Unit 747 – Provide Body Wrapping and Flotation Treatments

Guided Learning Hours: 59

Learning Outcome	Assessment Criteria
1. Be able to maintain safe and effective methods of working when providing body wrapping and flotation treatments	1.1 set up the work area to meet legal, hygiene, organisation procedures and manufacturers' instructions 1.2 position the person and themselves to minimise fatigue and the risk of injury and allow ease application, maintenance and removal of body wrap and flotation treatments 1.3 clean all tools and equipments are cleaned using the correct methods 1.4 use industry hygiene and safety practices throughout the treatment to minimise the risk of cross-infection 1.5 maintain the client's modesty, privacy and comfort at all times and check the client's wellbeing at regular intervals according to organisational policy 1.6 dispose of waste materials safely and correctly 1.7 give clear and accurate instructions to anyone assisting them when necessary 1.8 complete the treatment within a commercially viable time 1.9 keep records are up to date, accurate, easy to read and signed by the client and technician 1.10 leave the treatment area in a suitable condition for further nail services
2. Be able to consult, plan and prepare for the treatments with clients	2.1 use effective consultation techniques to determine the client's treatment needs 2.2 obtain signed, written and informed consent prior to the treatment from the client or for a minor from a parent or guardian

	2.3 explain to the client what the treatment entails in a way they can understand 2.4 identify any contra-indications to wrap and flotation treatments by asking the person questions and recording the responses 2.5 encourage clients with suspected contra-indications to seek medical advice without causing undue alarm or concern 2.6 clearly identify and agree in writing the client's needs, expectations and treatment objectives, ensuring they are realistic and achievable
3. Be able to provide body wrapping treatments	3.1 prepare the skin using methods which are suited to the body wrapping objectives 3.2 prepare and apply the wrapping materials and treatment products efficiently in accordance with the body wrapping treatment objectives and manufacturers' instructions 3.3 check the application and use of the wrapping materials and treatment products minimises waste and avoids soiling of the surrounding area 3.4 remove the wrapping materials and treatment products efficiently in accordance with the body wrapping treatment objectives and manufacturers' instructions 3.5 check that the finished result is to the client's satisfaction and meets the agreed treatment plan objectives
4. Be able to provide flotation treatments	4.1 confirm the client's understanding of the flotation treatment and its objectives 4.2 adjust the flotation equipment to meet the client's needs and ensure their comfort 4.3 make sure that the finished result is to the client's satisfaction and meets the agreed treatment plan
5. Understand organisational and legal	5.1 explain own responsibilities under relevant health and safety legislation

requirements	5.2	explain own responsibilities under any local bye-laws relating to body wrapping and flotation treatments
	5.3	explain the importance of not discriminating against clients with illnesses and disabilities and why
	5.4	explain the age at which an individual is classed as a minor and how this differs nationally
	5.5	explain why it is important, when treating minors under 16 years of age, to have a parent or guardian present
	5.6	explain why minors should not be given treatments without informed and signed parental or guardian consent
	5.7	explain the legal significance of gaining signed, informed consent to treatment
	5.8	explain the manufactures' organisational and legal requirements for waste disposal
	5.9	explain the importance of the correct storage of client records in relation to the Data Protection Act
	5.10	explain how to maintain accurate records of water testing for wet flotation equipment
	5.11	explain how to complete the client records used in their organisation and the importance of and reasons for keeping records of treatments and gaining client signatures
	5.12	explain the responsibilities under current Control of Substances Hazardous to Health (COSHH) regulations for the correct use and storage of chemicals required for flotation treatments
	5.13	explain the responsibilities and reasons for maintaining their own personal hygiene,

	protection and appearance according to accepted industry and organisation requirements 5.14 explain the organisation's requirement for client preparation 5.15 explain the organisation's service times for body wrapping and flotation treatments 5.16 explain the organisation's and manufacturers' requirements for treatment area, equipment maintenance and equipment cleaning regimes and intervals
6. Understand how to work safely and effectively when providing body wrapping and flotation treatments	6.1 explain the type of personal protective equipment that should be available and why it is important to use it 6.2 explain why it is important to use personal protective equipment 6.3 explain contact dermatitis and how to avoid developing it when carrying out body wrapping and flotation treatments 6.4 explain how to set up the work area for body wrapping and flotation treatments 6.5 explain the necessary environmental conditions for body wrapping and flotation treatments (including lighting, heating, ventilation, sound and general comfort) and why these are important 6.6 explain the importance and reasons for disinfecting hands and how to do this effectively 6.7 explain how to position themselves and the client for body wrapping and flotation 6.8 explain how the position of their client and themselves can affect the desired outcome and reduce fatigue and the risk of injury 6.9 explain the reason for maintaining client modesty, privacy and comfort during the treatment

