

Unit 751 - Provide Threading Services

Guided Learning Hours: 29

Learning Outcome	Assessment Criteria
1. Be able to maintain safe and effective methods of working when providing threading services	<ul style="list-style-type: none">1.1 prepare the work environment to meet legal, hygiene and safety requirements for threading1.2 make sure their personal hygiene, protection and appearance meets accepted industry and organisational requirements1.3 adopt a positive, polite and reassuring manner towards the client throughout the service1.4 make sure that environmental conditions are suitable for the client and the threading service1.5 make sure all tools and equipment are cleaned using the correct methods1.6 keep the work area clean and tidy throughout the service1.7 effectively disinfect hands before and after the service1.8 wear the recommended personal protective equipment to avoid cross-infection1.9 maintain accepted industry hygiene and safety practices throughout the treatment1.10 select and correctly position suitable tools, materials and products for the threading service1.11 make sure their own posture and position minimises fatigue and the risk of injury whilst working1.12 position themselves and client correctly throughout the service

	<p>1.13 minimise wastage of products and materials during the threading service</p> <p>1.14 dispose of waste correctly to meet local authority requirements</p> <p>1.15 make sure that the service is cost effective and carried out within a commercially viable time</p> <p>1.16 make sure the client's records are up-to-date, accurate, easy to read and signed by the client and practitioner</p> <p>1.17 leave the work area and equipment in a condition suitable for further services</p>
2. Be able to consult, plan and prepare for threading services with clients	<p>2.1 use suitable consultation techniques in a polite and professional manner to determine the client's requirements</p> <p>2.2 make sure that informed and signed parent or guardian consent is obtained for minors prior to threading services</p> <p>2.3 make sure that a parent or guardian is present throughout the threading service for minors under the age of 16</p> <p>2.4 ask clients appropriate questions to identify if they have any contra-indications to the threading service</p> <p>2.5 take the necessary action in response to any identified contra-indications and the client's suitability for the threading service</p> <p>2.6 make sure client advice is given without reference to a specific medical condition and without causing undue alarm and concern</p> <p>2.7 encourage clients to ask questions to clarify any points</p> <p>2.8 accurately record the client's responses to questions</p>

	<p>2.9 clearly explain the threading process and the assistance required by the client</p> <p>2.10 clearly explain the possible contra-actions to the client prior to the threading service without causing undue alarm and concern</p> <p>2.11 agree the threading service and outcomes that are acceptable to the client and meets their needs</p> <p>2.12 make sure signed, written, informed consent has been obtained from the client prior to the service</p> <p>2.13 make sure the client's hair and clothing is protected and clothing and accessories are removed when necessary</p> <p>2.14 help the client into a safe, comfortable and relaxed position for the service</p> <p>2.15 provide suitable support and cushioning to the back and neck area</p> <p>2.16 use the correct pre treatment products to clean and prepare the treatment area(s)</p>
3. Be able to remove unwanted hair	<p>3.1 methods are carried out to minimise discomfort to the client</p> <p>3.2 make sure the hair removal methods are carried out at a comfortable distance from the client whilst maintaining the correct tension of the thread</p> <p>3.3 select a new piece of thread for each treatment area</p> <p>3.4 provide clear instructions to the client on how and when to support their skin throughout the threading service</p> <p>3.5 create a well balanced, proportioned and defined eyebrow shape to suit the client's requirements, when required</p> <p>3.6 check the client's wellbeing throughout the service and giving the necessary</p>

