

## Unit 724 – Provide Body Electrical Treatments

Guided Learning Hours: 106

Learning Outcome	Assessment Criteria
1. Be able to maintain effective and safe methods of working when providing body electrical treatments	<ul style="list-style-type: none"><li>1.1 set up work area to meet organisation and manufacturers' instructions</li><li>1.2 use industry hygiene and safety practices throughout the service to minimise the risk of cross-infection</li><li>1.3 position the person and themselves to minimise fatigue and the risk of injury and allow ease of body electrical application, maintenance and removal</li><li>1.4 clean all tools and equipments using the correct methods</li><li>1.5 position equipment, products and materials for ease and safety of use</li><li>1.6 adopt a positive , polite and reassuring manner towards the client throughout the treatment</li><li>1.7 maintain the client's modesty, privacy and comfort at all times</li><li>1.8 check the client's wellbeing at regular intervals according to organisational policy</li><li>1.9 dispose of waste materials safely and correctly</li><li>1.10 complete the treatment within a commercially viable time</li><li>1.11 keep records are up to date, accurate, easy to read and signed by the client and practitioner</li><li>1.12 leave the treatment area and equipment in a suitable condition for future treatments</li></ul>
2. Be able to consult, plan and prepare for treatments with clients	<ul style="list-style-type: none"><li>2.1 use effective consultation techniques in a polite and friendly manner to determine the client's treatment needs</li></ul>

	<p>2.2 obtain signed, written and informed consent prior to the treatment from the client or minor for a minor a parent or guardian</p> <p>2.3 explain to the client what the treatment entails in a way they can understand</p> <p>2.4 ask the client appropriate questions to identify their medical history, body type, body condition and life style pattern</p> <p>2.5 identify any contra-indications to body electrical treatments by asking the person questions and recording the responses</p> <p>2.6 provide client advice without reference to a specific to a specific medical condition and without causing undue alarm and concern</p> <p>2.7 carry out thermal and tactile test to accurately determine the client's skin response to heat and pressure stimuli</p> <p>2.8 carry out a test patch, if necessary, to determine skin sensitivity and to avoid adverse reactions</p> <p>2.9 recommend alternative treatments which are suitable for the client's condition and needs if contra-indicated for body electrical treatments</p> <p>2.10 explain and agree the projected cost, likely duration, frequency and types of treatment needed</p> <p>2.11 agree in writing the client's needs, expectations and treatment objective, ensuring they are realistic and achievable</p> <p>2.12 check that the client's skin is clean and prepared to suit the type of equipment to be used</p> <p>2.13 select suitable equipment and related products to suit the treatment objectives</p>
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<p>3. Be able to carry out body electrical treatments</p>	<p>3.1 explain the sensation created by the equipment being used</p> <p>3.2 explain the treatment procedure to the client in a clear and simple way at each stage in the process</p> <p>3.3 safely use the correct treatment settings, applicator and accessories on the body throughout the treatment in accordance with manufacturers' instructions</p> <p>3.4 adjust the intensity and duration of the treatment to suit the client's body type and condition and the areas of the body being treated</p> <p>3.5 take prompt remedial action if the client experiences discomfort or contra-actions</p> <p>3.6 apply a suitable post-treatment product to the treated area, if required</p> <p>3.7 check the finished result is to the client's satisfaction and meets the agreed treatment objectives</p> <p>3.8 give client suitable aftercare advice</p>
<p>4. Understand organisational and legal requirements</p>	<p>4.1 explain their responsibilities under relevant health and safety legislation, standards and guidance</p> <p>4.2 explain the importance of not discriminating against clients with illnesses and disabilities and why</p> <p>4.3 state the age at which an individual is classed as a minor and how this differs nationally</p> <p>4.4 explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present</p> <p>4.5 explain why minors should not be given treatments without informed and signed parental or guardian present</p>

	<p>4.6 explain the legal significance of gaining signed, informed consent to treatment</p> <p>4.7 explain their responsibilities and reasons for maintaining their own personal hygiene, protection and appearance according to accepted industry and organisational requirements</p> <p>4.8 explain the manufacturers' and organisational requirements for waste disposal</p> <p>4.9 explain the importance of the correct storage of client records in relation to the Data Protection Act</p> <p>4.10 explain how to complete the client records used in their organisation and the importance of and reasons for keeping records of treatments and gaining client signatures</p> <p>4.11 explain the organisation's requirements for client preparation</p> <p>4.12 explain their organisation's service times for body electrical treatments</p> <p>4.13 explain their organisation's and manufacturers' requirements for treatment area, equipment maintenance and equipment cleaning regimes</p>
5. Understand how to work safely and effectively when providing body electrical treatments	<p>5.1 explain how to set up the work area for body electrical treatments</p> <p>5.2 explain the necessary environmental conditions for body electrical treatments</p> <p>5.3 explain the type of personal protective equipment that should be worn for micro-dermabrasion treatments and why</p> <p>5.4 explain the importance and reasons for disinfecting hands and how to do this effectively</p> <p>5.5 explain how to position themselves and the client for body electrical treatments</p>

