

Unit 755 - Assist with Nail Services

Guided Learning Hours: 40

| Learning Outcome | Assessment Criteria |
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| 1. Be able to use safe and effective working methods when assisting with nail services | 1.1 Prepare the work area, according to salon procedures and instructions 1.2 Maintain personal hygiene, protection and appearance, according to industry and organisational requirements 1.3 Use personal protective equipment, according to the industry Code of Practice for Nail Services 1.4 Clean all equipment using suitable methods 1.5 Position equipment and materials for safety and ease of use 1.6 Position the client and themselves to minimise fatigue and risk of injury to meet the needs of the service 1.7 Dispose of waste materials 1.8 Complete the treatment within a commercially viable time 1.9 Leave the treatment area in a suitable condition for further treatments 1.10 Keep records up-to-date, accurate, easy to read and signed |
| 2. Be able to consult, plan and prepare for nail services | 2.1 Use consultation techniques to identify the client's treatment needs 2.2 Provide advice to the client without causing concern or referring to specific medical conditions 2.3 Perform a nail and skin analysis on the client, recording the results |

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| | <p>2.4 Refer clients with contraindicated skin conditions to a senior member of staff</p> <p>2.5 Obtain signed, written, informed consent prior to carrying out the treatment from the client or parent/guardian if the client is a minor</p> <p>2.6 Check that a parent or guardian is present throughout the treatment for minors</p> <p>2.7 Encourage clients to ask questions to clarify any points</p> <p>2.8 Prepare the client's hands or feet to meet the needs of the agreed service, according to senior member of staff's instructions</p> <p>2.9 Prepare suitable products for the nail service based on the results of the nail and skin analysis</p> <p>2.10 Confirm the client's choice of nail finish before commencing the service</p> <p>2.11 Confirm the preparation for the nail service meets with the agreement of the senior member of staff</p> |
| <p>3. Be able to carry out nail services</p> | <p>3.1 Use suitable equipment and materials, according to the manufacturers' and senior therapist's instructions</p> <p>3.2 Use filing techniques to ensure the nail free edge is left smoothed and shaped to the required length</p> <p>3.3 Confirm the desired nail length and shape with the client during the service, making alterations when required</p> <p>3.4 Use buffing techniques to create a smooth, even surface to the nail plate, if required</p> <p>3.5 Moisturise the skin using a suitable product</p> <p>3.6 Remove excess moisture from the natural nail prior to applying the required finish</p> |

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| | <p>3.7 Use a suitable nail finish to meet the agreed service plan, leaving the cuticle free from product and debris</p> <p>3.8 Confirm the client's and senior member of staff's satisfaction with the finished result</p> <p>3.9 Provide suitable aftercare advice to the client</p> |
| 4. Know the organisational and legal requirements related to nail services | <p>4.1 Outline own responsibilities under current health and safety legislation, standards and guidance</p> <p>4.2 Outline the importance of the Disability Discrimination Act in relation to the salon</p> <p>4.3 Outline why minors should not be given treatments without the informed consent and presence of a parent or guardian</p> <p>4.4 State own responsibilities and reasons for maintaining personal hygiene, protection and appearance, according to industry and organisational requirements</p> <p>4.5 Describe how to maintain and store the client's records in the salon in accordance with the Data Protection Act</p> <p>4.6 Outline the importance of following a senior member of staff's instructions and the consequences of not doing so</p> <p>4.7 State the salon's service times and pricing structures for completing day make-up</p> <p>4.8 Outline the importance of completing the service in a commercially viable time</p> |
| 5. Know how to work safely and effectively when providing nail services | <p>5.1 State how to safely prepare the work area and position equipment and materials for nail services</p> <p>5.2 Identify different types of sterilising and disinfecting equipment and chemicals</p> <p>5.3 Identify different types and uses of sterilising and disinfecting equipment and chemicals</p> <p>5.4 Describe how to sterilise and disinfect tools and equipment for nail services</p> |

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| | <p>5.5 Outline the principles of avoiding cross-infection and the importance of maintaining standards of general hygiene</p> <p>5.6 State how to prepare and position themselves and the client for nail services, avoiding potential discomfort and injury</p> <p>5.7 Identify potential risks of ineffective positioning of clients to themselves</p> <p>5.8 Outline how to minimise and dispose of waste from treatments</p> <p>5.9 Outline the condition in which to leave the work area and its importance</p> |
| 6. Know the contraindications and contra-actions of nail services | <p>6.1 Outline the conditions and disorders that may contraindicate the treatment and why</p> <p>6.2 Outline conditions and disorders that may restrict the treatment and why</p> <p>6.3 State potential contra-actions which may occur during and after nail services and the advice that should be given to clients</p> |
| 7. Know how to use client consultation and service planning for nail services | <p>7.1 Describe how to use consultation techniques to meet the needs of different client groups</p> <p>7.2 Outline the questioning and listening skills used to gather information</p> <p>7.3 State how to provide advice and recommendations to clients</p> <p>7.4 Outline how to interpret negative and positive body language and its importance</p> <p>7.5 Outline the importance and legal significance of questioning clients and recording responses on contraindications to nail services</p> <p>7.6 Outline the reasons for not naming specific contraindications and the importance of encouraging clients to seek medical advice</p> <p>7.7 Outline the importance of providing time and encouragement for clients to ask questions</p> |

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| <p>8. Know anatomy and physiology related to nail services</p> | <p>8.1 Outline the basic structure of the nail unit</p> <p>8.2 Outline the basic structure of the skin</p> |
| <p>9. Know about the use of nail treatments</p> | <p>9.1 Identify materials and tools required for the service, and how, when and why to use them</p> <p>9.2 Identify the different types and uses of nail and skin products</p> <p>9.3 State the effects on the nails of improper use of nail service tools</p> <p>9.4 Outline how to create different types of nail shapes, according to the client's requirements</p> <p>9.5 Outline methods of applying a buffed finish, a clear nail polish, a light nail polish and a nail strengthener</p> <p>9.6 State the proper method of removing nail polish</p> |
| <p>10. Know how to provide aftercare advice for clients following nail services</p> | <p>10.1 Outline why it is important to provide a basic home care routine</p> <p>10.2 Outline how to use tools and products at home</p> <p>10.3 State the recommended time intervals for nail services</p> |