

	<ul style="list-style-type: none"> • The bones of the hand and lower arm - (Refer to A&P generic test specification) • The muscles of the lower arm and hand - (Refer to A&P generic test specification) • The blood circulation to the lower arm and hand - (Refer to A&P generic test specification) • The structure of the nail unit - (Refer to A&P generic test specification) • The process of nail growth - (3Q) • The structure and function of the skin - (Refer to A&P generic test specification) • The skin characteristics and skin types of different ethnic client groups (1Q) • How to adapt manicure service to suit a male client (1Q) • The benefits and effects of the hand and nail treatments in the range (4Q) • The features and benefits of manicure products (2Q) • The effects of massage techniques on the nails, skin, muscles and underlying structures (4Q) • The different types of massage mediums and when they should be used (2Q) • The reasons for applying base and top coat and the consequences of not doing so (2Q) • Possible contra-actions which may occur during or after the manicure service (2Q) 	<p>8.1</p> <p>8.2</p> <p>8.3</p> <p>8.4</p> <p>8.5</p> <p>8.6</p> <p>8.7</p> <p>9.4</p> <p>9.5</p> <p>9.6</p> <p>9.13</p> <p>9.14</p> <p>9.17</p> <p>7.3</p>
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