

**ITEC LEVEL 3 NVQ UNIT 726
PROVIDE BODY MASSAGE TREATMENTS
TEST SPECIFICATION 2010**

External Assessment Method:	Multiple Choice Question Paper which can be taken on demand The Anatomy & Physiology can be tested in the A&P Generic Question Paper or within the individual unit.	
Duration of External Assessment:	30 Minutes	
Pass Mark:	100%	
Grading:	Pass or refer	
Frequency of External Assessment:	On demand (once ALL hours for the units have been completed)	
Assessment criteria to be Assessed:	All assessment criteria will be assessed	
Format of Questions:	Stem, 1 key and 3 distracters	
No. of Questions	25 Questions	
Distribution of questions: Each question will be allocated one mark.	<u>Unit</u> Provide Massage Treatments	<u>No. of Questions per Unit</u> 25
The breakdown of questions listed can be found in the assessment criteria in the ITEC syllabus for unit 726 as follows:	<u>Breakdown of Questions</u> Unit 726 Provide Massage Treatments <ul style="list-style-type: none"> • the structure and function of cells and tissues (Refer to A&P generic test specification) • the structure and function of muscles, including the types of muscles (Refer to A&P generic test specification) • the positions and actions of the main muscle groups within the treatment areas of the body specified in the range (Refer to A&P generic test specification) 	<u>Related to ITEC Assessment Criteria for each Unit as listed below:</u> 9.1 9.2 9.3

	<ul style="list-style-type: none"> the position and function of the primary bones and joints of the skeleton (Refer to A&P generic test specification) 	9.4
	<ul style="list-style-type: none"> how to recognise postural faults and conditions (Refer to A&P generic test specification) 	9.5
	<ul style="list-style-type: none"> the structure, function and location of blood vessels and the principles of circulation, blood pressure and pulse (Refer to A&P generic test specification) 	9.14
	<ul style="list-style-type: none"> the interaction of lymph and blood within the circulatory system (Refer to A&P generic test specification) 	9.6
	<ul style="list-style-type: none"> the structure and function of lymphatic system (Refer to A&P generic test specification) 	9.7
	<ul style="list-style-type: none"> the basic principles of the central nervous system and autonomic system (Refer to A&P generic test specification) 	9.8
	<ul style="list-style-type: none"> the basic principles of the endocrine, respiratory, digestive and excretory systems (Refer to A&P generic test specification) 	9.9
	<ul style="list-style-type: none"> the structure and function of skin (Refer to A&P generic test specification) 	9.10
	<ul style="list-style-type: none"> the skin characteristics and skin types of different ethnic client groups (3Q) 	9.11
	<ul style="list-style-type: none"> the structure and location of the adipose tissue (Refer to A&P generic test specification) 	9.12
	<ul style="list-style-type: none"> the effects of massage on the individual systems of the body (9Q) 	9.13
	<ul style="list-style-type: none"> the physical and psychological effects of body massage (2Q) 	9.15
	<ul style="list-style-type: none"> those contra-indications that 	10.1

	<p>prevent treatment and why (4Q)</p> <ul style="list-style-type: none"> • those contra-indications which may restrict treatment or where caution should be taken, in specific areas and why (4Q) • what constitutes a contra-action (1Q) • possible contra-actions which may occur during and post treatment, why and how to deal with them (2Q) 	<p>10.2</p> <p>10.3</p> <p>10.3</p>
<p>Administration of External Assessment:</p>	<p>For security required of centres and for the administration of examination papers, please refer to the <i>ITEC Regulations and Procedures for Operating Theory Examinations</i> document.</p>	