

**ITEC LEVEL 3 NVQ UNIT 733  
PROVIDE INDIAN HEAD MASSAGE  
TEST SPECIFICATION 2010**

External Assessment Method:	Multiple Choice Question Paper which can be taken on demand <b>The Anatomy &amp; Physiology can be tested in the A&amp;P Generic Question Paper or within the individual unit.</b>	
Duration of External Assessment:	22 Minutes	
Pass Mark:	100%	
Grading:	Pass or refer	
Frequency of External Assessment:	On demand (once ALL hours for the units have been completed)	
Assessment criteria to be Assessed:	All assessment criteria will be assessed	
Format of Questions:	Stem, 1 key and 3 distracters	
No. of Questions	17 Questions	
Distribution of questions:  Each question will be allocated one mark.	<u>Unit</u>  Provide Indian Head Massage	<u>No. of Questions per Unit</u>  17
The breakdown of questions listed can be found in the assessment criteria in the ITEC syllabus for unit 733 as follows:	<u>Breakdown of Questions</u>  Unit 733 Provide Indian Head Massage <ul style="list-style-type: none"> <li>the structure and function of muscles, including the types of muscles within the treatment areas (Refer to A&amp;P generic test specification)</li> <li>the positions and actions of the main muscle groups within the treatment areas (Refer to A&amp;P generic test specification)</li> <li>the position and function of the primary bones and joints of the skeletal system within the treatment areas (Refer to A&amp;P generic test specification)</li> </ul>	<u>Related to ITEC Assessment Criteria for each Unit as listed below:</u>  8.1  8.2  8.3

	<ul style="list-style-type: none"> <li>• how to recognise postural faults and conditions within the treatment areas (Refer to A&amp;P generic test specification)</li> </ul>	8.4
	<ul style="list-style-type: none"> <li>• the structure, function and location of blood vessels and the principles of circulation, blood pressure and pulse within the treatment areas (Refer to A&amp;P generic test specification)</li> </ul>	8.5
	<ul style="list-style-type: none"> <li>• the interaction of lymph and blood within the circulatory system (Refer to A&amp;P generic test specification)</li> </ul>	8.6
	<ul style="list-style-type: none"> <li>• the structure and function of lymphatic system (Refer to A&amp;P generic test specification)</li> </ul>	8.7
	<ul style="list-style-type: none"> <li>• the position and function of the sinuses (Refer to A&amp;P generic test specification)</li> </ul>	8.8
	<ul style="list-style-type: none"> <li>• the basic principles of the central nervous system and autonomic system (Refer to A&amp;P generic test specification)</li> </ul>	8.9
	<ul style="list-style-type: none"> <li>• the basic principles of the endocrine and respiratory systems (Refer to A&amp;P generic test specification)</li> </ul>	8.10
	<ul style="list-style-type: none"> <li>• the structure and function of skin (Refer to A&amp;P generic test specification)</li> </ul>	8.11
	<ul style="list-style-type: none"> <li>• the skin characteristics and skin types of different ethnic client groups (3Q)</li> </ul>	8.12
	<ul style="list-style-type: none"> <li>• the effects of Indian Head Massage on the individual systems of the body (6Q)</li> </ul>	8.13
	<ul style="list-style-type: none"> <li>• the physical and psychological effects of Indian Head Massage (2Q)</li> </ul>	8.14
	<ul style="list-style-type: none"> <li>• those contra-indications that prevent treatment and why (2Q)</li> </ul>	9.1

	<ul style="list-style-type: none"> <li>• those contra-indications which may restrict treatment or where caution should be taken, in specific areas and why (2Q)</li> <li>• possible contra-actions which may occur during and post-treatment and how to deal with them (2Q)</li> </ul>	<p>9.2</p> <p>9.3</p>
Administration of External Assessment:	For security required of centres and for the administration of examination papers, please refer to the <i>ITEC Regulations and Procedures for Operating Theory Examinations</i> document.	