

## Unit 708 – Provide Facial Skin Care Treatment

Guided Learning Hours: 68

Learning Outcome	Assessment Criteria
1. Be able to use safe and effective methods of working when improving and maintaining facial skin condition	<ul style="list-style-type: none"><li>1.1 Set up and maintain the work area to meet legal, hygiene and treatment requirements</li><li>1.2 Maintain personal standards of appearance, hygiene and protection that meets accepted industry and organisational requirements</li><li>1.3 Clean tools and equipment using the correct methods</li><li>1.4 Use accepted industry hygiene and safety practices throughout the treatment</li><li>1.5 Position equipment, materials, themselves and the client to meet the need of the treatment</li><li>1.6 Maintain the client's modesty and privacy at all times</li><li>1.7 Dispose of waste materials correctly</li><li>1.8 Complete the treatment within a commercially viable time</li><li>1.9 Leave the work area in a suitable condition for further treatments</li><li>1.1 Keep client records up to date, accurate, easy to read and signed by the client and practitioner</li></ul>
2. Be able to consult, plan and prepare for facials with clients	<ul style="list-style-type: none"><li>2.1 Use effective consultation techniques</li><li>2.2 Obtain signed, written and informed consent prior to any treatment from the client or from a parent or guidance if the client is a minor</li><li>2.3 Identify any contraindications by questioning the client, establishing their current skin care routine and recording the client responses accurately</li><li>2.4 Protect the client's clothing, hair and accessories effectively</li><li>2.5 Cleanse the client's skin prior to skin analysis</li><li>2.6 Perform a skin analysis on the client, and record the skin type and condition</li></ul>

	<p>2.7 Take any necessary action in response to identified contraindications</p> <p>2.8 Recommend suitable treatments and products for the client's skin type and condition, and agree a service and outcomes that are acceptable to the client and meet their needs</p> <p>2.9 Select suitable facial products and equipment for the client's skin type and skin condition based on the results of the skin analysis</p>
3. Be able to improve and maintain skin condition	<p>3.1 Use facial products and equipment following manufacturers' instruction</p> <p>3.2 Cleanse the skin</p> <p>3.3 Use suitable exfoliation techniques, which minimise any discomfort to the client and leave the skin smooth, and free of any surface debris and products</p> <p>3.4 Carry out any necessary comedone extraction, as required, minimising discomfort to the client and with minimal damage to the skin</p> <p>3.5 Use and adapt massage techniques with suitable massage media to meet the needs of the client and agreed treatment plan</p> <p>3.6 Apply mask treatments evenly and neatly, ensuring that the area to be treated is covered, and remove masks after a recommended time and without discomfort to the client</p> <p>3.7 Tone and moisturise the skin</p> <p>3.8 Check the finished result is to the client's satisfaction and meets the agreed treatment plan</p> <p>3.9 Give client suitable aftercare advice</p>
4. Understand organisational and legal requirements	<p>4.1 Describe own responsibilities under relevant health and safety legislation</p> <p>4.2 Explain why minors should not be given treatments without informed and signed parental or guardian consent</p> <p>4.3 Describe why it is important, when treating minors under 16 years of age, to have a parent or guardian present</p> <p>4.4 State the age at which an individual is classed as a minor and how this differs nationally</p>

	<p>4.5 Describe the importance of not discriminating against clients with illnesses and disabilities</p> <p>4.6 Explain the legal significance of gaining signed, informed consent to treatment</p> <p>4.7 Describe own responsibilities and reasons for maintaining personal hygiene, protection and appearance according to accepted industry and organisational requirements</p> <p>4.8 Explain the importance of and reasons for keeping and storing client records</p> <p>4.9 State the salon's service times for completing facial treatments and the importance of completing the application in a commercially viable time</p> <p>4.10 State the salon's pricing structures</p> <p>4.11 Describe how to complete client records used in the salon and the importance of gaining clients' signatures</p>
5. Understand how to work safely and effectively when providing facial treatments	<p>5.1 Describe how to set up the work area and prepare and use equipment and materials for facial treatments</p> <p>5.2 Describe the necessary environmental conditions for facial treatments (including lighting, heating, ventilation and general comfort) and why these are important</p> <p>5.3 Compare the differences between sterilising and disinfecting</p> <p>5.4 Explain the importance of and reasons for disinfecting hands, and how to do this effectively</p> <p>5.5 Describe how to maintain equipment and materials in a clean and hygienic condition</p> <p>5.6 Describe how to prepare themselves and clients for facial treatments</p> <p>5.7 Describe how to avoid potential discomfort and injury and the risks of poor positioning of clients</p> <p>5.8 Describe how to check equipment used for facial treatments</p> <p>5.9 Describe why it is important to maintain standards of hygiene and the principles of avoiding cross-infection</p> <p>5.10 Explain how to minimise and dispose of waste from treatments</p> <p>5.11 Describe the condition in which the work area should be left ready and why this is important</p>
6. Understand how to perform client consultation and treatment planning	<p>6.1 Describe how to use effective consultation techniques</p>