	<p>reassurance</p> <p>3.7 discontinue the service and provide advice and recommendations where contra- actions occur</p> <p>3.8 make sure the client's treatment area(s) is free of unwanted hair and treated with a suitable soothing product</p> <p>3.9 make sure that the finished result is to the client's satisfaction and meets the agreed service plan</p>
4. Be able to provide aftercare advice	<p>4.1 give advice and recommendations accurately and constructively</p> <p>4.2 give clients suitable advice specific to their individual needs</p>
5. Know organisational and legal requirements	<p>describe their responsibilities under</p> <p>5.1 relevant local and national health and safety legislation</p> <p>describe the importance of not</p> <p>5.2 discriminating against clients with illnesses and disabilities and why e.g. Disability Discrimination Act</p> <p>state the age at which an individual is</p> <p>5.3 classed as a minor and how this differs nationally</p> <p>5.4 describe the importance of checking</p>

	<p>current insurance guidelines for the delivery of the service</p> <p>explain why minors should only be treated</p> <p>5.5 with informed and signed parental or guardian consent</p> <p>5.6 describe why it is important when treating minors to have a parent or guardian present</p> <p>explain the legal significance of gaining</p> <p>5.7 signed, informed client consent for the service.</p> <p>5.8 state local authority and organisational requirements for waste disposal</p> <p>explain why it is important to maintain</p> <p>5.9 standards of hygiene and the principles for avoiding cross infection</p> <p>explain the importance of meeting industry and organisational requirements in relation</p> <p>5.10 to personal hygiene, protection and appearance</p>
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	<p>explain the importance of the correct</p> <p>5.11 storage of client records in relation to the Data Protection Act</p> <p>explain the organisation's service times for</p> <p>5.12 threading services and the importance of completing services in a commercially viable time</p> <p>5.13 describe the organisation's requirement for client preparation</p> <p>describe the importance of and reasons for</p> <p>5.14 keeping records of services and gaining client and practitioner signatures</p> <p>5.15 describe how to complete client records used in their organisation</p>
6. Know how to work safely effectively when providing threading services	<p>describe the type of personal protective equipment that should be worn for</p> <p>6.1 threading and why e.g. powder-free, nitrile or vinyl disposable gloves</p> <p>6.2 explain why it is important to use Personal Protective Equipment</p>

	<p>6.3 explain the health and safety implications of using the different threading techniques</p> <p>6.4 explain what is repetitive strain injury (RSI), how it is caused and how to avoid developing it when delivering threading services</p> <p>6.5 describe the importance of using a new piece of thread on each facial area</p> <p>6.6 describe the importance of disposing the thread after working on each treatment area</p> <p>6.7 explain the implications of using mouth threading technique when wearing braces, false teeth and crowns</p> <p>6.8 explain the importance of being able to adapt and change threading techniques to maintain client and practitioner's comfort</p> <p>6.9 describe the importance of questioning clients to establish any contra-indications to threading services</p> <p>6.10 explain why it is importance to record client responses to questioning</p> <p>6.11 explain the legal significance of client questioning and recording clients' responses</p> <p>6.12 describe methods of disinfecting and sterilising tools and equipment</p> <p>6.13 describe how to maintain equipment, tools and materials in a clean and hygienic condition</p> <p>6.14 explain the importance of and reasons for disinfecting hands and how to do this effectively</p> <p>6.15 describe the necessary environmental conditions for threading services</p>
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	<p>(including lighting, heating, ventilation and general comfort) and why these are important</p> <p>6.16 describe how to minimise and dispose of general waste from threading services</p> <p>6.17 describe how to effectively, prepare and safely position equipment, tools and materials for threading services</p> <p>6.18 explain how to avoid potential discomfort and injury to themselves and their client and the risks of poor positioning of clients</p> <p>6.19 describe the condition in which the work area should be left and why this is important</p>
7. Be able to consult, plan and prepare for the threading service	<p>7.1 describe how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this service</p> <p>7.2 describe the importance of clearly explaining the threading process and the assistance required by the client</p> <p>7.3 explain the importance of effective communication and discussion</p> <p>7.4 describe how to give effective advice and recommendations to clients</p> <p>7.5 describe the questioning and listening skills you need in order to find out information</p>

