



CSA382

ITEC Level 3
Unit 382 – Provide Aromatherapy for Complementary Therapies
Case Study Assessment Form

60 aromatherapy treatments to be performed and the outcomes documented. These must include 6 people treated a minimum of 6 times each, plus evidence of 15 additional treatments and 9 treatments which may detail other methods of application i.e. inhalation, compresses etc.

To be completed by the lecturer/assessor and the quality assurer and externally verified by ITEC. Please attach a copy of this form to the front of each candidate's completed case study documentation.

Candidate Name:

Student Number:

Centre Name and ID Number:

Date:

<i>Please tick box</i>	Yes	No
Consultation		
Medical History		
Brief client profile and general lifestyle details <i>(inc. Stress levels at home and stress levels at work – on a scale of 1-10)</i>		
Treatment Plan		
Rationale for choice of each essence for each treatment (max 3 oils per treatment) - to include botanical names, plant families and significant chemical constituents		
Rationale for choice of each fixed oil for each treatment		
Alternative choice of essences/fixed oils for each treatment		
Ratio of blending for each treatment		
Client feedback		
Home care advice <i>(Must detail quantities of oils recommended/frequency and method of use)</i>		
Self reflection and evaluation at the end of each treatment		
Any CPD requirements		

60 treatments completed - Yes ☐ No ☐

*Please note; **each** box must be ticked 'Yes' in order to gain a pass grade. If any area is answered 'No' the case studies will be referred until the omitted section is completed.*

Signed by the Lecturer/Assessor

Signed by the Candidate

Quality Assured by:

ITEC External Examiner/Verifier:

Name:

Name:

Signature:

Signature:

Date:

Date: