

## ITEC Unit 51 – Level 3 Nail Art

Recommended guided learning hours – 39

Learning outcome	Underpinning knowledge
1) Understand, explain and demonstrate the importance of consultation, communicating with the client tactfully and accurately	To include: <ul style="list-style-type: none"> <li>• Checking for contraindications</li> <li>• Noting the condition of the nails</li> <li>• Planning and agreeing a treatment programme</li> <li>• Discussing any home and aftercare</li> </ul>
2) Understand, explain and demonstrate how to check for contraindications and recognise any nail diseases and disorders	To include: <ul style="list-style-type: none"> <li>• Transverse ridges • Vertical ridges • Beau's line • Blue nail</li> <li>• Psoriasis • Eczema • Paronychia(Whitlow) • Sepsis</li> <li>• Leuconychia • Flaking • Dry/Brittle nails • Pitting</li> <li>• Pterygium • Onychia • Hang nail • Lamella dystrophy</li> <li>• Onychomycosis (Tinea Ungium) • Onychatrophia</li> <li>• Onychauxis • Onychorrhexis • Onychogryphosis</li> <li>• Onycholysis • Onychocryptosis • Pyogenic granuloma</li> <li>• Koilonychia • Onychophagy • Onychophyma • Mould</li> <li>• Warts • Verucca • Loss of skin sensation • Diabetes</li> <li>• Allergies • Corns • Chilblains • Cuts • Abrasions • Broken bones • Discolouration • Severely open/torn skin</li> </ul>
3) Understand, explain and recognise skin diseases, disorders and show knowledge of whether they may be contraindicated	To include: <ul style="list-style-type: none"> <li>• <b>Congenital</b></li> <li>• Eczema • Psoriasis • Dermatitis</li> <li>• <b>Bacterial</b></li> <li>• Acne vulgaris • Impetigo • Acne rosacea • Boils • Folliculitis</li> <li>• <b>Viral</b></li> <li>• Warts • Herpes simplex</li> <li>• <b>Fungal</b></li> <li>• Tinea corporis</li> <li>• <b>Pigmentation disorders</b></li> <li>• Vitiligo • Albinism • Chloasma • Ephelides • Lentigo • Moles</li> <li>• Naevae • Port wine stain • Leucoderma</li> <li>• <b>General disorders</b></li> <li>• UV damage • Urticaria • Allergic reaction</li> </ul>
4) Understand and recognise any causes of damage from previous nail enhancement	To include: <ul style="list-style-type: none"> <li>• Ridging • Shedding • Separation • Infection • Hang nail</li> <li>• Biting/picking • Damaged cuticle • Holes in nail plate</li> <li>• Bacterial infection of the nail • Dehydration • Mould</li> <li>• Discolouration • Sepsis</li> </ul>
5) Understand and recognise any contra-actions which may occur during and after the course of treatment and how to deal with them	To include: <ul style="list-style-type: none"> <li>• Allergic reaction • Overexposure • Bacterial infections</li> <li>• Fungal infections • Onycholysis • Lifting of the product</li> <li>• Premature loss of extension</li> <li>• Breaking or splitting of natural nail extension</li> <li>• Yellowing of natural nail or nail extension</li> </ul>

6) Understand and explain safety regulations (COSHH) and use of specific products and general safety precautions	To include: <ul style="list-style-type: none"> <li>• Safe storage of all products • Health and safety</li> <li>• Data protection</li> <li>• Environment - in particular ventilation, lighting, heating and general comfort</li> <li>• Selection and use of any personally protective equipment</li> </ul>
7) Understand and explain the contents of the products used and the chemical reactions which take place during the formation of different nail art systems	To include: <ul style="list-style-type: none"> <li>• Appropriate use • Effects • Contraindications</li> <li>• Main constituents and care of the following:</li> <li>• Sanitiser spray • Gel • Acrylic Powders and liquids</li> <li>• Product remover • Acetone free polish remover • Polish</li> <li>• Tip • Primer • Coloured gel • Coloured Acrylic • Airbrush</li> <li>• 3D • Embedding • Cut outs Nail art sealer paints</li> </ul>
8) Understand and explain the theory behind the selection of the appropriate nail art system to use	To include: <ul style="list-style-type: none"> <li>• Tips • Acrylic • Gel silk • Fibreglass</li> <li>• Ensuring the condition of the client's nails are considered</li> <li>• Ensuring that the length of the nail has been discussed</li> <li>• Consideration of time available</li> <li>• Consideration of the charge to client</li> </ul>
9) Understand and explain hygiene procedures	To include: <ul style="list-style-type: none"> <li>• Wiping the client's hands and nails with sanitiser before treatment</li> <li>• Ensuring all implements are sterilized appropriately before and after use</li> <li>• Waste is placed immediately in the bin</li> <li>• Ensure that plenty of consumables are available</li> </ul>
10) Understand and explain how to plan and design a selection of nail art images	To include: <ul style="list-style-type: none"> <li>• Suitable research and resources</li> <li>• Planning and creating a nail art design</li> <li>• Taking into account: • Budget • Health and safety</li> <li>• Environment</li> <li>• Involvement and management of other individuals • Venue</li> <li>• Management of all resources</li> <li>• Review of the design plan and adaptation where necessary</li> <li>• Ensure correct depth and proportion of the image</li> <li>• Use of media for the final image</li> </ul> To include: <ul style="list-style-type: none"> <li>• Accessories • Clothes • Makeup</li> </ul>
11) Understand, explain and demonstrate use of the following products and tools:	To include: <ul style="list-style-type: none"> <li>• Files • Buffers • Scissors • Clippers • Coloured gel</li> <li>• Coloured Acrylic • Airbrushing • 3D • Embedding</li> <li>• Cut outs • Piercing tools</li> </ul>
12) Understand, explain and demonstrate an understanding of how to select the correct nail art technique	To include: <ul style="list-style-type: none"> <li>• Coloured gel • Coloured Acrylic • Airbrushing • 3D</li> <li>• Embedding • Variety of designs • Cut outs</li> <li>• Condition of the client's nails • Cost to the client</li> <li>• Nail art should be performed for the following:</li> <li>• Photographic • Fashion shows • Competition work</li> <li>• Client specifications</li> </ul>
13) Understand explain and demonstrate the application of the nail art technique	To include: <ul style="list-style-type: none"> <li>• Confirm client choice or select nail art appropriate for the situation (photographic, fashion, competition work, client</li> </ul>

