

## Unit 739 Enhance and maintain nails using UV gel

Guided Learning Hours: 80

Learning Outcome	Assessment Criteria
<p>1. Be able to maintain effective and safe methods of working when enhancing, maintaining and removing UV gel nail enhancements</p>	<ul style="list-style-type: none"> <li>1.1 set up the work area to meet legal, hygiene and industry Code of Practice for Nail Services requirements</li> <li>1.2 clean all tools and equipments using the correct methods</li> <li>1.3 use industry hygiene and safety practices throughout the service to minimise the risk of cross-infection</li> <li>1.4 position equipment and materials for ease and safety of use without over exposure to person or themselves</li> <li>1.5 posture the person and themselves to minimises fatigue and the risk of injury and allow ease of nail enhancement application, maintenance and removal services</li> <li>1.6 use chemicals in a safe manner without risk of overexposure to themselves and clients</li> <li>1.7 take appropriate and prompt remedial action where contra-actions occur during the course of the nail service</li> <li>1.8 dispose of waste materials correctly to meet local authority requirements and the Industry Code of Practice for Nail Services</li> <li>1.9 complete the service within a commercially viable time</li> <li>1.10 leave the work area in a suitable condition for further nail services</li> <li>1.11 keep records up to date, accurate, easy to read and signed by the client and technician</li> </ul>
<p>2 Be able to consult, plan and prepare for</p>	<p>2.1 use effective consultation techniques</p>

<p>the UV gel nail enhancements</p>	<p>2.2 obtain signed, written and informed consent prior to service from the client or minor for a minor a parent or guardian</p> <p>2.3 identify any contra-indications to nail services by asking the person questions and recording the responses</p> <p>2.4 provide client advice without reference to a specific medical condition and without causing undue alarm and concern</p> <p>2.5 remove any existing nail polish or nail enhancements to restore the nails to a natural condition, as required</p> <p>2.6 identify the condition of the nails and skin and any corrective work to suit the client's natural nail shape and condition</p> <p>2.7 recommend nail enhancements to suit the client's nail shape and condition and based on the assessment of the client's nail and skin condition in a clear way to help the clients understanding</p> <p>2.8 agree a service and outcomes that are acceptable to the client's and meet their needs</p> <p>2.9 take the necessary action in response to any identified contra-indications</p>
<p>3 Be able to sculpt and apply UV gel overlays</p>	<p>3.1 remove skin debris and file the free edge</p> <p>3.2 remove surface shine to dehydrate the natural nail</p> <p>3.3 customise and fit the sculpting form to ensure correct shape and product placement, as required</p> <p>3.4 adapt and combine UV gel colours and techniques to effectively cosmetically enhance nail shapes and conditions</p> <p>3.5 apply UV gel layers in the correct sequence, leaving a free margin around the cuticle and</p>

	<p>side wall area of the nail in accordance with manufacturer's instructions</p> <p>3.6 check that the timing of the UV curing meets manufacturer's instructions</p> <p>3.7 remove surface residue using manufacturer's recommended materials, at the correct stage in the process</p> <p>3.8 use buffing and filing techniques effectively to leave the nail balanced to the required shape and length</p> <p>3.9 check the enhancement is effectively sealed following the manufacturer's instructions</p> <p>3.10 achieve finished nail enhancements that are to the client's satisfaction and meet the agreed service plan</p> <p>3.11 give client suitable aftercare advice</p>
<p>4 Be able to apply tip and UV gel overlays</p>	<p>4.1 remove skin debris and file the free edge</p> <p>4.2 remove surface shine and dehydrate the natural nail</p> <p>4.3 select the correct tip size and customise it to suit the client's natural nail</p> <p>4.4 adhere tip to the natural nail to ensure longevity</p> <p>4.5 cut, shape and position unblended tips, ensuring no damage to the natural nail and so it is undetectable</p> <p>4.6 dehydrate the natural nail to ensure maximum adhesion of overlay</p> <p>4.7 apply gel layers in the correct sequence, leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions</p> <p>4.8 adapt and combine UV gel colours and techniques to effectively cosmetically enhance nail</p>

