

## SCHEME OF WORK APPLICATION FORM

For each ITEC qualification, the lecturer/centre must complete Scheme of Work for each unit indicating how the lecturer is planning to cover the ITEC syllabus throughout the course.

Set out the planned sessions in terms of *Learning Outcomes* to be achieved. These should match those stated within the ITEC syllabus for each unit. Include all units of each course offered. Hours should meet the minimum guided learning hours listed within the syllabus.

**Unit Title: Unit 841 - Airbrush Designs for Nails**

**Lecturer(s) responsible:**

**Total contact tuition hours proposed: 22**

| Learning Outcomes  | Lecture Content   | Suggested Resources  | Approx Hours |
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| <b>Introductory session</b>  | College rules and regulations<br>College mission statement<br>ITEC rules and regulations<br>Health & Safety<br>Timetable<br>Dates – holidays etc.<br>Syllabus<br>Recommended books<br>Uniform   | Lecture<br>Q&A<br>Using all the documents listed to ensure the students understand the college expectations and their commitment to the course |              |
| <b>1. Be able to plan and prepare for airbrush nail art services</b>         |   |  |              |
| Develop airbrush nail art design plans using research material and resources | <ul style="list-style-type: none"> <li>• Research i.e. current trends, fashion</li> <li>• Research material i.e. trade publications, magazines, newspapers, the internet, exhibitions</li> <li>• Resources i.e. specialist suppliers</li> <li>• Portfolio work</li> <li>• Themes i.e. bridal, seasonal, colour fades, stencil work</li> <li>• Colour theory</li> <li>• Colour schemes</li> <li>• Client requirements</li> <li>• Ensure client desires are realistic in terms of nail size and shape</li> <li>• Design plan adaptations</li> </ul> | OHP/Whiteboard<br>Lecture<br>Q&A<br>Homework<br>Test:  | 8            |
| Prepare themselves, client and work area for airbrush nail art services      | <ul style="list-style-type: none"> <li>• Preparation of working area</li> <li>• Equipment</li> <li>• Products</li> <li>• Work wear</li> <li>• Personal appearance and behaviour</li> <li>• Hygiene e.g. sterilising /sanitising tools and equipment</li> <li>• Procedures used to prepare client for treatment</li> <li>• Client care and modesty</li> </ul>  |  |              |
| Use suitable consultation techniques to identify treatment objectives        | <ul style="list-style-type: none"> <li>• Suitable area</li> <li>• Positive body language</li> <li>• Positioning of the client</li> <li>• Communication skill</li> <li>• Professionalism</li> <li>• Contraindications and contra-actions</li> <li>• Airbrush nail art design plan</li> <li>• Products and techniques used</li> <li>• Consent</li> <li>• Confidentiality</li> <li>• Client's signature</li> </ul>   |  |              |
| Carry out nail and skin  | <ul style="list-style-type: none"> <li>• Skin type and condition</li> <li>• Nail type and</li> </ul>  |  |              |