	6.10 explain why it is important to maintain standards of hygiene and the principles of avoiding cross-infection 6.11 explain why it is important to check the client's wellbeing at regular intervals 6.12 explain how to give clear instructions to others
7. Understand how to perform client consultation	7.1 explain how to use effective consultation techniques 7.2 explain how to give effective advice and recommendations to clients 7.3 explain why it is important to encourage and allow time for clients to ask questions 7.4 explain those contra-indications applicable to body wrapping and flotation treatments and the courses of action to take in the event of contra-indications and why 7.5 explain how to measure and weigh clients for slimming body wrapping treatments 7.6 explain how to assess body fat and fluid retention 7.7 explain how differing client body weight an frame impacts on flotation equipment set up and use 7.8 explain why it is important to record client responses to questioning 7.9 explain the legal significance of client questioning and recording the client's responses 7.10 explain the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice 7.11 explain the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice

8. Understand Anatomy and Physiology related to body wrapping and flotation treatments	8.1 compare the characteristics and conditions of different body types 8.2 explain the effect of exercise on muscle tone and how it can vary 8.3 explain the basic structure and function of skin 8.4 compare the skin characteristics and skin types of different ethnic client groups 8.5 explain the structure, location and utilisation of adipose tissue 8.6 explain the function of the endocrine system and its relationship to weight gain and loss 8.7 explain the function of the excretory system 8.8 explain the function of the digestive system 8.9 explain the basic principles of healthy eating 8.10 explain the function of blood and the principles of circulation, blood pressure and pulse 8.11 explain the structure and function of the heart and arteries, veins and capillaries 8.12 explain how to identify erythema and its causes 8.13 explain the structure and function of the lymphatic system 8.14 explain the principles of lymph circulation and the interaction of lymph and blood within the circulatory system 8.15 evaluate the effect of wrap and flotation treatments on the skin, circulatory, lymphatic, endocrine, excretory and digestive systems

9. Understand body wrapping treatments	9.1 explain the different types of pre-heat treatment that can be used prior to body wrapping and their effects 9.2 explain the different types and uses of equipment and products available for body wrapping treatments 9.3 explain the maintenance and monitoring requirements for wrapping materials 9.4 explain the objectives of body wrapping 9.5 explain the methods and products which can be used for preparing the skin prior to body wrapping treatments and their benefits 9.6 summarise body wrapping products and materials available and their benefits and how to use them 9.7 explain the recommended body wrapping treatment times and the potential risks of exceeding them 9.8 explain the physiological and psychological effects of body wrapping treatments
10. Be able to provide flotation treatments	10.1 compare the uses and benefits of wet flotation treatments e.g. tank, bath and pool 10.2 explain the uses and benefits of a dry flotation bed 10.3 explain how to prepare and use the equipment for wet flotation treatments 10.4 explain how to prepare and use the equipment for dry flotation treatments 10.5 explain the manufacturers' recommended operating temperatures for flotation treatments 10.6 explain the maintenance and monitoring requirements for flotation equipment

	10.7 explain the manufacturers' recommended salt concentrations and salt maintenance requirements for different sizes of wet flotation equipment 10.8 explain how to test and interpret results of water and chemical concentrations for wet flotation 10.9 explain the recommended flotation treatment times and the potential risks of exceeding them 10.10 evaluate the physiological and psychological effects of flotation treatments
11. Understand how to provide aftercare advice for clients on body wrapping and flotation treatments	11.1 explain the products for home use that will benefit the client and those to avoid and why 11.2 explain the contra-actions that could occur after body wrapping and flotation treatments and what advice to give to clients 11.3 explain the effects of changes to lifestyle patterns on health and wellbeing 11.4 explain the post-treatment restrictions applicable to body wrapping and flotation treatments 11.5 explain suitable types of follow-on treatments, their benefits and costs 11.6 explain the importance of water intake post treatment 11.7 explain the nature, duration and importance of rest periods post treatment