

Unit 735 – Provide Self-Tanning Services

Guided Learning Hours: 27

Learning Outcome	Assessment Criteria
1. Be able to maintain safe and effective methods of working when providing self-tanning treatments	<ul style="list-style-type: none">1.1 set up and maintain the treatment area to meet legal, hygiene and service requirements1.2 wear suitable personal protective equipment1.3 provide the client with personal protective equipment1.4 maintain personal hygiene, protection and appearance that meets accepted industry and organisational requirements1.5 clean all tools and equipment using the correct methods1.6 position equipment and products for safety and ease of use1.7 use accepted industry hygiene and safety practices throughout the treatment1.8 maintain the client's modesty, privacy and comfort throughout the treatment1.9 check the client's wellbeing at regular intervals throughout the treatment1.10 complete the treatment within a commercially viable time1.11 keep records up-to-date, accurate, easy to read and signed by the client and practitioner1.12 leave the treatment area in a suitable condition for future sessions
2. Be able to consult, plan and prepare for treatments with clients	<ul style="list-style-type: none">2.1 use consultation techniques to determine the client's treatment needs

	<p>2.2 obtain signed, written, informed consent from the client prior to the treatment or from a parent/guardian in the case of a minor</p> <p>2.3 explain to the client what the treatment entails, its potential benefits and any restrictions to use in a way they can understand</p> <p>2.4 carry out skin sensitivity test to determine skin sensitivity and colour preference</p> <p>2.5 identify and record any contra-indications to self tanning treatments, taking necessary action in response</p> <p>2.6 explain and agree the projected cost, duration and frequency of treatment needed</p> <p>2.7 agree in writing the client's needs, expectations and treatment outcomes, ensuring they are realistic and achievable</p> <p>2.8 clean and prepare the client's skin to suit the type of product</p> <p>2.9 select suitable equipment and products for the treatment</p>
3. Be able to apply self tan products	<p>3.1 carry out exfoliation prior to the treatment according to manufacturers' instructions, leaving the skin smooth and free from dry, flaky skin</p> <p>3.2 apply moisturisers and barrier creams following manufacturers' instructions to prevent over-development of tanning products</p> <p>3.3 test the pressure and operation of the spray gun prior to use</p> <p>3.4 use equipment and products, following manufacturers' instructions</p> <p>3.5 use spray tanning techniques in a controlled way and at a correct distance from the body to achieve the desired effect</p> <p>3.6 apply products evenly in the correct sequence to achieve the desired effect</p>

	<p>3.7 use techniques that minimise the risk of products being spread outside the treatment area and surrounding environment</p> <p>3.8 correct any problems occurring during the application process</p> <p>3.9 check that the finished result is to the client's satisfaction</p> <p>3.10 provide aftercare advice specific to the client's individual needs</p>
4. Understand organisational and legal requirements	<p>4.1 explain own responsibilities under relevant health and safety legislation, standards and guidance</p> <p>4.2 explain the importance of not discriminating against clients with illnesses and disabilities and why</p> <p>4.3 state the age at which an individual is classed as a minor and how this differs nationally</p> <p>4.4 explain why it is important, when treating minors under 16 years of age, to have parental or guardian consent</p> <p>4.5 explain why minors should not be given treatments without informed and signed parental or guardian present</p> <p>4.6 explain the current legal requirements and guidance relating to age restrictions for this treatment</p> <p>4.7 explain manufacturers' and organisational requirements for waste disposal</p> <p>4.8 explain the importance of the correct storage of client records in relation to the Data Protection Act</p> <p>4.9 explain how to complete the client records used in their organisation and the importance of and reasons for keeping records of treatments and obtaining client</p>