	<p>shapes and conditions</p> <p>4.9 remove surface residue using manufacturer’s recommended materials, at the correct stage in the process</p> <p>4.10 use buffing and filing techniques to leave the nail balanced to the required shape and length</p> <p>4.11 check enhancement is sealed according to manufacturer’s instructions</p> <p>4.12 achieve finished nail enhancements that are to the client’s satisfaction and meet the agreed service plan</p> <p>4.13 give client suitable aftercare advice</p>
5 Be able to maintain UV gel enhancements	<p>5.1 identify and resolve any problems with the nail enhancements</p> <p>5.2 remove skin debris and file the free edge</p> <p>5.3 check the exposed natural nail is cleaned and dehydrated prior to nail maintenance</p> <p>5.4 use nail maintenance techniques to restore the nail enhancement to its original condition, following manufacturer’s instructions</p> <p>5.5 leave the finished nails with an even and clearly defined smile line, as required</p> <p>5.6 achieve finished nail enhancements that are to the client’s satisfaction and meet the agreed service plan</p>
6 Be able to remove UV gel enhancements	<p>6.1 use UV gel removal techniques safely and effectively, following manufacturer’s instructions</p> <p>6.2 check the natural nail plate and surrounding skin is undamaged and free from product</p> <p>6.3 achieve a finished result that is to the client’s satisfaction and meets the agreed service plan</p>

	6.4 give client suitable aftercare advice
7 Understand organisational and legal requirements	<p>7.1 explain own responsibilities under relevant health and safety legislation and the Industry Code of Practice for Nail services</p> <p>7.2 explain the importance of not discriminating against clients with illnesses and disabilities and why e.g. Disability Discrimination Act</p> <p>7.3 explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present</p> <p>7.4 explain why minors should not be given services without informed and signed parental or guardian consent</p> <p>7.5 explain the legal significance of gaining signed, informed consent to the service</p> <p>7.6 explain the importance and reasons for keeping records of clients, their services and gaining client signatures</p> <p>7.7 explain the importance of the correct storage of client records in relation to the Data Protection Act</p> <p>7.8 explain the possible risks to themselves of ineffective positioning of clients how to avoid potential discomfort and injury to themselves</p> <p>7.9 explain why it is important to maintain standards of hygiene and the principles for avoiding cross-infection</p> <p>7.10 explain how to minimise and dispose of waste from UV gel nail enhancement services</p> <p>7.11 state salon's service times and the importance of completing nail enhancement services in a commercially viable time</p> <p>7.12 state the salon pricing structure for UV gel enhancements</p>

<p>8. Understand how to work safely and effectively when providing enhancements, maintenance and removal of UV gel nail enhancements</p>	<p>8.1 explain the type of personal protective equipment that should be available and why it is important to use it</p> <p>8.2 explain contact dermatitis and how to avoid developing it when carrying out enhancement, maintenance and removal of UV gel</p> <p>8.3 explain how to prepare, use and maintain tools and materials for the UV gel nail enhancements</p> <p>8.4 compare the different methods of disinfecting and sterilising tools and equipment</p> <p>8.5 explain the importance and reasons for using the correct UV wattage and curing times</p> <p>8.6 explain the importance of and reasons for disinfecting hands and how to do this effectively</p> <p>8.7 explain the necessary environmental conditions for nail services (including lighting, heating, ventilation and general comfort) and why these are important</p> <p>8.8 explain why it is important to maintain standards of hygiene and the principles for avoiding cross-infection</p> <p>8.9 explain how to effectively and safely position tools and materials for the nail service</p> <p>8.10 explain how to avoid potential discomfort and injury to themselves and the risks of poor positioning to clients</p> <p>8.11 explain the condition in which the work area should be left ready and why this is important</p>
<p>9. Understand how to perform client consultation, planning and preparation</p>	<p>9.1 explain how to use effective consultation techniques</p> <p>9.2 explain how to give effective advice and recommendations to clients</p> <p>9.3 explain the questioning and listening skills required to find out information</p>

