

Unit 709 - Provide Pedicure Services

Guided Learning Hours: 53

Learning Outcome	Assessment Criteria
1. Be able to use safe and effective methods of working when providing pedicure services	<ul style="list-style-type: none">1.1 Prepare the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements1.2 Maintain personal standards of hygiene and appearance that meet accepted industry Code of Practice for Nail Services and organisational requirements1.3 Clean all tools and equipments using the correct methods1.4 Use accepted industry hygiene and safety practices throughout the service1.5 Select and position equipment, materials, products, themselves and the client to meet the needs of the service1.6 Dispose of waste materials correctly1.7 Complete the service within a commercially viable time1.8 Keep the client's records up to date, accurate, easy to read and signed by client and therapist1.9 Leave the work area in a suitable condition for further nail services
2. Be able to consult, plan and prepare for the service with clients	<ul style="list-style-type: none">2.1 Use effective consultation techniques2.2 Obtain signed, written, informed consent from the client, or from a parent or guardian if the client is a minor2.3 Identify any contraindications by questioning the client, and record clients responses accurately2.4 Disinfect the client's feet to restore the nails to a natural condition2.5 Assess the client's nail and skin condition, and recommend suitable treatments and products in a clear way to help the client's understanding2.6 Agree a service and outcomes that are acceptable to the client and their needs2.7 Take any necessary action in response to identified contraindications

<p>3. Be able to carry out pedicure services</p>	<p>3.1 Clean and dry clients' feet</p> <p>3.2 File nails, ensuring that the nail free edge is left smoothed and shaped to the required length</p> <p>3.3 Use the correct buffing technique for the service plan and the client's needs</p> <p>3.4 Use cuticle tools and products safely and effectively, ensuring that the cuticle and nail plate are undamaged</p> <p>3.5 Remove any excessive hard skin using a foot rasp, as required</p> <p>3.6 Use massage techniques and apply the correct quantity and type of massage medium to meet the service plan</p> <p>3.7 Leave the nails feet and lower legs free of any excess massage medium</p> <p>3.8 Apply a suitable base coat, polish and top coat relevant to the client's needs, as required</p> <p>3.9 Complete the service to the client's satisfaction and to meet the agreed service plan</p> <p>3.10 Give the client suitable aftercare advice</p>
<p>4. Understand organisational and legal requirements</p>	<p>4.1 Describe own responsibilities under relevant health and safety legislation and the Industry Code of Practice for Nail services</p> <p>4.2 Describe the importance of not discriminating against clients with illnesses and disabilities</p> <p>4.3 Explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present</p> <p>4.4 Explain the legal significance of gaining signed, informed consent to service</p> <p>4.5 Explain the importance of and reasons for keeping and storing client records</p> <p>4.6 Describe the possible risks of ineffective positioning of clients</p> <p>4.7 Explain why it is important to maintain standards of hygiene and the principles for avoiding cross-infection</p> <p>4.8 Describe how to minimise and dispose of waste from services</p> <p>4.9 Explain the importance of completing pedicure services in a commercially viable time</p>

	4.10 Outline the salon's pricing structures and service times for pedicure treatments
5. Understand how to work safely and effectively when providing pedicure services	<p>5.1 Describe the protective equipment that should be available and why it is important to use it</p> <p>5.2 Describe what contact dermatitis is and how to avoid developing it when carrying out nail services</p> <p>5.3 Describe how to prepare, use and maintain the tools and materials for pedicure services</p> <p>5.4 Compare the different methods of disinfecting and sterilising tools and equipment</p> <p>5.5 Explain the importance of and reasons for disinfecting feet and how to do it effectively</p> <p>5.6 Describe the necessary environmental conditions for nail services and why they are important</p> <p>5.7 Describe how to effectively and safely position tools and materials for pedicure services</p> <p>5.8 Describe the condition in which the work area should be left and why this is important</p>
6. Understand how to perform client consultation	<p>6.1 Describe how to use effective consultation techniques</p> <p>6.2 Describe how to give effective advice and recommendations to clients</p> <p>6.3 Describe the questioning and listening skills required to find out information</p> <p>6.4 Describe how to conduct nail and skin analysis</p> <p>6.5 Describe the importance of questioning clients to establish any contraindications to pedicure services</p> <p>6.6 Explain why it is important to record client responses to questioning</p> <p>6.7 Describe the legal significance of client questioning, and of recording the clients responses</p> <p>6.8 Explain why it is important to encourage and allow time for clients to ask questions</p> <p>6.9 Explain the importance of and reasons for not naming specific contraindications when encouraging clients to seek medical advice</p> <p>6.10 Explain how to prepare service plans</p>
7. Understand contraindications and contractions that affect or restrict pedicure	7.1 Describe the contraindications which require medical referral and why they require referral

services	<p>7.2 Describe the contraindications that may restrict the service and why they restrict the service</p> <p>7.3 Describe the possible contra-actions which may occur during or after the pedicure service</p>
8. Understand the anatomy and physiology that relates to pedicure services	<p>8.1 Describe the bones of the foot and lower leg</p> <p>8.2 Describe the muscles of the foot and lower leg</p> <p>8.3 Describe the blood circulation to the foot and lower leg</p> <p>8.4 Describe the structure of the nail unit</p> <p>8.5 Describe the process of nail growth</p> <p>8.6 Describe the structure and function of the skin</p> <p>8.7 Compare the skin characteristics and skin types of different client groups</p> <p>8.8 Describe natural nail shapes</p>
9. Understand pedicure services, techniques and products	<p>9.1 Describe how to identify treatable nail and skin conditions</p> <p>9.2 Describe the different types of techniques used within pedicure and how to carry them out</p> <p>9.3 Explain how to select and adapt pedicure services to suit individual client needs</p> <p>9.4 Describe the benefits and effects of foot and nail treatments</p> <p>9.5 Describe the different types of pedicure tools and equipment and how to use them</p> <p>9.6 Describe the effects on the nail and skin of incorrect use of pedicure tools</p> <p>9.7 Explain the importance of filing the free edge straight</p> <p>9.8 Describe the features and benefits of pedicure products</p> <p>9.9 Explain the reason why several services are necessary to improve skin and nail conditions</p> <p>9.10 Describe the different types and effects of massage movements used in pedicure services</p>

	<p>9.11 Describe the effects of massage techniques on the nail, skin muscle and underlying structures</p> <p>9.12 Describe the different types of massage mediums and when they should be used</p> <p>9.13 Explain the importance of removing excess moisture, debris and product from the natural nail to prepare for required nail finish</p> <p>9.14 Explain the importance of recommending a nail finish suitable for the client</p> <p>9.15 Explain the reasons for applying base and top coat and the consequences of not doing so</p> <p>9.16 Describe the correct method of applying and removing different nail finishes</p>
<p>10. Understand the aftercare advice to provide clients for pedicure services</p>	<p>10.1 Describe the aftercare requirements for pedicure services and why they are important</p> <p>10.2 Explain the aftercare products that will benefit the client</p> <p>10.3 Describe the contra-actions that could occur after nail services and what advice to give to clients</p> <p>10.4 State the recommended time intervals between services</p>