

Unit 725 – Provide Facial Electrical Treatments

Guided Learning Hours: 106

Learning Outcome	Assessment Criteria
1. Be able to maintain safe and effective methods of working when providing facial electrical treatments	<ul style="list-style-type: none">1.1 set up and maintain the treatment area to meet legal, hygiene and service requirements1.2 maintain personal hygiene, protection and appearance that meets accepted industry and organisational requirements1.3 position tools and equipment for safety and ease of use1.4 position the client and themselves to minimise fatigue and risk of injury1.5 use industry hygiene and safety practices throughout the treatment1.6 adopt a positive, polite and reassuring manner towards the client throughout the treatment1.7 maintain the client's modesty, privacy and comfort at all times1.8 check the client's wellbeing at regular intervals according to organisational policy1.9 carry out the treatment within a commercially viable time1.10 keep records up-to-date, accurate, easy to read and signed by the client and practitioner1.11 leave the treatment area, tools and equipment in a suitable condition for future treatments
2. Be able to consult, plan and prepare for treatments with clients	<ul style="list-style-type: none">2.1 use consultation techniques to determine the client's treatment needs2.2 obtain signed, written and informed consent prior to carrying out the treatment from

	<p>the client or parent/guardian if the client is a minor</p> <p>2.3 consult with the client to identify their medical history, body type, body condition and life style pattern</p> <p>2.4 consult with the client to identify any contra-indications to facial electrical treatments, recording the client's responses and taking any necessary action</p> <p>2.5 carry out a test patch to determine the client's skin response to heat and pressure stimuli</p> <p>2.6 provide client advice without referring to a specific medical condition and avoiding causing undue alarm and concern</p> <p>2.7 explain and agree the projected cost, likely duration, frequency and types of treatment needed</p> <p>2.8 agree in writing the client's needs, expectations and treatment objective, ensuring they are realistic and achievable</p> <p>2.9 clean and prepare the client's skin to suit the type of equipment to be used</p> <p>2.10 select suitable tools, equipment and products for the facial treatment and client's skin type and condition</p>
<p>3. Be able to carry out facial electrical treatments</p>	<p>3.1 explain to the client the sensation created by the equipment being used</p> <p>3.2 explain the treatment procedure to the client in a clear and simple way at each stage in the process</p> <p>3.3 use safely the correct treatment settings, applicator and accessories on the body throughout the treatment in accordance with manufacturers' instructions</p>

	<p>3.4 adjust the intensity and duration of the treatment to suit the client's facial skin type and condition</p> <p>3.5 carry out necessary comedone and milia extraction, when required, minimising discomfort to the client and damage to the skin</p> <p>3.6 take prompt remedial action if the client experiences discomfort or contra-actions</p> <p>3.7 apply a suitable post-treatment product to the treated area</p> <p>3.8 check the finished result is to the client's satisfaction and meets the agreed treatment objectives</p> <p>3.9 give the clients aftercare advice specific to their individual needs</p>
<p>4. Understand organisational and legal requirements for providing facial electrical treatments</p>	<p>4.1 explain own responsibilities under relevant health and safety legislation, standards and guidance</p> <p>4.2 explain the importance of not discriminating against clients with illnesses and disabilities and why</p> <p>4.3 state the age at which an individual is classed as a minor and how this differs nationally</p> <p>4.4 explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present</p> <p>4.5 explain why minors should not be given treatments without informed and signed parental or guardian consent</p> <p>4.6 explain the legal significance of gaining signed, informed consent to treatment</p> <p>4.7 explain own responsibilities and reasons for maintaining personal hygiene, protection and appearance according to accepted industry and organisational</p>

	<p>requirements</p> <p>4.8 explain local authority and organisational requirements for sharps and hazardous waste disposal</p> <p>4.9 explain the importance of the correct storage of client records in relation to the Data Protection Act</p> <p>4.10 explain how to complete client records and the reasons for keeping records of treatments and gaining client signatures</p> <p>4.11 explain the organisation's requirements for client preparation</p> <p>4.12 describe the organisation's service times for facial electrical treatments</p> <p>4.13 explain the organisation's and manufacturers' requirements for the treatment area, equipment maintenance and equipment cleaning regimes</p>
<p>5. Understand how to work safely and effectively when providing facial electrical treatments</p>	<p>5.1 explain how to set up the work area for facial electrical treatments</p> <p>explain the necessary environmental conditions for facial electrical treatments</p> <p>5.2 (including lighting, heating, ventilation, sound and general comfort) and why these are important</p> <p>5.3 explain the type of personal protective equipment available for micro-dermabrasion treatments and why they should be worn</p> <p>5.4 explain how to effectively disinfect hands</p> <p>5.5 explain how to position them self and the client for facial electrical treatments</p> <p>5.6 explain the reasons for maintaining client modesty, privacy and comfort during the treatment</p> <p>5.7 explain why it is important to maintain standards of hygiene and the principles of</p>