	<p>signatures</p> <p>4.10 explain own responsibilities and reasons for maintaining personal hygiene, protection and appearance according to accepted industry and organisation requirements</p> <p>4.11 explain the organisation's service time charges for self tanning and why it is important to complete the service in the given time</p> <p>4.12 explain the organisation's and manufacturers' requirements for treatment area, equipment maintenance and equipment cleaning regimes</p>
5. Understand how to work safely and effectively when providing self tanning services	<p>5.1 explain how to set up the work area and equipment for self tanning services</p> <p>5.2 explain the necessary environmental conditions for self tanning services (including lighting, heating, ventilation, sound and general comfort) and why these are important</p> <p>5.3 explain the type of personal protective equipment that should be worn for self tanning services and why</p> <p>5.4 explain the importance and reasons for disinfecting hands and how to do this effectively</p> <p>5.5 compare methods of disinfecting and sterilising equipment</p> <p>5.6 explain how to prepare and position the client for self tanning services</p> <p>5.7 explain how to avoid potential discomfort and injury to themselves during work</p> <p>5.8 explain the reasons for maintaining client modesty, privacy and comfort during the treatment</p> <p>5.9 explain how to minimise and dispose of waste treatments, including hazardous waste</p>

	<p>5.10 explain why it is important to maintain standards of hygiene and the principles of avoiding cross-infection</p> <p>5.11 explain why it is important to check the client's wellbeing at regular intervals</p>
6. Understand how to perform client consultation, treatment planning and preparation	<p>explain how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, ages, disabilities and genders for this treatment</p> <p>6.1</p> <p>6.2 explain the importance of questioning clients to establish any contra-indications to self tanning services</p> <p>6.3 explain why it is important to record client responses to questioning</p> <p>6.4 explain the legal significance of client questioning and recording the client's responses</p> <p>6.5 explain how to give effective advice and recommendations to clients</p> <p>6.6 explain the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice</p> <p>6.7 explain the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice</p> <p>6.8 explain why it is important to maintain client's modesty and privacy</p> <p>6.9 evaluate the types of alternative tanning services which could be recommended in the event of contra-indications</p>
7. Understand contra-indications and contra-actions that affect or restrict self-tanning services	<p>7.1 explain the contra-indications which would prevent treatment and why</p> <p>7.2 explain the contra-indications which restrict treatment and why</p>

	7.3 explain the contra-actions that can occur as a result of self tanning and why
8. Understand self-tanning products and equipment	<p>8.1 compare the types of self tanning products available, how and when to use them</p> <p>8.2 explain how to match product selection and use to skin type and client preference</p> <p>8.3 explain how to clean, maintain and reassemble spray tanning equipment and associated accessories</p> <p>8.4 summarise the type of problems that can occur with spray tanning equipment and how to correct them</p> <p>8.5 explain the meaning of psi, in relation to self-tanning services</p> <p>8.6 explain the potential risks associated with the use of pressurised spray tanning equipment</p> <p>8.7 explain the importance of using equipment with a pressure gauge</p>
9. Understand self-tanning treatments and the effect they have on the skin	<p>9.1 describe the structure of the skin</p> <p>9.2 explain why it is important to protect the hair and eyes during self-tanning treatments</p> <p>9.3 explain the importance of pre- and post- treatment advice</p> <p>9.4 explain the ingredients of tanning products, exfoliators and moisturisers</p> <p>9.5 explain the importance of carrying out a skin sensitivity test prior to self tanning</p> <p>9.6 explain the effects of self tanning products on the skin</p> <p>9.7 explain hypo- and hyper- pigmentation disorders and how they may affect the self tan</p> <p>9.8 explain the use and effects of tanning enhancers</p>

	9.9 explain how and when to use tanning correctors
10. Understand how to provide aftercare advice	<p>10.1 explain products for home use that will benefit the client and those to avoid and why</p> <p>10.2 explain the contra-actions that could occur after self tanning and what advice to give to clients</p> <p>10.3 explain the post-treatment restrictions applicable to self tanning</p> <p>10.4 explain suitable types of follow-on treatments, their benefits and costs</p>