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| <p>analysis</p> <p>Provide clear recommendations to the client</p> <p>Select products, tools and equipment to suit client treatment needs, skin and nail conditions</p> <p>Explain the importance of developing nail art design plans</p> | <p>condition • Natural nail shape and size e.g. oval, square hook, fan, ski jump, wide</p> <ul style="list-style-type: none"> <li>• Factors affecting nail growth: • Health • Age</li> <li>• Diet • Medication • Climate • Damage</li> <li>• Lifestyle</li> </ul> <p>Taking into account the following:</p> <ul style="list-style-type: none"> <li>• The outcome of the skin and nail analysis</li> <li>• Occupation • Lifestyle • Current regime</li> <li>• Client requirements • Identification and recommendation of the appropriate airbrush design and airbrush products</li> <li>• Recommendations for ongoing maintenance of airbrush nail art finish and the level of commitment required</li> </ul> <ul style="list-style-type: none"> <li>• Couch or chair • Trolley or manicure table</li> <li>• Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers</li> <li>• Disinfecting fluid • Magnifying lamp</li> <li>• Tissues • Paper towels • Lint Free Pads</li> <li>• Sterilising solution • UV cabinet</li> <li>• Autoclave • Hot bead steriliser • Chemical immersion equipment • Waste disposal</li> <li>• Face Mask • Protective Glasses • Files</li> <li>• Buffers • Orange wood stick • Cuticle tools</li> <li>• Clippers • Scissors • Compressor or appropriate air supply • Air hose • Airbrush equipment i.e. cup feed or gravity feed airbrushes • Stencils i.e. lace, mesh</li> <li>• Masking paper/frisket • Knife and cutting board • Cleaning brush • Cleaning station</li> <li>• Appropriate airbrush cleanser • Base coat</li> <li>• Bond coat • Topcoat/Sealer • Nail Enamels</li> <li>• Adhesives • Oils • Natural nail cleanser</li> <li>• Nail polish remover • Paints i.e. acrylic, water-based, metallic</li> <li>• Products for the following: • Airbrushing techniques – contouring, stencilling, masking, colour fading, blending, freehand</li> <li>• Airbrushing designs – soft French, chevron French, fancy French, animal print, flowers, flames, tropical, seasonal, complex linear designs</li> </ul> <ul style="list-style-type: none"> <li>• Developing ideas and themes • Practicing and perfecting techniques • Enhancing ability and speed • Demonstrating versatility and ability to adapt designs to client needs</li> <li>• Experience with differing equipment, products and techniques • Staying abreast of current and emerging trends within the industry and related fields that may have an impact i.e. fashion • Portfolio building</li> <li>• Continuous Professional Development</li> </ul> |  |  |
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| <p>Describe salon requirements for preparing themselves, the client and work area</p>                                | <ul style="list-style-type: none"> <li>• Any particular rights, restrictions and Acts applicable to airbrush nail art services</li> <li>• Code of practice/ethics</li> <li>• Insurance and professional association membership</li> <li>• Record keeping</li> <li>• Professional appearance</li> <li>• Personal protective equipment</li> </ul>  |  |  |
| <p>Describe the environmental conditions suitable for airbrush nail treatment</p>                                    | <ul style="list-style-type: none"> <li>• Lighting</li> <li>• Heating</li> <li>• Ventilation</li> <li>• Noise Levels</li> <li>• Available space</li> <li>• Music</li> <li>• General hygiene</li> <li>• Waste disposal</li> <li>• Décor</li> <li>• Equipment</li> <li>• Pressurised equipment</li> <li>• Privacy</li> <li>• Reception areas</li> <li>• General use/treatment areas</li> <li>• Safety aspects</li> <li>• Pressurised equipment</li> <li>• Protective equipment</li> </ul>   |  |  |
| <p>Describe the different consultation techniques used to identify treatment objectives</p>                          | <ul style="list-style-type: none"> <li>• Positive body language</li> <li>• Positioning of the client (no barriers between themselves and client)</li> <li>• Good communication skills (asking open and/or closed questions where appropriate)</li> <li>• Verbal and non-verbal communication</li> </ul>  |  |  |
| <p>Explain the importance of carrying out a detailed nail and skin analysis</p>                                      | <ul style="list-style-type: none"> <li>• Skin type and condition</li> <li>• Nail type, shape, condition and size i.e. dry, hook, fan, ski jump, wide</li> <li>• Contraindications</li> <li>• Scope of treatment(s)</li> <li>• Establish client's desires are realistic</li> <li>• Identification of airbrush design and product suitability</li> <li>• Home care advice</li> <li>• Aftercare advice</li> </ul>   |  |  |
| <p>Describe how to select products, tools and equipment to suit client treatment needs, nail and skin conditions</p> | <ul style="list-style-type: none"> <li>• Couch or chair</li> <li>• Trolley or manicure table</li> <li>• Stool</li> <li>• Towels</li> <li>• Additional support if appropriate</li> <li>• Bedroll</li> <li>• Disposable slippers</li> <li>• Disinfecting fluid</li> <li>• Magnifying lamp</li> <li>• Tissues</li> <li>• Paper towels</li> <li>• Lint Free Pads</li> <li>• Sterilising solution</li> <li>• UV cabinet</li> <li>• Autoclave</li> <li>• Hot bead steriliser</li> <li>• Chemical immersion equipment</li> <li>• Waste disposal</li> <li>• Face Mask</li> <li>• Protective Glasses</li> <li>• Files</li> <li>• Buffers</li> <li>• Orange wood stick</li> <li>• Cuticle tools</li> <li>• Clippers</li> <li>• Scissors</li> <li>• Compressor or appropriate air supply</li> <li>• Air hose</li> <li>• Airbrush equipment i.e. cup feed or gravity feed airbrushes</li> <li>• Stencils i.e. lace, mesh</li> <li>• Masking paper/frisket</li> <li>• Knife and cutting board</li> <li>• Cleaning brush</li> <li>• Cleaning station</li> <li>• Appropriate airbrush cleanser</li> <li>• Base coat</li> <li>• Bond coat</li> <li>• Topcoat/Sealer</li> <li>• Nail Enamels</li> <li>• Adhesives</li> <li>• Oils</li> <li>• Natural nail cleanser</li> <li>• Nail polish remover</li> <li>• Paints i.e. acrylic, water-based, metallic</li> <li>• Products for the following: <ul style="list-style-type: none"> <li>• Airbrushing techniques – contouring, stencilling, masking, colour fading, blending, freehand</li> </ul> </li> </ul> |  |  |