	<p>5.6 explain the reasons for maintaining client modesty, privacy and comfort during the treatment</p> <p>5.7 explain why it is important to maintain standards of hygiene and the principles of avoiding cross-infection</p> <p>5.8 explain why it is important to check the client's wellbeing at regular intervals</p>
6. Understand how to perform client consultation, planning and preparation	<p>6.1 explain how to use effective consultation</p> <p>6.2 explain why it is important to encourage and allow time for clients to ask questions</p> <p>6.3 explain the importance of questioning clients to establish any contra-indications to body electrical treatments</p> <p>6.4 explain possible contra-actions which may occur during the treatment and how to deal with them</p> <p>6.5 explain why it is important to record client responses to questioning</p> <p>6.6 explain the legal significance of client questioning and the recording of client responses</p> <p>6.7 explain how to give effective advice and recommendations to clients</p> <p>6.8 explain how to work out body mass index (BMI)</p> <p>6.9 explain how to visually assess muscle tone</p> <p>6.10 explain how to assess body fat, fluid retention, posture and skin type</p> <p>6.11 explain the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice</p>

	<p>6.12 explain the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice</p> <p>6.13 explain why it is important to maintain client's modesty and privacy</p> <p>6.14 explain the characteristics of different body types and body conditions</p> <p>6.15 explain the importance of using electrical treatments in conjunction with other treatments, healthy eating and exercise to maximise results</p> <p>6.16 explain the types of treatments that could be given in conjunction with, or after, body electrical treatments</p> <p>6.17 explain the types of alternative treatments which could be recommended in the event of contra-indications to electrical treatments</p>
7. Understand the anatomy and physiology for body electrical treatments	<p>7.1 explain the structure and function of the skeleton</p> <p>7.2 explain the structure and function of muscles, including the types of muscle</p> <p>7.3 explain the effect of exercise on muscle tone and how it can vary</p> <p>7.4 explain the positions and actions of the main muscle groups in the part of the body specified in the range</p> <p>7.5 state the definition of 'origin' and 'insertion' of a muscle</p> <p>7.6 explain the causes of muscle fatigue and how to recognise it</p> <p>7.7 describe the basic structure and function of skin .</p> <p>7.8 explain the skin characteristics and skin types of different ethnic client groups</p> <p>7.9 explain the structure, location and the body's utilisation of adipose tissue</p>

	<p>7.10 explain the function of the endocrine system and its relationship to weight gain and loss</p> <p>7.11 explain the function of the digestive system</p> <p>7.12 explain the basic principles of healthy eating</p> <p>7.13 explain how ageing affects the body and skin</p> <p>7.14 explain how age limits the effectiveness of the treatment</p> <p>7.15 explain the function of blood and the principles of circulation, blood pressure and pulse</p> <p>7.16 explain the structure and function of the heart and arteries, veins and capillaries</p> <p>7.17 explain how to identify erythema and its causes</p> <p>7.18 explain the structure and function of the lymphatic systems, including lymphatic vessels, nodes and lymph of the body</p> <p>7.19 explain the principles of lymph circulation and the interaction of lymph and blood within the circulatory system</p> <p>7.20 explain the basic principles of the central nervous system, motor points and autonomic system</p> <p>7.21 explain the effect of electrical treatment on the muscles, skin, circulatory, skeletal, lymphatic, endocrine, digestive and nervous systems</p>
8. Understand contra-indications that affect or restrict body electrical treatments	<p>8.1 explain those contra-indications which prevent body electrical treatment and why</p> <p>8.2 explain those contra-indications which restrict treatment and why</p>

	8.3 explain the importance of and reasons for not naming specific contra-indication when referring client to a general practitioner
9. Understand equipment, materials, products and treatment specific knowledge	<p>9.1 explain how to prepare and use the equipment and products for body electrical treatments</p> <p>9.2 evaluate the use and limitations of products used for body electrical treatments</p> <p>9.3 explain methods of disinfecting, sterilising and maintaining equipment</p> <p>9.4 explain the benefits and effects of electro-therapy machines which combine different currents and their effects</p> <p>9.5 explain the benefits of products available for electrical treatments and their effects</p> <p>9.6 explain the type of currents produced by galvanic units, EMS units, micro-current units and lymphatic drainage equipment</p> <p>9.7 explain how to select, use and adapt the use of body electrical equipment to suit different body types, body conditions and treatment objectives and why</p> <p>9.8 explain the importance of cleansing the skin prior to treatment</p> <p>9.9 explain how to carry out and interpret thermal, tactile and skin sensitivity tests</p> <p>9.10 explain the dangers associated with body electrical treatments</p> <p>9.11 summarise the physical effects created by the use of the equipment</p> <p>9.12 explain why some body treatments should be conducted in a certain direction</p> <p>9.13 explain the types of post-treatment products available and why they are necessary</p> <p>9.14 explain how to evaluate the effectiveness of body treatments</p>



	<p>9.15 explain the benefits of a course of treatment</p> <p>9.16 explain why it is important to give aftercare advice</p>
10 Be able to provide aftercare advice	<p>10.1 explain the lifestyle factors and changes that may be required to improve the effectiveness of the treatment</p> <p>10.2 explain post-treatment restrictions and future treatment needs</p> <p>10.3 explain products for home use that will benefit and protect the client and those to avoid and why</p> <p>10.4 explain how current eating and exercise habits can affect the effectiveness of treatment</p> <p>10.5 explain how healthy eating and exercise can improve the effectiveness of the treatment</p>