	<p>6.2 Describe the questioning and listening skills require to find out information</p> <p>6.3 Describe how to give effective advice and recommendations to clients</p> <p>6.4 Describe how to interpret negative and positive body language</p> <p>6.5 Describe the importance of questioning clients to establish any contraindications to facial treatments</p> <p>6.6 Explain why it is important to record client responses to questioning</p> <p>6.7 Explain why it is important to encourage and allow time for clients to ask questions</p> <p>6.8 Describe the legal significance of client questioning and of recording the clients responses</p> <p>6.9 Explain the reasons why it is important to encourage clients with contraindications to seek medical advice</p> <p>6.10 Describe the importance of and reasons for not naming specific contra indications when referring clients to a general practitioner</p> <p>6.11 Explain why it is important to maintain client's modesty and privacy</p> <p>6.12 Explain how to prepare treatment plans</p> <p>6.13 Describe how to prepare clients for treatments</p> <p>6.14 Describe how to position clients for facial treatments</p> <p>6.15 Describe how to conduct a skin analysis</p> <p>6.16 Describe the relationship between the client's skin care routine, its current condition and implications for treatment</p>
<p>7. Understand anatomy and physiology that relates to facial skin care treatments</p>	<p>7.1 Describe the structure and function of the skin</p> <p>7.2 The skin characteristics and skin types of different client groups</p> <p>7.3 Describe the actions of the facial, neck and shoulder muscles</p> <p>7.4 Describe the bones of the head, neck and shoulder girdle</p>

	<p>7.5 Describe the position of the head, face, neck, chest and shoulder girdle bones</p> <p>7.6 Describe the position of the face, neck and shoulder muscles</p> <p>7.7 Describe how the natural ageing process affects facial skin and muscle tone</p> <p>7.8 Describe the composition and function of blood and lymph and its role in improving skin and muscle condition</p>
8. <u>Understand</u> contraindications that affect or restrict facial skin care treatments	<p>8.1 Describe the contraindications which require medical referral and why they require referral</p> <p>8.2 Describe the contraindications which restrict treatment and why they restrict treatment</p>
9. Understand facial skin care techniques, products and treatment planning	<p>9.1 Describe how to adapt facial techniques for male and female clients</p> <p>9.2 Describe how to recognise different skin types and conditions</p> <p>9.3 Describe how environmental and lifestyle factors affect the condition of the skin</p> <p>9.4 Describe how to treat and suitable courses of action for different skin types and conditions</p> <p>9.5 Describe the recommended frequency of treatments</p> <p>9.6 Compare the range and uses of products available for facial treatments</p> <p>9.7 Describe the different types of specialist skin products and how to apply them</p> <p>9.8 Explain the reasons for and benefits of: cleansing the skin, exfoliating the skin, toning the skin, warming the skin, applying massage, applying masks and skin care products</p> <p>9.9 Compare the different types and effects of skin warming devices</p> <p>9.10 Describe how to safely manually extract comedones</p> <p>9.11 Describe the different types of massage techniques, the differences between them, and how to adapt them to suit the skin types and conditions</p> <p>9.12 Describe the effects of massage techniques on the skin, muscle and underlying structures</p> <p>9.13 Describe the skin types best suited to oil or cream massage mediums</p>

	<p>9.14 Compare the different types of masks and their effects on the skin</p> <p>9.15 Describe the links between mask treatment timing and skin condition</p> <p>9.16 Describe how to identify erythema and its causes</p> <p>9.17 Describe possible contra-actions which may occur during the facial treatment and how to deal with them</p>
10 Understand the aftercare advice to provide clients for facial care treatments	<p>10.1 Explain why it is important to provide a basic home care routine</p> <p>10.2 Describe aftercare products that will benefit the client and those to avoid and why</p> <p>10.3 Describe the contra-actions that may occur after facial treatments and what advice to give clients</p> <p>10.4 Describe the recommended time intervals for facial treatments</p>