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| <p>Explain the contraindications that prevent or restrict airbrush nail treatment</p>  | <ul style="list-style-type: none"> <li>• Airbrushing designs – soft French, chevron French, fancy French, animal print, flowers, flames, tropical, seasonal, complex linear designs</li> </ul> <p><b>Contraindications requiring medical permission – in circumstances where medical permission cannot be obtained clients must sign an informed consent form stating that the treatment and its effects have been fully explained to them and confirm that they are willing to proceed without permission from their GP:</b></p> <ul style="list-style-type: none"> <li>• Any condition already being treated by a GP, dermatologist or another practitioner</li> <li>• Acute arthritis • Nervous or Psychotic conditions • Recent operations on the area</li> <li>• Undiagnosed pain • Acute rheumatism</li> <li>• Asthma</li> </ul> <p><b>Contraindications that restrict treatment:</b></p> <ul style="list-style-type: none"> <li>• Fever • Infectious or contagious diseases</li> <li>• Infectious or contagious diseases of the skin and nails • Under the influence of recreational drugs or alcohol • Diarrhoea and vomiting</li> <li>• Any known allergies • Undiagnosed lumps and bumps • Inflammation • Cuts • Bruises</li> <li>• Abrasions • Scar tissue (2 years for major operations and 6 months for a small scar)</li> <li>• Recent fractures (minimum 3 months)</li> <li>• Sunburn • Repetitive strain injury • Carpal Tunnel Syndrome • Loss of skin sensation</li> <li>• Severely bitten/damaged nails • Nail separation • Eczema • Psoriasis • Dermatitis</li> <li>• Broken bones • Warts • Verrucae</li> </ul> |   |           |
| <p><b>2. Be able to provide airbrush nail art services</b></p>                         |  |   |           |
| <p>Communicate and behave in a professional manner</p> <p>Follow health and safety</p> | <ul style="list-style-type: none"> <li>• Checking consultations and contraindications • Explaining the treatment to the client • Benefits, limitations and co-operation required • Helping the client throughout the treatment • Positioning the client correctly • Sanitising client's hands as appropriate • Sanitising own hands as appropriate throughout treatment • Protecting the client's modesty at all times • Ensuring that the client is comfortable • Using appropriate covered supports • Adapt the airbrush nail art treatments to suit the needs of the client • Ensuring client does not stand on floor with bare feet (where applicable) • Client care • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment</li> </ul> <ul style="list-style-type: none"> <li>• Fire Precautions Act • Health &amp; Safety at</li> </ul>  | <p>OHP/Whiteboard<br/>Lecture<br/>Q&amp;A<br/>Handout:<br/>Homework<br/>Test:</p> | <p>14</p> |