	<p>9.4 explain how to conduct nail and skin analysis</p> <p>9.5 explain the importance of questioning clients to establish any contra-indications to UV gel enhancements</p> <p>9.6 explain why it is important to record client responses to questioning</p> <p>9.7 explain the legal significance of client questioning and of recording the clients responses</p> <p>9.8 explain why it is important to encourage and allow time for clients to ask questions</p> <p>9.9 explain how to prepare service plans</p>
10. Understand contra-indications that can affect or restrict nail enhancement services	<p>10.1 explain the types of conditions and disorders that may contra-indicate the service and why</p> <p>10.2 explain the types of conditions and disorders that may restrict the service and why</p> <p>10.3 explain the importance of and reasons for not naming specific contra-indications when referring clients to a general practitioner</p>
11. Understand the anatomy and physiology for nail enhancement services	<p>11.1 explain the structure of the nail unit</p> <p>11.2 explain the process of nail growth</p> <p>11.3 explain the structure and function of the skin</p> <p>11.4 explain the different natural nail shapes they will be likely to come across during nail services</p>
12 Understand UV gel nail services	<p>12.1 explain the chemical composition of UV gel</p> <p>12.2 explain the chemical reaction that takes place during the curing process for UV gel</p> <p>12.3 compare the different types of gel products available and their uses e.g. top coats, sealers,</p>

builders

- 12.4 explain the importance of using the correct methods and techniques to avoid overexposure
- 12.5 compare the difference in application and process for gel, wraps, liquid and powder
- 12.6 explain the importance of knowing what type of primer or bonding agent to use and when
- 12.7 explain how to adapt UV gel application techniques to meet the nail shapes and conditions on the hands and feet
- 12.8 explain the different UV gel products and techniques to cosmetically enhance nail shapes and conditions
- 12.9 explain the range and use of overlay systems available i.e. gel, wrap, powder and liquid
- 12.10 explain the importance of natural nail preparation prior to nail enhancement services
- 12.11 explain the importance of preparation and safe use of files and buffers to prevent nail and skin damage e.g. grit, grip and pressure
- 12.12 explain how to select and use files and buffers for nail enhancement services
- 12.13 explain the action of nail enhancement products on nails, cuticles and skin
- 12.14 explain how the incorrect application and removal of nail enhancements can damage the natural nails and surrounding soft tissue
- 12.15 explain why it is important to leave a free margin around the cuticle and side wall area
- 12.16 explain the importance of achieving maximum strength, appearance and longevity by use of correct nail balance and shaping
- 12.17 explain the importance of choosing the correct size and tip

	<p>12.18 compare the advantages and disadvantages of using blended and unblended tips</p> <p>12.19 explain the different types of sculpting forms available and how to use them</p> <p>12.20 explain the importance of correct tip application and blending</p>
<p>13. Understand how to maintain and repair nail enhancements</p>	<p>13.1 explain the techniques for repairing natural nails including splits, cracks, flaking and breakages</p> <p>13.2 explain the techniques for repairing nail enhancements including lifting, cracking, premature loss and discolouration</p> <p>13.3 summarise the factors that influence maintenance requirements for the UV gel system</p> <p>13.4 explain the importance of selecting and carrying out the correct removal techniques for the UV gel system</p>
<p>14. Understand how to provide aftercare advice for clients on nail enhancements</p>	<p>14.1 explain the aftercare, maintenance and removal requirements for UV gel nail enhancements</p> <p>14.2 explain recommended intervals between UV gel nail enhancement services</p> <p>14.3 explain the contra-actions that could occur after nail services and what advice to give to clients</p> <p>14.4 explain suitable aftercare products and how to apply them</p> <p>14.5 explain how to deal with accidental damage</p>