

Unit 732 – Provide UV Tanning Services

Guided Learning Hours: 16

Learning Outcome	Assessment Criteria
1. Be able to maintain safe and effective methods of working when providing UV tanning treatments	<ul style="list-style-type: none">1.1 Set up and maintain the treatment area to meet legal, hygiene and service requirements1.2 Provide the client with the personal protective equipment recommended by the current Sunbed Code of Practice1.3 Maintain personal hygiene, protection and appearance that meets accepted industry and organisational requirements1.4 Provide suitable skin preparation products for client use prior to UV tanning sessions1.5 Position equipment cleaning products for safety and ease of use by the client1.6 Clean and maintain equipment using the correct methods at time intervals required by the local authority1.7 Maintain the client's modesty, privacy and comfort at all times1.8 Complete the treatment within a commercially viable time1.9 Keep records up-to-date, accurate, easy to read and signed by the client and practitioner1.10 Leave the treatment area in a suitable condition for future sessions
2. Be able to consult, plan and prepare for treatments with clients	<ul style="list-style-type: none">2.1 Use consultation techniques to determine the client's treatment needs2.2 Obtain signed, written, informed consent from the client prior to the treatment or from a parent/guardian in the case of a minor2.3 Refuse treatment to minors under 16 years of age2.4 Explain to the client what the treatment entails, its potential benefits and any restrictions to use in a way they can understand2.5 Ask their client questions to identify if they have any contraindications to UV tanning treatments, recording the responses and take any necessary action

	<p>2.6 Encourage clients to ask questions to clarify any points</p> <p>2.7 Establish, agree and record the client's skin type and colouring following current Sunbed Code of Practice Classifications</p> <p>2.8 Provide client advice without reference to a specific medical condition and without causing undue alarm or concern</p> <p>2.9 Explain and agree the projected cost, duration and frequency of sessions needed</p> <p>2.10 Agree in writing the client's needs, expectations and session outcomes ensuring they are realistic and achievable</p> <p>2.11 Give advice on how to clean and prepare their skin prior to UV tanning treatments</p> <p>2.12 Explain to the client how to use the equipment correctly and confirm their understanding of this and the current Sunbed Code of Practice for safe tanning</p>
3. Be able to monitor UV tanning treatments	<p>3.1 Carry out and record UV tanning equipment safety and function tests at the specified intervals</p> <p>3.2 Check that portable appliance testing and tube replacement is carried out at the manufacturers' specified intervals and correctly recorded on the maintenance log</p> <p>3.3 Promptly report any equipment problems to the relevant person(s)</p> <p>3.4 Time the session as suitable for the client's skin type and colouring</p> <p>3.5 Carry out repeat sessions following current Sunbed Code Practice guidelines for the client's skin type</p> <p>3.6 Check that clients do not exceed the total number of annual sessions recommended by the current Sunbed Code of Practice or any local authority restriction</p> <p>3.7 Adjust session times following manufacturers' instructions as a result of tube replacement</p> <p>3.8 Discontinue the session where contra-actions occur and taking the appropriate remedial action</p> <p>3.9 Check the wellbeing and satisfaction of the client at the end of each session</p> <p>3.10 Provide aftercare advice specific to the client's individual needs</p>

<p>4. Understand organisational and legal requirements for providing UV tanning services</p>	<p>4.1 Explain own responsibilities under relevant health and safety legislation, standards and guidance</p> <p>4.2 Explain any local authority requirements relating to UV tanning treatments</p> <p>4.3 Explain the Sunbed Code of Practice requirements and why it is important that these are followed</p> <p>4.4 Explain why UV tanning services should not be carried out on minors under 16 years of age</p> <p>4.5 Explain the current legal requirements and guidance relating to age restrictions for UV tanning treatments</p> <p>4.6 State the age at which an individual is classed as a minor and how this differs nationally</p> <p>4.7 Explain the legal significance of gaining signed, informed consent to treatment</p> <p>4.8 Explain the importance of not discriminating against clients with illnesses and disabilities and why</p> <p>4.9 Explain organisational requirements for waste disposal</p> <p>4.10 Explain the importance of the correct storage of client records in relation to the Data Protection Act</p> <p>4.11 Explain how to complete client records and the importance of and reasons for keeping records of treatments and gaining client signature</p> <p>4.12 Explain own responsibilities and reasons for maintaining personal hygiene, protection and appearance according to accepted industry and organisation requirements</p> <p>4.13 Explain the Sunbed Code of Practice and the organisation's requirements for client preparation and protection</p> <p>4.14 Explain the organisation's pricing structure for UV tanning services</p> <p>4.15 Explain the organisation's and manufacturers' requirements for setting up the treatment area</p> <p>4.16 Summarise UV tanning equipment maintenance requirements and how these should be recorded</p>
<p>5. Understand how to work safely and effectively when providing UV tanning services</p>	<p>5.1 Explain how to set up the work area and equipment for UV tanning services</p> <p>5.2 Explain the necessary environmental conditions for UV tanning services (including lighting, heating, ventilation, sound and general comfort) and why these are important</p>

