Dermatitis • Eczema • Psoriasis • Corns • Chilblains • Warts • Verrucae <p>1.12.1 To include:</p> <p>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</p> <ul style="list-style-type: none"> • Haemophilia • Any condition already being treated by a GP, dermatologist or another practitioner • Acute arthritis • Nervous or Psychotic conditions • Recent operations on the area • Diabetes • Undiagnosed pain • Acute rheumatism <p>Contraindications that restrict treatment:</p> <ul style="list-style-type: none"> • Fever • Infectious or contagious diseases • Infectious or contagious diseases of the skin and nails • Under the influence of recreational drugs or alcohol • Diarrhoea and vomiting • Any known allergies • Undiagnosed lumps and bumps • Inflammation • Cuts • Bruises • Abrasions • Scar tissue (2 years for major operations and 6 months for a small scar) • Recent fractures (minimum 3 months) • Sunburn • Repetitive strain injury • Carpal Tunnel Syndrome • Loss of skin sensation • Severely bitten/damaged nails • Nail separation • Eczema • Psoriasis • Dermatitis • Broken bones
<p>Learning outcome The Learner will:</p> <p>2. Be able to provide nail enhancement services</p>	

Assessment Criteria	Taught Content
<p>2.1 Communicate and behave in a professional manner</p> <p>2.2 Follow health and safety working practices and Industry Code of Practice for Nail Services</p> <p>2.3 Position themselves and client correctly throughout the treatment</p> <p>2.4 Use products, tools, equipment and techniques to suit clients service needs, nail and skin conditions</p>	<p>2.1.1 To include:</p> <ul style="list-style-type: none"> • Checking consultations and contraindications • Explaining the treatment to the client • Benefits, limitations and co-operation required • Helping the client throughout the treatment • Positioning the client correctly • Sanitising client's hands as appropriate • Sanitising own hands as appropriate throughout treatment • Protecting the client's modesty at all times • Ensuring that the client is comfortable • Using appropriate covered supports • Adapt the nail enhancement treatments to suit the needs of the client • Ensuring client does not stand on floor with bare feet (where applicable) • Client care • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment <p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions • Industry Code of Practice for nail services <p>2.3.1 To include:</p> <ul style="list-style-type: none"> • Positioning of the client • Client comfort • Application of the treatments • Nail technician self-care <p>2.4.1 To include:</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools

	<ul style="list-style-type: none"> • Clippers • Scissors • Appropriate light source i.e. UV or LED • Nail tips • Covered dappen dish • Sculpting forms • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone • Base coat • Top coat • Enamel <p>Products, tools, equipment and techniques applicable for the following nail enhancement systems: • Liquid and powder • Gel • Wraps</p>
2.5 Complete the service to the satisfaction of the client	<p>2.5.1 To include:</p> <ul style="list-style-type: none"> • Conclusion of treatment in appropriate manner to meet client's needs
2.6 Record and evaluate the results of the treatment	<p>2.6.1 To include:</p> <ul style="list-style-type: none"> • Reviewing and recording treatment outcomes • Treatment recommendations • Homecare advice
2.7 Provide suitable aftercare advice	<p>2.7.1 To include:</p> <ul style="list-style-type: none"> • Recommendations for immediate aftercare and treatment maintenance • Product recommendations • Lifestyle • Recommendation of specialist products • Recommendation of further salon treatments including removal
2.8 Explain how to communicate and behave in a professional manner	<p>2.8.1 To include:</p> <ul style="list-style-type: none"> • Consultation • Treatment explanation • Client care • Hygiene • Good communication skills
2.9 Describe health and safety working practices and Industry Code of Practice for nail services	<p>2.9.1 To include:</p> <ul style="list-style-type: none"> • Fire Precautions Act • Health & Safety at Work Act • Health and Safety (First Aid) Regulations • The Management of Health & Safety at Work Regulations • The Workplace (Health, Safety & Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Industry Code of Practice for nail services • Adhere to all safety precautions and manufacturers instructions <p>Specific safety precautions for each nail enhancement system as follows: • Liquid and powder • Gel • Wraps</p>
2.10 Explain the importance of positioning themselves and the client correctly throughout the service	<p>2.10.1 To include:</p> <ul style="list-style-type: none"> • Ensuring the client is comfortable and correctly supported • Applying the treatments as appropriate to the client's needs • Nail technician maintaining correct posture throughout treatment