	<p>specifications)</p> <ul style="list-style-type: none"> <li>• Use products according to manufacturers instructions</li> <li>• Remove any previously applied product</li> <li>• File the nails correctly to achieve maximum strength, appearance and longevity, by use of correct nail balance and shaping particularly when applying tips</li> <li>• Ensure the cuticles are tidy and the nail is free from debris</li> <li>• Apply the nail art base</li> <li>• Apply nail art products in the correct sequence</li> <li>• Seal the nail art ensure that the cuticles are free from any product</li> </ul> <p>To include:</p> <ul style="list-style-type: none"> <li>• Coloured Gel • Coloured Acrylic • Tips • Airbrushing • 3D</li> <li>• Embedding • Cut outs • Blending and mixing of colours</li> <li>• Ensuring that correct hygiene is observed throughout</li> <li>• Ensuring that any resin is applied correctly, evenly and not on the skin</li> </ul>
14) Understand and explain the concept of nail enhancements and when and why they would be appropriate	<p>To include:</p> <ul style="list-style-type: none"> <li>• Tips • Gel • Silk • Fibreglass and Acrylic</li> <li>• Tips are applied when the nails require length</li> <li>• The four overlays can be applied over tips or natural nails to increase strength and durability</li> </ul>
15) Understand, explain and demonstrate the application of acrylic and gel to build a coloured nail	<p>To include:</p> <ul style="list-style-type: none"> <li>• Ensuring the nail has been correctly prepared</li> <li>• Ensuring that the product is not too thick and evenly distributed</li> </ul>
16) Understand, explain and demonstrate how to use minimum correction to ensure a good finished result	<p>To include:</p> <ul style="list-style-type: none"> <li>• Importance of leaving a hairline gap</li> <li>• Checking the finished result with the client</li> </ul>
17) Understand, explain and demonstrate how to work within time limits acceptable to industry	<ul style="list-style-type: none"> <li>• Ensure that a set of nails can be completed in a commercially acceptable time</li> <li>• Application must be cost effective</li> <li>• Minimum wastage of product and consumables</li> <li>• Ensure the image meets the design plan</li> <li>• Use media where appropriate</li> </ul>
18) Understand, explain and demonstrate how to update client records accordingly	<p>To include:</p> <ul style="list-style-type: none"> <li>• Checking details from previous visit and noting any changes particularly any contraindications</li> <li>• Noting the condition of the nails • Noting the system used</li> </ul>
19) Understand, explain and demonstrate knowledge of aftercare	<p>To include:</p> <ul style="list-style-type: none"> <li>• Range and use of home care products</li> <li>• Protection of any artificial structures • Accidental damage</li> <li>• Appointment is made for further treatments</li> <li>• Avoidance of activities which may cause damage to the nail art</li> </ul>

## ITEC Unit 51 Nail Art Evidence of Treatments

Evidence of treating 4 clients across the range of Nail Art applications, using different designs, 3 of which must be airbrushed with at least one on the foot. All outcomes photographed and recorded

These are internally assessed by the college lecturer and verified by the ITEC Practical Examiner

To include:

- Consultation medical history and general lifestyle
- Medical history
- Details of design application/image (including photographs)
- Client feedback
- Home care advice

Treatments should be evidenced through the consultation form. See [www.itecworld.co.uk](http://www.itecworld.co.uk) for a sample consultation form and evidence of treatments guidance form.