	<p>7.6 explain why it is important to encourage and allow time for clients to ask questions</p> <p>7.7 explain why it is important to explain possible contra-actions to the client</p> <p>7.8 describe the importance of conducting visual examinations to establish hair growth patterns and characteristics, contra indications etc</p> <p>7.9 explain the importance of cleaning and preparing the area to be treated</p> <p>7.10 describe why it is important to cut stray and long brow hairs prior to commencing an eyebrow shape</p> <p>7.11 describe the importance of establishing and agreeing a service plan with client</p>
8. Know Anatomy and Physiology	<p>8.1 describe the structure of the skin i.e. layers of the epidermis, the dermis, the subcutaneous layer, the hair follicle, the hair shaft, the sebaceous gland, arrector pili muscle, sweat gland, blood and lymph vessels and sensory nerve endings</p>

	<p>8.2 describe the basic principles of hair growth i.e. anagen, catagen, telogen</p> <p>8.3 describe the importance of recognising different types of hair growth e.g. terminal, vellus and ingrown hairs</p> <p>8.4 describe the causes of hair growth i.e topical, congenital, systemic</p>
9. Know contra-indications and contra-actions	<p>describe the contra-indications that would prevent the service and why e.g. contact lenses, contagious skin conditions, recent scar tissue, sunburn, eye infections, skin allergies</p> <p>9.1</p> <p>9.2 describe the conditions which restrict the service and why e.g. moles, skin tags</p> <p>9.3 describe the potential consequences of carrying out threading on a contra-indicated client</p> <p>9.4 explain the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice</p> <p>9.5 explain the importance of and reasons for not naming specific contra-indications when encouraging client to seek medical advice</p> <p>describe how to recognise and deal with the contra-actions that can occur as a result of threading services e.g. blood spots, abrasions, histamine (allergic) reaction, excessive erythema</p> <p>9.6</p>
10 Know threading tools, materials and equipment	<p>describe the type of tools and materials</p> <p>10.1 used for threading e.g. scissors, disposable eye brow brush etc</p> <p>explain the importance of using a thread</p> <p>10.2 that is specifically designed for threading</p>

	<p>10.3 describe the types of products suitable for pre and post threading services</p> <p>10.4 explain the importance of having the correct equipment for threading e.g. a couch or chair with suitable back, neck and leg support</p>
11 Know treatment specific knowledge	<p>11.1 describe the history of threading and different types of threading techniques</p> <p>11.2 explain the advantages and disadvantages of threading</p> <p>11.3 describe the shape and proportion of the eyebrows in relation to facial features and existing eyebrow shape</p> <p>11.4 explain the importance of measuring the eyebrows for threading to ensure a complimentary and symmetrical shape</p> <p>11.5 describe how to carry out the threading techniques</p> <p>11.6 describe the importance of performing safe, quick and effective threading techniques</p> <p>11.7 describe the importance of maintaining and adapting the tension of the thread throughout the service</p> <p>11.8 describe the importance of maintaining a comfortable distance when threading to avoid invading the client's personal space</p> <p>11.9 explain the importance of removing the hair against the direction of the hair growth</p>

	<p>11.10 describe the advantages of practicing threading techniques on larger areas of the body e.g. legs and arms to develop speed and dexterity skills</p> <p>11.11 describe the importance of adapting the threading techniques to suit male client requirements e.g. removing external hair on ears and nose</p> <p>11.12 state other methods of hair removal e.g. tweezing, shaving, depilatory creams, electrical depilatory, abrasive mitts, light based hair reduction, waxing, electrical epilation and the effect of these methods on the threading service</p> <p>11.13 describe the importance of the client supporting the skin throughout the threading service</p>
12. Be able to provide aftercare advice for clients	<p>12.1 describe aftercare requirements for threading services and why these are important e.g. avoidance of heat and friction, use of perfumed, chemical based and make-up products</p> <p>12.2 describe the importance of recommending the client returns for threading services every 2 to 4 weeks</p>