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| <p>working practices</p> <p>Position themselves and client correctly throughout the treatment</p> <p>Use products, tools, equipment and techniques to meet design plan and to suit clients treatment needs, nail and skin conditions</p> <p>Complete the treatment to the satisfaction of the client</p> <p>Record and evaluate the results of the treatment</p> | <p>Work Act • Health and Safety (First Aid) Regulations • The Management of Health &amp; Safety at Work Regulations • The Workplace (Health, Safety &amp; Welfare) Regulations • The Manual Handling Operations Regulations • The Personal Protective Equipment at Work Regulations • The Provision and Use of Work Equipment Regulations • The Control of Substances Hazardous to Health Regulations (COSHH) • The Electricity at Work Regulations • Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) • Disability Discrimination Act • Data Protection Act • Adhere to all product safety precautions and manufacturers' instructions</p> <ul style="list-style-type: none"> <li>• Positioning of the client • Client comfort</li> <li>• Application of the airbrush nail art design</li> <li>• Airbrush nail artist self-care</li> </ul> <ul style="list-style-type: none"> <li>• Couch or chair • Trolley or manicure table</li> <li>• Stool • Towels • Additional support if appropriate • Bedroll • Disposable slippers</li> <li>• Disinfecting fluid • Magnifying lamp</li> <li>• Tissues • Paper towels • Lint Free Pads</li> <li>• Sterilising solution • UV cabinet • Autoclave</li> <li>• Hot bead steriliser • Chemical immersion equipment • Waste disposal • Face Mask</li> <li>• Protective Glasses • Files • Buffers • Orange wood stick • Cuticle tools • Clippers • Scissors</li> <li>• Compressor or appropriate air supply • Air hose • Airbrush equipment i.e. cup feed or gravity feed airbrushes • Stencils i.e. lace, mesh • Masking paper/frisket • Knife and cutting board • Cleaning brush • Cleaning station • Appropriate airbrush cleanser</li> <li>• Base coat • Bond coat • Topcoat/Sealer • Nail Enamels • Adhesives • Oils</li> <li>• Natural nail cleanser • Nail polish remover • Paints i.e. acrylic, water-based, metallic</li> <li>• Products for the following: • Airbrushing techniques – contouring, stencilling, masking, colour fading, blending, freehand</li> <li>• Airbrushing designs – soft French, chevron French, fancy French, animal print, flowers, flames, tropical, seasonal, complex linear designs</li> </ul> <ul style="list-style-type: none"> <li>• Conclusion of treatment in appropriate manner to meet client's needs and airbrush nail art design plan</li> </ul> <ul style="list-style-type: none"> <li>• Reviewing and recording airbrush nail art design plan and treatment outcomes</li> <li>• Treatment recommendations • Homecare</li> </ul> |  |  |
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| <p>Provide suitable aftercare advice</p> <p>Explain how to communicate and behave in a professional manner</p> <p>Describe health and safety working practices</p> <p>Explain the importance of positioning themselves and the client correctly throughout the treatment</p> <p>Explain the importance of using products, tools, equipment and techniques to meet design plan and to suit clients treatment needs, nail and skin conditions</p> | <p>advice</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare and treatment maintenance</li> <li>• Product recommendations</li> <li>• Lifestyle</li> <li>• Recommendation of further salon treatments including removal</li> </ul> <ul style="list-style-type: none"> <li>• Consultation</li> <li>• Treatment explanation</li> <li>• Client care</li> <li>• Hygiene</li> <li>• Good communication skills</li> </ul> <ul style="list-style-type: none"> <li>• Fire Precautions Act</li> <li>• Health &amp; Safety at Work Act</li> <li>• Health and Safety (First Aid) Regulations</li> <li>• The Management of Health &amp; Safety at Work Regulations</li> <li>• The Workplace (Health, Safety &amp; Welfare) Regulations</li> <li>• The Manual Handling Operations Regulations</li> <li>• The Personal Protective Equipment at Work Regulations</li> <li>• The Provision and Use of Work Equipment Regulations</li> <li>• The Control of Substances Hazardous to Health Regulations (COSHH)</li> <li>• The Electricity at Work Regulations</li> <li>• Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)</li> <li>• Disability Discrimination Act</li> <li>• Data Protection