	<p>avoiding cross-infection</p> <p>5.8 explain why it is important to check the client's wellbeing at regular intervals</p>
<p>6. Understand how to perform client consultation, treatment planning and preparation</p>	<p>6.1 explain how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment</p> <p>6.2 explain why it is important to encourage and allow time for clients to ask questions</p> <p>6.3 explain the importance of questioning clients to establish any contra-indications to facial electrical treatments</p> <p>6.4 explain why it is important to record client responses to questioning</p> <p>6.5 explain how to give effective advice and recommendations to clients</p> <p>6.6 explain how to visually assess muscle tone</p> <p>6.7 explain how to assess facial skin type and condition</p> <p>6.8 explain the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice</p> <p>6.9 explain the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice</p> <p>6.10 explain the importance of using electrical treatments in conjunction with other treatments to maximise results</p> <p>6.11 explain the types of treatments that could be given in conjunction with, or after, facial electrical treatments</p> <p>6.12 explain the types of alternative treatments which could be recommended in the event</p>

	of contra-indications to electrical treatments
7. Understand anatomy and physiology that relates to facial electrical treatments	<p>7.1 explain the position of the primary bones of the skull and shoulder girdle and the functions of the skull</p> <p>7.2 explain the positions and actions of the facial muscles</p> <p>7.3 state the definition of ‘origin’ and ‘insertion’ of a muscle</p> <p>7.4 explain the basic structure and function of skin .</p> <p>7.5 explain the skin characteristics and skin types of different ethnic client groups</p> <p>7.6 explain how ageing affects the skin and limits the effectiveness of treatment</p> <p>7.7 explain how the endocrine system affects the skin</p> <p>7.8 explain the function of blood and the principles of circulation, blood pressure and pulse</p> <p>7.9 describe the structure and function of the heart and arteries, veins and capillaries in the face</p> <p>7.10 explain the structure and function of the lymphatic systems, including lymphatic vessels, nodes and lymph in the face and neck</p> <p>7.11 explain how to identify erythema and its causes</p> <p>7.12 explain the principles of lymph circulation and the interaction of lymph and blood within the circulatory system</p> <p>7.13 explain the basic principles of the central nervous system, motor points and autonomic system</p> <p>7.14 explain the effect of electrical treatment on the facial muscles, skin, circulatory,</p>

	lymphatic and nervous systems
8. Understand the contra-indications and contra-actions that affect or restrict facial electrical treatments	<p>8.1 explain the contra-indications which prevent facial electrical treatment and why</p> <p>8.2 explain the contra-indications which restrict treatment and why</p> <p>8.3 explain the possible contra-actions which may occur during the treatment and how to deal with them</p>
9. Understand how to carry out facial electrical treatments	<p>9.1 explain how to select, prepare and use tools, equipment and products for facial electrical treatments</p> <p>9.2 explain how to adapt the use of facial electrical equipment to suit different skin types, skin conditions and treatment objectives and why</p> <p>9.3 evaluate the use and limitations of products used for facial electrical treatments</p> <p>9.4 explain methods of disinfecting, sterilising and maintaining equipment</p> <p>9.5 evaluate the benefits and effects of electro-therapy machines which combine different currents and their effects</p> <p>9.6 evaluate the benefits of products available for facial electrical treatments and their effects</p> <p>9.7 explain the type of currents produced by galvanic units, EMS units, micro-current units and lymphatic drainage equipment</p> <p>9.8 explain how to use a micro-lance to safely remove milia</p> <p>9.9 explain the importance of cleansing the skin prior to treatment</p> <p>9.10 explain how to carry out and interpret thermal, tactile and skin sensitivity tests</p>

	<p>9.11 explain the dangers associated with facial electrical treatments</p> <p>9.12 summarise the physical effects created by the use of the equipment</p> <p>9.13 explain why some facial treatments should be conducted in a certain direction</p> <p>9.14 explain the types of post-treatment products available and why they are necessary</p> <p>9.15 explain how to evaluate the effectiveness of facial treatments</p> <p>9.16 explain the benefits of a course of treatment</p>
<p>10. Understand how to provide aftercare advice</p>	<p>10.1 explain why it is important to give aftercare advice</p> <p>10.2 explain the lifestyle factors and changes that may be required to improve the effectiveness of the treatment</p> <p>10.3 explain post-treatment restrictions and future treatment needs</p> <p>10.4 explain products for home use that will benefit and protect the client and those to avoid and why</p> <p>10.5 explain how skin care routines can affect the effectiveness of treatment</p>