

Unit 724 – Provide Body Electrical Treatments

Guided Learning Hours: 106

Learning Outcome	Assessment Criteria
1. Be able to maintain effective and safe methods of working when providing body electrical treatments	<ul style="list-style-type: none">1.1 set up work area to meet organisation and manufacturers' instructions1.2 use industry hygiene and safety practices throughout the service to minimise the risk of cross-infection1.3 position the person and themselves to minimise fatigue and the risk of injury and allow ease of body electrical application, maintenance and removal1.4 clean all tools and equipments using the correct methods1.5 position equipment, products and materials for ease and safety of use1.6 adopt a positive , polite and reassuring manner towards the client throughout the treatment1.7 maintain the client's modesty, privacy and comfort at all times1.8 check the client's wellbeing at regular intervals according to organisational policy1.9 dispose of waste materials safely and correctly1.10 complete the treatment within a commercially viable time1.11 keep records are up to date, accurate, easy to read and signed by the client and practitioner1.12 leave the treatment area and equipment in a suitable condition for future treatments
2. Be able to consult, plan and prepare for treatments with clients	<ul style="list-style-type: none">2.1 use effective consultation techniques in a polite and friendly manner to determine the client's treatment needs

- 2.2 obtain signed, written and informed consent prior to the treatment from the client or minor for a minor a parent or guardian
- 2.3 explain to the client what the treatment entails in a way they can understand
- 2.4 ask the client appropriate questions to identify their medical history, body type, body condition and life style pattern
- 2.5 identify any contra-indications to body electrical treatments by asking the person questions and recording the responses
- 2.6 provide client advice without reference to a specific to a specific medical condition and without causing undue alarm and concern
- 2.7 carry out thermal and tactile test to accurately determine the client's skin response to heat and pressure stimuli
- 2.8 carry out a test patch, if necessary, to determine skin sensitivity and to avoid adverse reactions
- 2.9 recommend alternative treatments which are suitable for the client's condition and needs if contra-indicated for body electrical treatments
- 2.10 explain and agree the projected cost, likely duration, frequency and types of treatment needed
- 2.11 agree in writing the client's needs, expectations and treatment objective, ensuring they are realistic and achievable
- 2.12 check that the client's skin is clean and prepared to suit the type of equipment to be used
- 2.13 select suitable equipment and related products to suit the treatment objectives

<p>3. Be able to carry out body electrical treatments</p>	<p>3.1 explain the sensation created by the equipment being used</p> <p>3.2 explain the treatment procedure to the client in a clear and simple way at each stage in the process</p> <p>3.3 safely use the correct treatment settings, applicator and accessories on the body throughout the treatment in accordance with manufacturers' instructions</p> <p>3.4 adjust the intensity and duration of the treatment to suit the client's body type and condition and the areas of the body being treated</p> <p>3.5 take prompt remedial action if the client experiences discomfort or contra-actions</p> <p>3.6 apply a suitable post-treatment product to the treated area, if required</p> <p>3.7 check the finished result is to the client's satisfaction and meets the agreed treatment objectives</p> <p>3.8 give client suitable aftercare advice</p>
<p>4. Understand organisational and legal requirements</p>	<p>4.1 explain their responsibilities under relevant health and safety legislation, standards and guidance</p> <p>4.2 explain the importance of not discriminating against clients with illnesses and disabilities and why</p> <p>4.3 state the age at which an individual is classed as a minor and how this differs nationally</p> <p>4.4 explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present</p> <p>4.5 explain why minors should not be given treatments without informed and signed parental or guardian present</p>

	<p>4.6 explain the legal significance of gaining signed, informed consent to treatment</p> <p>4.7 explain their responsibilities and reasons for maintaining their own personal hygiene, protection and appearance according to accepted industry and organisational requirements</p> <p>4.8 explain the manufacturers' and organisational requirements for waste disposal</p> <p>4.9 explain the importance of the correct storage of client records in relation to the Data Protection Act</p> <p>4.10 explain how to complete the client records used in their organisation and the importance of and reasons for keeping records of treatments and gaining client signatures</p> <p>4.11 explain the organisation's requirements for client preparation</p> <p>4.12 explain their organisation's service times for body electrical treatments</p> <p>4.13 explain their organisation's and manufacturers' requirements for treatment area, equipment maintenance and equipment cleaning regimes</p>
<p>5. Understand how to work safely and effectively when providing body electrical treatments</p>	<p>5.1 explain how to set up the work area for body electrical treatments</p> <p>5.2 explain the necessary environmental conditions for body electrical treatments</p> <p>5.3 explain the type of personal protective equipment that should be worn for micro-dermabrasion treatments and why</p> <p>5.4 explain the importance and reasons for disinfecting hands and how to do this effectively</p> <p>5.5 explain how to position themselves and the client for body electrical treatments</p>