Act</li> <li>• Adhere to all safety precautions and manufacturers instructions</li> </ul> <ul style="list-style-type: none"> <li>• Ensuring the client is comfortable and correctly supported</li> <li>• Applying the treatments as appropriate to the client's needs</li> <li>• Airbrush nail artist maintaining correct posture throughout treatment</li> </ul> <ul style="list-style-type: none"> <li>• Couch or chair</li> <li>• Trolley or manicure table</li> <li>• Stool</li> <li>• Towels</li> <li>• Additional support if appropriate</li> <li>• Bedroll</li> <li>• Disposable slippers</li> <li>• Disinfecting fluid</li> <li>• Magnifying lamp</li> <li>• Tissues</li> <li>• Paper towels</li> <li>• Lint Free Pads</li> <li>• Sterilising solution</li> <li>• UV cabinet</li> <li>• Autoclave</li> <li>• Hot bead steriliser</li> <li>• Chemical immersion equipment</li> <li>• Waste disposal</li> <li>• Face Mask</li> <li>• Protective Glasses</li> <li>• Files</li> <li>• Buffers</li> <li>• Orange wood stick</li> <li>• Cuticle tools</li> <li>• Clippers</li> <li>• Scissors</li> <li>• Compressor or appropriate air supply</li> <li>• Air hose</li> <li>• Airbrush equipment i.e. cup feed or gravity feed airbrushes</li> <li>• Stencils i.e. lace, mesh</li> <li>• Masking paper/frisket</li> <li>• Knife and cutting board</li> <li>• Cleaning brush</li> <li>• Cleaning station</li> <li>• Appropriate airbrush cleanser</li> <li>• Base coat</li> <li>• Bond coat</li> <li>• Topcoat/Sealer</li> <li>• Nail Enamels</li> <li>• Adhesives</li> <li>• Oils</li> <li>• Natural nail cleanser</li> <li>• Nail polish remover</li> <li>• Paints i.e. acrylic, water-based, metallic</li> </ul> |  |  |
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| <p>Describe how the treatment can be adapted to suit client treatment needs</p> <p>State the contra-actions that may occur during and following treatments and how to respond</p> <p>Explain the importance of completing the treatment to the satisfaction of the client</p> <p>Explain the importance of completing treatment records</p> <p>Describe the methods of evaluating the effectiveness of the treatment</p> <p>Describe the aftercare advice that should be provided</p> <p>Describe the structure and functions of the nail and skin</p> | <ul style="list-style-type: none"> <li>• Products for the following: • Airbrushing techniques – contouring, stencilling, masking, colour fading, blending, freehand</li> <li>• Airbrushing designs – soft French, chevron French, fancy French, animal print, flowers, flames, tropical, seasonal, complex linear designs</li> <li>• Restrictions • Nail shapes, types, size and conditions • Skin condition • Client preferences and commitment • Airbrush nail art design plan • Product availability and suitability • Time scales • Costs</li> <li>• Excessive erythema • Skin irritation</li> <li>• Allergic reaction • Itching • Inflammation</li> <li>• Premature loss of airbrush nail art design</li> <li>• Client abuse; Biting/picking • Chipping</li> <li>• Discolouration • Staining of the natural nail plate • Air bubbles • Smudging • Immediate removal of products • Referral procedures</li> <li>• Concluding the treatment in appropriate manner to meet client’s needs and airbrush design plan • Ongoing treatments</li> <li>• Maintaining records • Aftercare • Home care • Product advice • Compliance with Data Protection</li> <li>• Maintaining records for accurate future treatment • Aftercare • Home care • Product advice • Compliance with current legislation</li> <li>• Concluding the treatment in the correct manner to meet client’s requirements and airbrush design plan • The treatment should be performed for the required amount of time efficiently and professionally ensuring the working area remains clean and tidy throughout</li> </ul> <p>Based upon consultation, skin and nail analysis and airbrush design plan:</p> <ul style="list-style-type: none"> <li>• Recommendations for immediate aftercare and treatment maintenance • Product recommendations • Lifestyle • Smoking habits</li> <li>• Hobbies • Stress levels • Recommendation of further salon treatments in relation to maintenance and removal</li> </ul> <p><b>The Nail</b></p> <ul style="list-style-type: none"> <li>• Free edge • Hyponychium • Eponychium</li> <li>• Peronychium • Lunula • Mantle • Cuticle</li> <li>• Nail plate • Nail bed • Nail fold • Matrix • Nail wall • Nail growth • Protection</li> </ul> |  |  |
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