	<p>5.3 Explain the type of personal protective equipment that should be worn for UV tanning services and why</p> <p>5.4 Explain how to prepare and position the client for UV tanning services</p> <p>5.5 Explain the reasons for maintaining client modesty, privacy and comfort during the treatment</p> <p>5.6 Explain why it is important to maintain standards of hygiene and the principles of avoiding cross-infection</p> <p>5.7 Explain why it is important to check the client's wellbeing and their level of satisfaction at the end of a UV tanning session</p>
6. Understand how to perform client consultation, treatment planning and preparation	<p>6.1 Explain how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, ages, disabilities and genders for this treatment</p> <p>6.2 Explain the importance of questioning clients to establish any contraindications to UV tanning services</p> <p>6.3 Explain why it is important to record client responses to questioning</p> <p>6.4 Explain the legal significance of client questioning and recording the client's responses</p> <p>6.5 Explain why it is important to encourage and allow time for clients to ask questions</p> <p>6.6 Explain how to give effective advice and recommendations to clients</p> <p>6.7 Explain how to assess skin type against the Sunbed Code of Practice classifications</p> <p>6.8 Explain the reasons why it is important to encourage clients with suspected contraindications to seek medical advice</p> <p>6.9 Explain the importance of and reasons for not naming specific contraindications when encouraging clients to seek medical advice</p> <p>6.10 Explain why it is important to check the client's understanding of UV tanning guidance and the operation of UV equipment, particularly the emergency stop button</p> <p>6.11 Explain the types of alternative tanning services which could be recommended in the event of contraindications to UV tanning</p>
7. Understand contraindications and contractions that affect or restrict UV tanning services	<p>7.1 Explain the contraindications that prevent UV tanning and why</p>

	<p>7.2 Explain the conditions which restrict treatment and why</p> <p>7.3 Explain the contra-actions that can occur as a result of UV tanning and why</p>
8. Understand how to prepare and use UV tanning equipment and materials	<p>8.1 Compare the types of UV tanning equipment and products available</p> <p>8.2 Explain how to prepare and use UV tanning equipment safely and hygienically</p> <p>8.3 Explain the methods of disinfecting UV tanning equipment</p> <p>8.4 Explain the equipment manufacturers' and Sunbed Code of Practice requirements for the monitoring, maintenance, tube replacement and cleaning of the UV equipment in their organisation</p> <p>8.5 Explain the importance of regularly cleaning equipment between each session and why specific cleansers should be used</p>
9. Understand anatomy and physiology that relates to UV tanning services	<p>9.1 Explain the structure and function of the skin, including vitamin D and melanin production</p> <p>9.2 Compare the skin characteristics and skin types of different ethnic client groups</p> <p>9.3 Describe the effect and changes that UVA, UVB and UVC rays can have on the skin</p> <p>9.4 Explain how to recognise visible adverse reactions</p> <p>9.5 Explain the beneficial changes in the skin</p> <p>9.6 Explain how to use the Fitzpatrick Classification Scale to determine skin tone</p> <p>9.7 Explain how melanin production affects tanning capability</p>
10. Understand how UV tanning treatments work	<p>10.1 Explain how to relate the length of a session to skin tone and type and calculate session times and safe dosage</p> <p>10.2 Explain why it is important to protect the hair and eyes during these treatments</p> <p>10.3 Explain the importance of removing perfumed products and cosmetics prior to treatments (pre-sensitisation)</p> <p>10.4 Explain the importance of showering before and after the UV session</p> <p>10.5 Summarise how to recognise the effects of overexposure and the four degrees of erythema</p>

	<p>10.6 Explain the principles of the electromagnetic spectrum</p> <p>10.7 Explain why some pressure point areas do not tan</p>
11. Understand how to provide aftercare advice	<p>11.1 Explain the importance of providing post-treatment advice</p> <p>11.2 Explain products for home use that will benefit the client and those to avoid and why</p> <p>11.3 Explain the contra-actions that could occur after UV tanning and what advice to give to clients</p> <p>11.4 Explain the post treatment restrictions applicable to UV tanning</p> <p>11.5 Explain suitable types of follow-on treatments, their benefits and costs</p>