	<p>5.6 explain the reasons for maintaining client modesty, privacy and comfort during the treatment</p> <p>5.7 explain why it is important to maintain standards of hygiene and the principles of avoiding cross-infection</p> <p>5.8 explain why it is important to check the client's wellbeing at regular intervals</p>
<p>6. Understand how to perform client consultation, planning and preparation</p>	<p>6.1 explain how to use effective consultation</p> <p>6.2 explain why it is important to encourage and allow time for clients to ask questions</p> <p>6.3 explain the importance of questioning clients to establish any contra-indications to body electrical treatments</p> <p>6.4 explain possible contra-actions which may occur during the treatment and how to deal with them</p> <p>6.5 explain why it is important to record client responses to questioning</p> <p>6.6 explain the legal significance of client questioning and the recording of client responses</p> <p>6.7 explain how to give effective advice and recommendations to clients</p> <p>6.8 explain how to work out body mass index (BMI)</p> <p>6.9 explain how to visually assess muscle tone</p> <p>6.10 explain how to assess body fat, fluid retention, posture and skin type</p> <p>6.11 explain the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice</p>

	<p>6.12 explain the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice</p> <p>6.13 explain why it is important to maintain client's modesty and privacy</p> <p>6.14 explain the characteristics of different body types and body conditions</p> <p>6.15 explain the importance of using electrical treatments in conjunction with other treatments, healthy eating and exercise to maximise results</p> <p>6.16 explain the types of treatments that could be given in conjunction with, or after, body electrical treatments</p> <p>6.17 explain the types of alternative treatments which could be recommended in the event of contra-indications to electrical treatments</p>
<p>7. Understand the anatomy and physiology for body electrical treatments</p>	<p>7.1 explain the structure and function of the skeleton</p> <p>7.2 explain the structure and function of muscles, including the types of muscle</p> <p>7.3 explain the effect of exercise on muscle tone and how it can vary</p> <p>7.4 explain the positions and actions of the main muscle groups in the part of the body specified in the range</p> <p>7.5 state the definition of 'origin' and 'insertion' of a muscle</p> <p>7.6 explain the causes of muscle fatigue and how to recognise it</p> <p>7.7 describe the basic structure and function of skin .</p> <p>7.8 explain the skin characteristics and skin types of different ethnic client groups</p> <p>7.9 explain the structure, location and the body's utilisation of adipose tissue</p>

	<p>7.10 explain the function of the endocrine system and its relationship to weight gain and loss</p> <p>7.11 explain the function of the digestive system</p> <p>7.12 explain the basic principles of healthy eating</p> <p>7.13 explain how ageing affects the body and skin</p> <p>7.14 explain how age limits the effectiveness of the treatment</p> <p>7.15 explain the function of blood and the principles of circulation, blood pressure and pulse</p> <p>7.16 explain the structure and function of the heart and arteries, veins and capillaries</p> <p>7.17 explain how to identify erythema and its causes</p> <p>7.18 explain the structure and function of the lymphatic systems, including lymphatic vessels, nodes and lymph of the body</p> <p>7.19 explain the principles of lymph circulation and the interaction of lymph and blood within the circulatory system</p> <p>7.20 explain the basic principles of the central nervous system, motor points and autonomic system</p> <p>7.21 explain the effect of electrical treatment on the muscles, skin, circulatory, skeletal, lymphatic, endocrine, digestive and nervous systems</p>
<p>8. Understand contra-indications that affect or restrict body electrical treatments</p>	<p>8.1 explain those contra-indications which prevent body electrical treatment and why</p> <p>8.2 explain those contra-indications which restrict treatment and why</p>

	8.3 explain the importance of and reasons for not naming specific contra-indication when referring client to a general practitioner
9. Understand equipment, materials, products and treatment specific knowledge	<p>9.1 explain how to prepare and use the equipment and products for body electrical treatments</p> <p>9.2 evaluate the use and limitations of products used for body electrical treatments</p> <p>9.3 explain methods of disinfecting, sterilising and maintaining equipment</p> <p>9.4 explain the benefits and effects of electro-therapy machines which combine different currents and their effects</p> <p>9.5 explain the benefits of products available for electrical treatments and their effects</p> <p>9.6 explain the type of currents produced by galvanic units, EMS units, micro-current units and lymphatic drainage equipment</p> <p>9.7 explain how to select, use and adapt the use of body electrical equipment to suit different body types, body conditions and treatment objectives and why</p> <p>9.8 explain the importance of cleansing the skin prior to treatment</p> <p>9.9 explain how to carry out and interpret thermal, tactile and skin sensitivity tests</p> <p>9.10 explain the dangers associated with body electrical treatments</p> <p>9.11 summarise the physical effects created by the use of the equipment</p> <p>9.12 explain why some body treatments should be conducted in a certain direction</p> <p>9.13 explain the types of post-treatment products available and why they are necessary</p> <p>9.14 explain how to evaluate the effectiveness of body treatments</p>

	<p>9.15 explain the benefits of a course of treatment</p> <p>9.16 explain why it is important to give aftercare advice</p>
<p>10 Be able to provide aftercare advice</p>	<p>10.1 explain the lifestyle factors and changes that may be required to improve the effectiveness of the treatment</p> <p>10.2 explain post-treatment restrictions and future treatment needs</p> <p>10.3 explain products for home use that will benefit and protect the client and those to avoid and why</p> <p>10.4 explain how current eating and exercise habits can affect the effectiveness of treatment</p> <p>10.5 explain how healthy eating and exercise can improve the effectiveness of the treatment</p>