<p>2.11 Explain the importance of using products, tools, equipment and techniques to suit clients service needs, nail and skin conditions</p>	<p>2.11.1 To include:</p> <ul style="list-style-type: none"> • Couch or chair • Trolley or manicure table • Stool • Magnifying lamp • Towels • Additional support if appropriate • Bedroll • Disinfecting fluid • Tissues • Lint Free Pads • Sterilising solution • UV cabinet • Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal • Files • Buffers • Brushes appropriate to the system • Orange wood stick • Cuticle tools • Clippers • Scissors • Appropriate light source i.e. UV or LED • Nail tips • Covered dappen dish • Sculpting forms • Natural nail cleanser • Nail preparation products • Adhesives • Oils • Acetone free nail polish remover • Acetone • Base coat • Top coat • Enamel <p>Products, tools, equipment and techniques applicable for the following nail enhancement systems:</p> <ul style="list-style-type: none"> • Liquid and powder • Gel • Wraps
<p>2.12 Describe how services can be adapted to suit client service needs, nail and skin conditions</p>	<p>2.12.1 To include:</p> <ul style="list-style-type: none"> • Restrictions • Nail shapes, types and conditions • Skin condition • Client preferences and commitment • Product availability and suitability • Time scales • Costs • Liquid and powder • Gel • Wraps
<p>2.13 Describe how to maintain and remove nail enhancements</p>	<p>2.13.1 To include:</p> <ul style="list-style-type: none"> • Rate and process of nail growth • After care, home care and treatment maintenance advice specific to each system • Infilling • Rebalancing • Repositioning of white tip product • Replacement of overlay • Repair of overlay • Identification of correct removal method • Removal procedures specific to nail enhancement system
<p>2.14 State the contra-actions that may occur during and following service and how to respond</p>	<p>2.14.1 To include:</p> <ul style="list-style-type: none"> • Excessive erythema • Skin irritation • Exothermic reaction • Allergic reaction • Itching • Inflammation • Lifting • Premature Loss of Enhancement • Ridging • Shedding • Separation • Infection • Hang nail • Overexposure • Client abuse; Biting/picking • Damaged cuticle • Holes in nail plate • Bacterial infection of the nail • Dehydration • Mould • Discolouration • Sepsis • Loss of Natural Nail • Immediate removal of enhancements • Referral procedures
<p>2.15 Explain the importance of completing the service to the satisfaction of the client</p>	<p>2.15.1 To include:</p> <ul style="list-style-type: none"> • Concluding the treatment in appropriate manner to meet client's needs • Ongoing treatments
<p>2.16 Explain the importance of completing the treatment records</p>	<p>2.16.1 To include:</p> <ul style="list-style-type: none"> ▪ Maintaining records ▪ Aftercare ▪ Home care ▪ Product advice ▪ Compliance with Data Protection
<p>2.17 Describe the methods of evaluating the</p>	<p>2.17.1 To include:</p>

<p>effectiveness of the treatment</p> <p>2.18 Describe the chemical process involved in nail enhancement systems</p> <p>2.19 Describe the structure and functions of the nail and skin</p> <p>2.20 Describe the different natural nail shapes</p>	<ul style="list-style-type: none"> • Maintaining records for accurate future treatment • Aftercare • Home care • Product advice • Compliance with current legislation • Concluding the treatment in the correct manner to meet client's requirements • The treatment should be performed for the required amount of time efficiently and professionally ensuring the working area remains clean and tidy throughout <p>2.18.1 To include:</p> <ul style="list-style-type: none"> • Polymerisation • Exothermic effect • Light curing • Light sources • Appropriate timings • Lamp wattage, positioning and safety • Activators and Accelerators • Initiators • Monomers • Polymers • Oligomers • Primers • Solvents <p>2.19.1 To include:</p> <p>The Nail</p> <ul style="list-style-type: none"> • Free edge • Hyponychium • Eponychium • Peronychium • Lunula • Mantle • Cuticle • Nail plate • Nail bed • Nail fold • Matrix • Nail wall • Nail growth • Protection <p>The Skin</p> <p>Epidermis</p> <ul style="list-style-type: none"> • Stratum Corneum • Stratum Lucidum • Stratum Granulosum • Stratum spinosum/Malpighian • Stratum Germinativum/Basal Layer <p>Dermis • Blood supply • Lymphatic supply • Hair follicle • Hair • Sebaceous gland • Sweat gland: Eccrine and Apocrine • Sensory nerve endings • Dermal papilla • Collagen • Elastin • Histiocytes • Mast cells • Fibroblasts • Erector pili muscle • Melanocytes</p> <p>Subcutaneous/Adipose Layer • The fatty layer underneath the Dermis</p> <p>Functions: • Secretion • Heat regulation • Absorption • Protection/Acid Mantle (composition and formation) • Elimination/excretion • Sensation</p> <ul style="list-style-type: none"> • Vitamin D formation (7-dehydro-cholesterol) <p>2.20.1 To include:</p> <ul style="list-style-type: none"> • Fan • Hook • Oval • Pointed • Round • Ski Jump/Spoon • Square
<p>Unit 839 – Apply and Maintain Nail Enhancements</p> <p>Practical Assessment All candidates will be examined via a practical examination of their technical skills and treatment techniques</p> <p>Treatment evidence</p>	<p>Unit 839 – Apply and Maintain Nail Enhancements Practical assessment forms and marking criteria may be downloaded from www.itecworld.co.uk</p> <p>Unit 839 – Apply and Maintain Nail Enhancements must be evidenced through the use of</p>

<p>Evidence of 15 Treatments to include: Consultation including medical history Nail and skin analysis Nail enhancement service details including specific details of products used Client feedback Aftercare and home care advice including retail recommendations and advice for further treatments Learner and Client signatures Treatment date</p> <p>The 15 nail enhancement treatments must include: Liquid and powder: 1 full set coloured powder enhancements 1 full set sculpted enhancements using pink and white powder 1 rebalance and reposition of white product 1 nail biter treated using tips and French opaque overlays 1 removal Gel: 1 full set coloured gel enhancements 1 full set sculpted enhancements using pink and white gel 1 rebalance and reposition of white product 1 nail biter treated using tips and French opaque overlays 1 removal Wraps: 3 tip and fibreglass overlay 1 rebalance with fabric 1 removal technique</p>	<p>signed and dated treatment evidence forms. See www.itecworld.co.uk for sample form</p>
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